Child-to-Parent Abuse: Using Solution-Focused and Trauma-Informed Principles to Support Family Safety and Healing

Presenters: Ayse Adil and Joseph Lettieri, BEM
Date: October 9, 2026
Time: 11:00 AM to 2:15 PM ET *(All times East Coast USA Local Time)*

11:00 am – 12:30 pm	• Introduction, overview, and reflection exercise • A pattern, not a single incident: conflict, abuse, and what remains hidden • Context shapes the pattern; how the cycle can become reinforced • Trauma and neurodivergence: understanding behavior while maintaining safety • Accountability • Case example and assessment: risk and possibility
12:30 – 12:45 pm	• Break
12:45 – 2:15 pm	• Engagement and language: opening the conversation • Start with what the family hopes will be different • Coping questions, exceptions, and scaling • Demonstration • Safety planning and support for parents and children • Multi-agency work and case example • Professional reflection, takeaways, and wrap-up

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