

Working with Paraphilias: Clinical Strategies for Clients Who Express Paraphilic Interests

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Length: 2 Hours

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Introduction and overview

How clinicians conceptualize paraphilias

- Sexual interests
- Paraphilic Disorders in the DSM-5-TR
- Different or problematic?
- What We Know About Paraphilic Interests in People Who Commit Sexual Offenses
- Clinical Concerns
- Case example
- Diagnostic Considerations
- Why It's Hard for Clients to Acknowledge Paraphilias
- Treatment Provider Tasks

Helping Clients Identify and Understand Paraphilias

- Case examples
- What leads to problematic sexual interests?

What we do with problematic sexual interests

- Processing Paraphilias
- Trauma
- Goals
- Must paraphilic behaviors be avoided?
- Healthy sexual scripts
- Safety planning
- Sexual Self-Regulation Techniques
- Pharmacology

Q&A and wrap-up

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