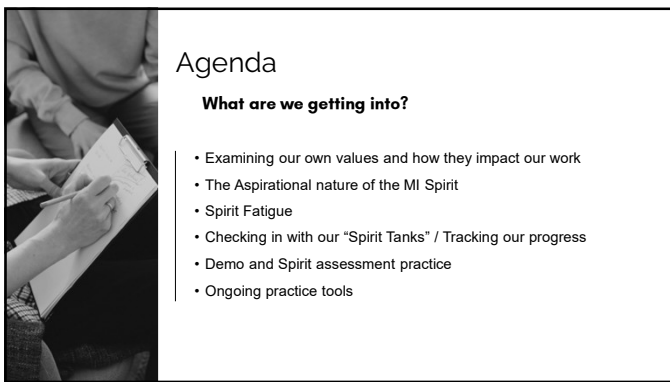
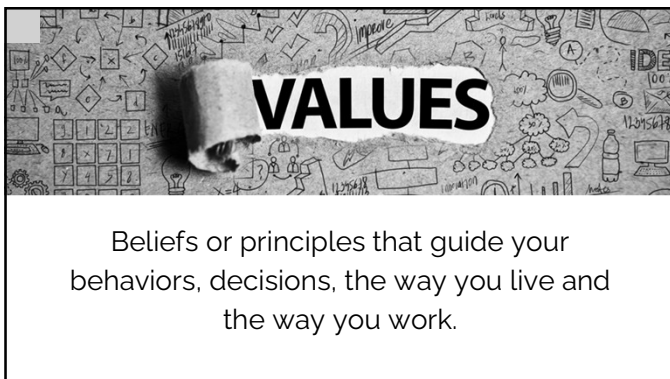


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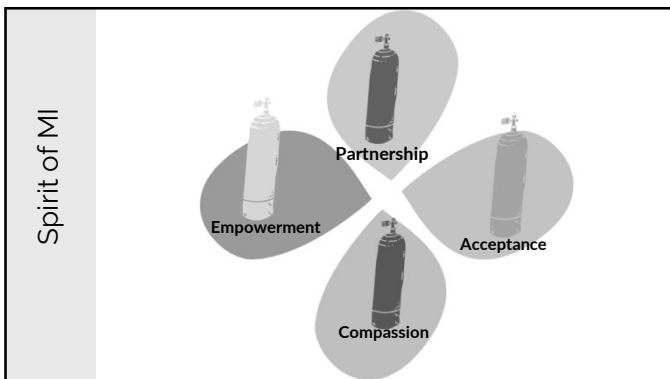
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9

DISCLAIMER:
NOT the Spirit
of MI



LESLIE, I WANT YOU TO HELP US
CHOOSE A REPLACEMENT.

10


Partnership



This isn't about
directing or fixing.
It's about partnering.

11

Acceptance



Acceptance doesn't mean approval.
It means holding space.

12

Compassion



It's pretty hard to honor and focus on alleviating someone else's suffering, when our own suffering is so suffocating.

13

Empowerment



Evoking from - not implanting.

14

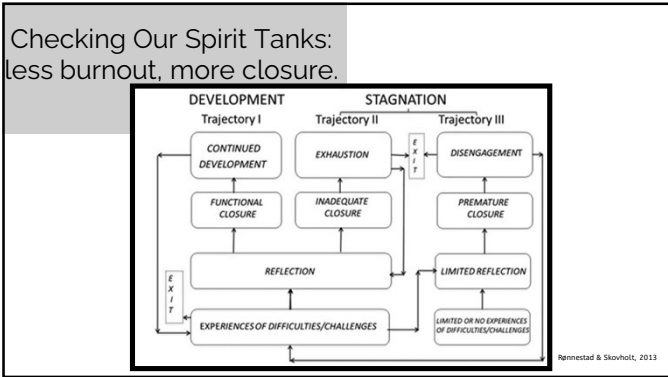


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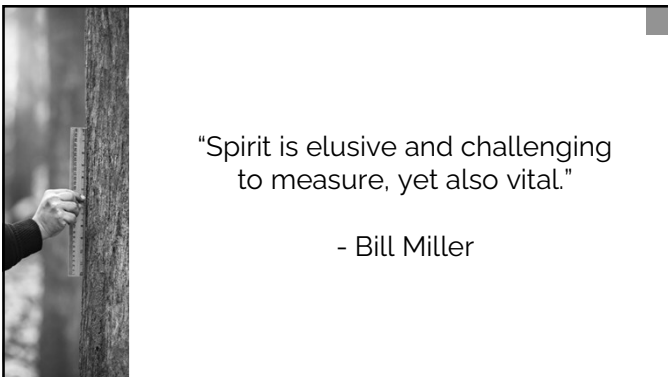


Spirit Fatigue

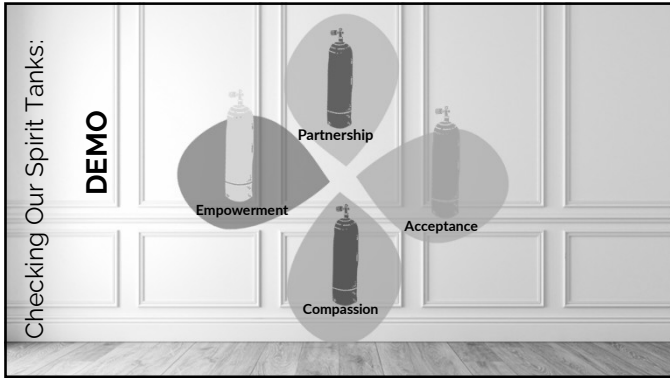
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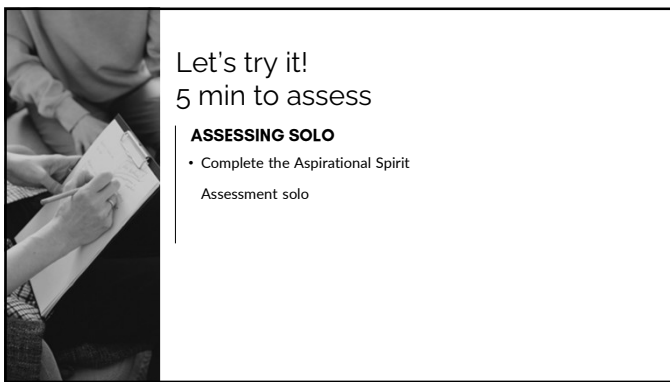
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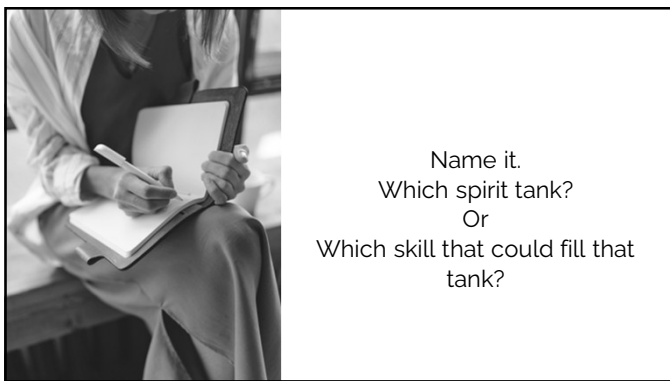
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19




20



21


Where do you notice an overlap between your values and the MI Spirit?



22

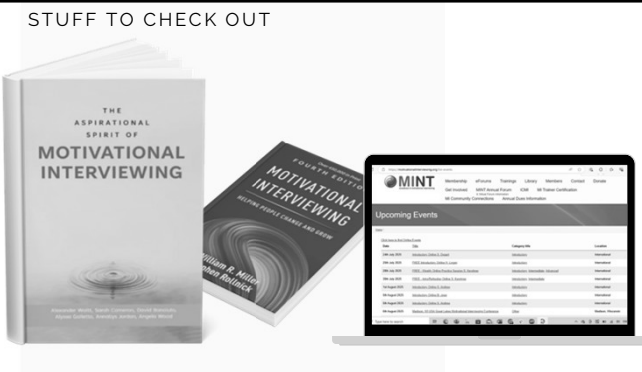
Daily Practice Ideas

- 2-minute reflection
- End-of-day question
- Journaling
- SPIRIT Assessment
- One word to describe your MI spirit today



23

STUFF TO CHECK OUT



24



What is one word that captures what this workshop leaves you thinking?
