

Groups that Welcome and Engage:

Integrating Motivational Interviewing into Effective Group Facilitation

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Length: 2.5 Hours

One hour and 15 minutes

- Group therapeutic factors
- The spirit of motivational interviewing
- Facilitating MI groups
- Four foundational tasks
- Tuckman's stages of group development
- Engaging

One hour and 15 minutes

- Focusing
- Basic conversational shaping
- Advanced conversational shaping
- Evoking
- Planning
- Overlap: "eight essential helper qualities"
- Ideas to promote change and growth in groups
- Ideas to promote participation
- Q&A and wrap-up