



Getting Started in the Field of Sexual Abuse Prevention

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Length: 2 Hours

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- Foundations for Practice
 - Introduction and overview
 - Foundational principles
 - Evidence-based practice
 - Informed consent & confidentiality
- Assessment and Treatment Engagement
 - Risk assessment & treatment/case planning
 - Getting started in treatment
- Professional Growth and Connection
 - Strengths, learning, connection, and research as a guide
 - Credibility, kindness, and knowledge-sharing
- Sustainable Professional Practice
 - Professional boundaries
 - Burnout, self-care, stressors, motivators, and joy
- Effective Treatment
 - Ambivalence and core components of effective treatment
 - Demonstrating empathy, sexual safety, and preventing unintended treatment harm
- Closing Reflections
 - Advice for newcomers
 - Audience discussion

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