

Bibliography

- Barnett, G. D., Manderville-Norden, R., & Rakestrow, J. (2014). The good lives model or relapse prevention: What works better in facilitating change? *Sexual Abuse, 26*(1), 3–24. <https://doi.org/10.1177/1079063212474473>
- Barnett, G., & Wood, J. L. (2008). Agency, relatedness, inner peace, and problem solving in sexual offending: How sexual offenders prioritize and operationalize their good lives conceptions. *Sexual Abuse, 20*(4), 444-465. <https://doi.org/10.1177/1079063208325202>
- Bonta, J., & Andrews, D. A. (2017). *The Psychology of Criminal Conduct* (6th ed.). Routledge.
- Bonta, J., & Andrews, D. A. (2023). *The Psychology of Criminal Conduct* (7th ed.). Routledge.
- Burke, W., Dwyer, G., & Rieling, C. (2014). Using behavioral techniques to control sexual arousal. In M. S. Carich & S. E. Mussack (Eds.), *Safer Society handbook of sexual abuser assessment and treatment*. Safer Society Press.
- Chu, C. M., Koh, L. L., Zeng, G., & Teoh, J. (2015). Youth who sexual offended: Primary human goods and offense pathways. *Sexual Abuse, 27*(2), 151– 172. <https://doi.org/10.1177/1079063213499188>
- Clark, D. M., & Wells, A. (1995). A cognitive model of social phobia. In R. G. Heimberg, M. R. Liebowitz, D. A. Hope, & F. R. Schneier (Eds.), *Social phobia: Diagnosis, assessment, and treatment* (p. 69–93). Guilford Press.
- Day, A., Tamatea, A., & Geia, L. (2022). Cross-cultural practice frameworks in correctional settings. *Aggression and Violent Behavior, 63*, 101674. <https://doi.org/10.1016/j.avb.2021.101674>
- de Vogel, V., de Ruiter, C., Bouman, Y., & de Vries Robbé, M. (2009). *SAPROF. Guidelines for the assessment of protective factors for violence risk*. English version. Utrecht: Forum Educatief.
- de Vogel, V., de Ruiter, C., Bouman, Y., & de Vries Robbé, M. (2012). *SAPROF: Guidelines for the assessment of protective factors for violence risk* (2nd ed.). Van der Hoeven Stichting.
- de Vogel, V., de Vries Robbé, M., de Ruiter, C., & Bouman, Y. H. A. (2011). Assessing protective factors in forensic psychiatric practice: Introducing the SAPROF.

- International Journal of Forensic Mental Health*, 10(3), 171–177.
<https://doi.org/10.1080/14999013.2011.600230>
- de Vries Robbé, M., de Vogel, V., Koster, K., & Bogaerts, S. (2015). Assessing protective factors for sexually violent offending with the SAPROF. *Sexual Abuse*, 27(1), 51–70.
<https://doi.org/10.1177/1079063214550168>
- Dickson, S. R., Polaschek, D. L. L., & Casey, A. R. (2013). Can the quality of high-risk violent prisoners' release plans predict recidivism following intensive rehabilitation? A comparison with risk assessment instruments. *Psychology, Crime & Law*, 19(4), 371-389. <https://doi.org/10.1080/1068316X.2011.640634>
- Dumas, L. & Ward, T. (2016). The Good Lives Model of offender rehabilitation. *The Behavior Therapist*, 39, 175-177.
- Fox, K. J. (2022). Desistance Frameworks. *Aggression and Violent Behavior*, 63, <https://doi.org/10.1016/j.avb.2021.101684>
- Gannon, T., King, T., Miles, H., & Lockerbie, L., & Willis, G. (2011). Good Lives sexual offender treatment for mentally disordered offenders. *The British Journal of Forensic Practice*, 13, 153-168. <https://doi.org/10.1108/14636641111157805>
- Gannon, T.A., Olver, M.E., Mallion, J.S., & James, M. (2019). Does specialized psychological treatment for offending reduce recidivism? A meta-analysis examining staff and program variables as predictors of treatment effectiveness. *Clinical Psychology Review*, 73, 101752. <https://doi.org/10.1016/j.cpr.2019.101752>
- Hanson, R. K., Bourgon, G., Helmus, L., & Hodgson, S. (2009). The Principles of Effective Correctional Treatment Also Apply to Sexual Offenders: A Meta-Analysis. *Criminal Justice and Behavior*, 36(9), 865–891. <https://doi.org/10.1177/0093854809338545>
- Harkins, L., Flak, V. E., Beech, A., & Woodhams, J. (2012). Evaluation of a community-based sex offender treatment program using a Good Lives Model approach. *Sexual Abuse*, 24, 519-543.
- Heffernan, R., Ward, T., Vandavelde, S., & Van Damme, L. (2019). Dynamic risk factors and constructing explanations of offending: The risk-causality method. *Aggression and Violent Behavior*, 44, 47-56. <https://doi.org/10.1016/j.avb.2018.11.009>
- Herman, J. L. (1992). *Trauma and recovery*. Basic Books

- Holper, L., Mokros, A., & Habermeyer, E. (2024). Moderators of Sexual Recidivism as Indicator of Treatment Effectiveness in Persons With Sexual Offense Histories: An Updated Meta-analysis. *Sexual Abuse*, 36(3), 255-291.
<https://doi.org/10.1177/10790632231159071>
- Justice Trends Magazine (2025, August 8). Rehabilitation and reintegration: Lessons from the frontlines of research and practice. *Justice Trends Magazine*. <https://justice-trends.press/rehabilitation-and-reintegration-lessons-from-the-frontlines-of-research-and-practice/>
- Levenson, J. S., Grady, M. D., Lasoski, H., & Collins, K. T. (2024). Learning from consumers of mandated sex-offending programs: "It's not treatment, I wish it was". *Sex Abuse*, 36(2), 203-232. <https://doi.org/10.1177/10790632231172158>
- Levenson, J. S., Willis, G. M., & Prescott, D. S. (2016). Adverse childhood experiences in the lives of male sex offenders: Implications for trauma-informed care. *Sexual Abuse: Journal of Research and Treatment*, 28(4), 340–359.
<https://doi.org/10.1177/1079063214535819>
- Levenson, J. S., Willis, G., & Prescott, D. (2017). *Trauma-informed care: Transforming treatment for people who sexually abuse*. Safer Society Press.
- Mallion, J. S., Wood, J. L., & Mallion, A. (2020). Systematic review of ‘Good Lives’ assumptions and interventions. *Aggression and Violent Behavior*, 55, 101510.
<https://doi.org/10.1016/j.avb.2020.101510>
- Marshall, W. L. (2005). Therapist Style in Sexual Offender Treatment: Influence on Indices of Change. *Sexual Abuse*, 17(2), 109– 116. <https://doi.org/10.1177/107906320501700202>
- Marshall, W. L. Marshall, L.E., Serran, G.A., & O’Brien, M.D. (Eds.) (2011). *Rehabilitating Sexual Offender: A Strength-Based Approach*. American Psychological Association.
- Marshall, W.L., Serran, G., Moulden, H., Mulloy, R., Fernandez, Y.M., Mann, R. and Thornton, D. (2002), Therapist features in sexual offender treatment: their reliable identification and influence on behaviour change. *Clin. Psychol. Psychother.*, 9: 395- 405.
<https://doi.org/10.1002/cpp.335>
- Martinson, R. (1974). What works? Questions and answers about prison reform. *The Public Interest*, 35.

- Maruna, S. (2001) *Making good: How ex-convicts reform and rebuild their lives*. American Psychological Association.
- Miller, W. R., & Rollnick, S. (2013). *Applications of motivational interviewing. Motivational interviewing: Helping people change* (3rd edition). Guilford Press.
- Norcross, J.C. (2002). *Psychotherapy relationships that work: Therapist contributions and responsiveness to patients*. Oxford University Press.
- Olver, M., Marshall, L., Marshall, W. & Nicholaichuk, T. (2020). A long-term outcome assessment of the effects on subsequent reoffense rates of a prison-based CBT/RNR sex offender treatment program with strength-based elements. *Sexual Abuse*, 32, (2), 127-153. <https://doi.org/10.1177/1079063218807486>
- Orlinsky, D. E., Grawe, K., & Parks, B. K. (1994). Process and outcome in psychotherapy—noch einmal. In A. Bergin S. & Garfield, Eds., *Handbook of psychotherapy and behavior change* (4th ed). Wiley.
- Petrich, D. M., Pratt, T. C., Jonson, C. L., & Cullen, F. T. (2021). Custodial sanctions and reoffending: a meta-analytic review. In M. Tonry (Ed.), *Crime and justice* (Vol. 50, pp. 353-424). University of Chicago Press. <https://doi.org/10.1086/715100>
- Prescott, D. S. (2015). *Becoming the Man I Want to Be: A Good Lives Workbook*. Safer Society Press.
- Prescott, D. S. (2018). *Becoming Who I Want to Be: A Good Lives Workbook for Young Men*. Safer Society Press.
- Prescott, D. S. (2025). *Becoming the Man I Want to Be: A Good Lives Workbook, 2nd edition*. Safer Society Press.
- Prescott, D. S., Maeschalck, C. L., & Miller, S. D. (Eds.). (2017). *Feedback-informed treatment in clinical practice: Reaching for excellence*. American Psychological Association.
- Prescott, D. S., & Pflugradt, D. (2025). *Becoming the Man I Want to Be: A Good Lives Workbook, 2nd edition*. Safer Society Press.
- Prescott, D.S., Ward, T., & Willis, G.M. (in press). The Good Lives Model. In Bill Owenby & Katherine Campbell (Eds), *Starting Off in the Right Lane: A Guide to Certifications and Trainings for the Mental Health Professional*. ONBLLC Publishing.

Practical Application of the Good Lives Model: Enhancing Rehabilitation with Strengths-Based Approaches

David S. Prescott, LICSW & Gwenda M. Willis, PhD, PGDipClinPsyc

- Prescott, D.S. & Wilson, R.J. (2016). *Very different voices: Perspectives and case studies in treating sexual aggression*. NEARI Press.
- Prescott, D. S., Willis, G. M., & Ward, T. (2024). Monitoring therapist fidelity to the Good Lives Model (GLM). *International Journal of Offender Therapy and Comparative Criminology*, 68(1). <https://doi.org/10.1177/0306624X221086572>
- Print, B. (Ed.) (2013). *Good Lives Model for Adolescents Who Sexually Harm*. Safer Society Press.
- Sampson, R. J., & Laub, J. H. (1993). *Crime in the making: Pathways and turning points through life*. Harvard University Press.
- Seikkula, J. & Arnkil, T.E. (2014). *Open dialogues and anticipations: Respecting otherness in the present moment*. National Institute for Health and Welfare.
- Simons, D. A., McCullar, B., & Tyler, C. (2006, September). Evaluation of the Good Lives Model approach to treatment planning. Paper presented at the 25th Annual Association for the Treatment of Sexual Abusers Research and Treatment Conference.
- Smith, P., Goggin, C., & Gendreau, P. (2002). The effects of prison sentences and intermediate sanctions on recidivism: General effects and individual differences. Ottawa, ON: Solicitor General Canada.
- Strauss-Hughes, A., Ward, T., & Neha, T. (2022). Considering practice frameworks for culturally diverse populations in the correctional domain. *Aggression and Violent Behavior*, 63, DOI: <https://doi.org/10.1016/j.avb.2021.101673>
- Substance Abuse and Mental Health Services Administration. (2014). *SAMHSA's concept of trauma and guidance for a trauma-informed approach* (HHS Publication No. SMA 14-4884). U.S. Department of Health and Human Services.
- https://coresonline.org/sites/default/files/documents/samhsas_concept_of_trauma_and_guidance_for_a_trauma-informed_approach.pdf
- Thornton, D. (2020), personal communication.
- Van der Kolk, B. A. (2014). *The body keeps the score: Brain, mind, and body in the healing of trauma*. Viking.
- Ward, T. (2016). Dynamic risk factors: Scientific kinds or predictive constructs. *Psychology, Crime & Law*, 22(1–2), 2–16. <https://doi.org/10.1080/1068316X.2015.1109094>

- Ward, T., & Durrant, R. (2021). Practice frameworks in correctional psychology: Translating causal theories and normative assumptions into practice. *Aggression and Violent Behavior, 58*, Article 101612. <https://doi.org/10.1016/j.avb.2021.101612>
- Ward, T., & Durrant, R. (2022). Targets of explanation in correctional and forensic psychology: A black box model. *Aggression and Violent Behavior, 67*, 1–11. <https://doi.org/10.1016/j.avb.2022.101782>
- Ward, T., & Fortune, C. (2016). From dynamic risk factors to causal processes: A methodological framework. *Psychology, Crime & Law, 22*(2), 190-202.
- Ward, T. & Fortune, C. (2016). (Eds.) Dynamic risk factors: What Role should they play in the explanation, assessment and rehabilitation of offenders? *Psychology, Crime & Law, 22*, 1-202.
- Ward, T., & Hudson, S. (2008). Pathways model of the sexual offense process applied to offenders with intellectual disability. *Sexual Abuse, 20*(4), 379–392
- Ward, T., Mann, R. E., & Gannon, T. A. (2007). The good lives model of offender rehabilitation: Clinical implications. *Aggression and Violent Behavior, 12*(1), 87–107.
- Ward, T., Willis, G. M., Prescott, D. S., Vandavelde, S., Barnao, M., & Wanzeele, W. (2025). *The Good Lives Model of correctional rehabilitation: Integrating theory, research, and practice*. Springer Nature.
- Willis, G. M., & Grace, R. C. (2008). The quality of community reintegration planning for child molesters: Effects on sexual recidivism. *Sexual Abuse, 20*(2), 210–240. <https://doi.org/10.1177/1079063208318005>
- Willis, G. M., & Grace, R. C. (2009). Assessment of community reintegration planning for sex offenders: Poor planning predicts recidivism. *Criminal Justice and Behavior, 36*(5), 494–512. <https://doi.org/10.1177/0093854809332874>
- Willis, G. M., & Levenson, J. S. (2021). Exploring Risk for Sexual Recidivism and Treatment Responsivity Through the Lens of Early Trauma. *Sexual Abuse, 34*(5), 597-619. <https://doi.org/10.1177/10790632211051681>
- Willis, G., Prescott, D., Levenson, J. (2017). *Trauma-informed care: Transforming treatment for people who have sexually abused*. Safer Society Press.

Practical Application of the Good Lives Model: Enhancing Rehabilitation with Strengths-Based Approaches

David S. Prescott, LICSW & Gwenda M. Willis, PhD, PGDipClinPsyc

- Willis, G. M., Thornton, D., Kelley, S. M., & de Vries Robbé, M. (2022). *The Structured Assessment of PROtective Factors against Sexual Offending (SAPROF-SO) V1 Manual*. Figshare. <https://doi.org/10.17608/k6.auckland.19251899.v1>
- Willis, G. M., & Ward, T. (2011). Striving for a good life: The Good Lives Model applied to released child molesters. *Journal of Sexual Aggression, 17*(3), 290–303. <https://doi.org/10.1080/13552600.2010.505349>
- Willis, G. M., Ward, T., & Levenson, J. S. (2014). The good lives model (GLM): An evaluation of GLM operationalization in North American treatment programs. *Sexual Abuse, 26*(1), 58–81. <https://doi.org/10.1177/1079063213478202>
- Willis, G. M., Yates, P. M., Gannon, T. A., & Ward, T. (2013). How to integrate the good lives model into treatment programs for sexual offending: An introduction and overview. *Sexual Abuse, 25*(2), 123–142. <https://doi.org/10.1177/1079063212452618>
- Yates, P. M., & Prescott, D. S. (2011). *Building a better life: A good lives and self-regulation workbook*. Safer Society Press.
- Yates, P. M., Prescott, D. S., & Ward, T. (2010). *Applying the Good Lives and Self Regulation Models to sex offender treatment: a practical guide for clinicians*. Safer Society Press.
- Yates, P. M., Simons, D. A., Kingston, D. A., & Tyler, C. (2009, October). *The Good Lives Model of rehabilitation applied to treatment: Assessment and relationship to treatment progress and compliance*. Paper presented at the 28th Annual Convention of the Association for the Treatment of Sexual Abusers (ATSA), Dallas, TX.
- Zeccola, J., Kelty, S. F., & Boer, D. (2021). Does the good lives model work? A systematic review of the recidivism evidence. *The Journal of Forensic Practice, 23*(3), 285-300. <https://doi.org/10.1108/JFP-03-2021-0010>