

Using Compassion-Focused Approaches to Improve Risk Assessment Practices

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Length: 2 Hours

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- Introduction and overview
- Challenges and dilemmas as practitioners: Our duty
- What compassion brings to risk assessment
- Understanding the nature of humanity and that humans are inherently harmful
- Compassion: An antidote to human harmfulness
- Survival tasks
- Understanding self-conscious emotions (SCEs)
- Practitioner response to harm
- Our self-conscious emotions – reflective questions
- Callousness in risk assessment
- The compassionate practitioner
- Compassion as a motive in risk assessment
- Life story work – formulation
- Forensic formulations: Some common traps
- What about protective factors?
- Compassion-focused enquiry
- Criminogenic need underpinned by a necessary safety strategy
- Integrating compassionate understanding into SPJ
- Unintended consequences of compassionate risk assessments
- Conclusions

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