

Using *The Illegal Images Workbook* with Adults Who Have Viewed Child Sexual Abuse Media

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Recorded on: February 6, 2026

Length: 4 Hours

One hour and 30 minutes

- Introduction and overview
- The principles of risk, need, and responsivity
- Dynamic risk factors
- Treatment issues
- Therapeutic alliance
- Motivation
- Building the foundation

One hour and 15 minutes

- Stages of change
- Building the foundation, continued
- The Hermes web
- Treatment issues
- Emotion management
- Your inner critter
- Emotional regulator

One hour and 15 minutes

- Intimacy skills
- Understanding healthy sexuality
- Out-of-control sexual behavior
- Zapping your cycle
- Resources
- Technology use
- Digital footprints
- Victim awareness
- Facing the truth
- Q&A and wrap-up

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