

Groups that Welcome and Engage:

Integrating Motivational Interviewing into Effective Group Facilitation

Presenter: Ali Hall, JD, and Kristin Dempsey, EdD, LMFT, LPCC

Date: February 10, 2026

Time: 11:30 AM to 2:15 PM ET (*All times East Coast USA Local Time*)

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| 11:30 am – 12:45 pm | <ul style="list-style-type: none">• Group therapeutic factors• The spirit of motivational interviewing• Facilitating MI groups• Four foundational tasks• Tuckman's stages of group development• Engaging |
| 12:45 – 1:00 pm | <ul style="list-style-type: none">• Break |
| 1:00 – 2:15 pm | <ul style="list-style-type: none">• Focusing• Basic conversational shaping• Advanced conversational shaping• Evoking• Planning• Overlap: "eight essential helper qualities"• Ideas to promote change and growth in groups• Ideas to promote participation• Q&A and wrap-up |