



Using the Good Lives Model with Adolescents and Young Men Who Have Harmed Others

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Recorded on: January 13, 2026

Length: 4 Hours

- One hour and 30 minutes**
- Introduction
 - Historical overview and implications for practice
 - Principles of effective intervention
 - Good Lives Model foundation and core principles
- One hour and 15 minutes**
- “Going upstream” exercise
 - Primary Human Goods/Good Life Goals and their implication in harmful behaviors
 - Obstacles to a Good Life Plan
- One hour and 15 minutes**
- Identifying strengths and Good Life Goals
 - Assessment and case examples
 - Role of trauma
 - Implementation

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