# Child-to-Parent Abuse: Using Solution-Focused and Trauma-Informed Principles to Support Family Safety and Healing

**Presenters:** Ayse Adil and Joseph Lettieri, BEM
**Recorded on:** October 9, 2026
**Length:** 3 Hours

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| One hour and 30 minutes | • Introduction, overview, and reflection exercise<br>• A pattern, not a single incident: conflict, abuse, and what remains hidden<br>• Context shapes the pattern; how the cycle can become reinforced<br>• Trauma and neurodivergence: understanding behavior while maintaining safety<br>• Accountability<br>• Case example and assessment: risk and possibility |
| One hour and 30 minutes | • Engagement and language: opening the conversation<br>• Start with what the family hopes will be different<br>• Coping questions, exceptions, and scaling<br>• Demonstration<br>• Safety planning and support for parents and children<br>• Multi-agency work and case example<br>• Professional reflection, takeaways, and wrap-up |

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