

Addressing the Impact of Language, Biases, and Labels on Youth

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Recorded on: March 27, 2026

Length: 3 Hours

One hour and 30 minutes

- Introduction and overview
- Activity
- Why this matters (words are not neutral)
- Self-fulfilling prophecy
- Biases in practice
- Behavior as communication (what's behind the behavior?)
- Trauma symptoms
- Biological and contextual vulnerabilities

One hour and 30 minutes

- Needs and vulnerabilities awareness
- Trauma and the brain
- Shifting focus from problem behaviors to needs and skills
- Shifting the lens in practice
- Increasing buy-in
- The importance of empowerment
- How do we empower
- Wizard skills
- Putting the pieces together
- Becoming curious
- Key take-aways
- Q&A and wrap-up

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