

Trauma-Informed Care for Survivors of Domestic Violence

Presenter: Lauren Garder, MA, LPC

Recorded on: July 22, 2026

Length: 3 Hours

One hour and 30 minutes

- Introduction and Overview
- Review of Objectives
- What Is Trauma?
- Trauma as Stuck Pain
- Types of Traumas
- Domestic Violence
- Trauma and Domestic Violence
- The Three Es of Trauma
- Childhood Adversity by Categories
- What ACEs Don't Measure
- Positive Childhood Experiences (PCEs)
- Trauma and Development
- Trauma Impacts Focused Attention
- Trauma Adaptation and Response

One hour and 30 minutes

- Neuroplasticity: The Brain Finds Its Way
- Trauma Exposure and the Body
- Suicidality
- How Are These Experiences Stored?
- How Implicit Memories Work
- Memory Across Time
- Trauma Is Treatable
- Trauma-Informed Language
- Bridge Building, Not Wall Building
- Curiosity Over Certainty
- Trauma-Informed Care Takeaways
- Realize, Recognize, Respond, Resist
- What About the Goats?
- Q&A and Wrap-Up

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P.O. Box 340, Brandon, VT 05733



info@safersociety.org



(802) 247-3132



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