

Practical Application of the Good Lives Model: Enhancing Rehabilitation with Strengths-Based Approaches

Presenter: Gwenda M. Willis, PhD, PGDipClinPsyc & David Prescott, LICSW, ATSA-F

Date: January 21, 2026

Time: 1:00 PM to 5:30 PM ET (*All times East Coast USA Local Time*)

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|--------------------------|---|
| 1:00 pm – 2:30 pm | <ul style="list-style-type: none">• Historical Context• The principles of Risk, Needs, Responsivity (RNR)• GLM Core aims & assumptions• Treatment context: What works?• RNR vs. GLM• Effectiveness of sexual offending treatment• Good Lives Model Resources• Guided Exercises |
| 2:30 pm – 2:45 pm | <ul style="list-style-type: none">• Break |
| 2:45 pm – 4:00 pm | <ul style="list-style-type: none">• GLM Approach and Core Principles• Primary Human Goods and Common Life Goals• Good Lives Model goals compared to RNR “criminogenic needs” |
| 4:00 pm – 4:15 pm | <ul style="list-style-type: none">• Break |
| 4:15 pm – 5:30 pm | <ul style="list-style-type: none">• Primary Goods in Depth• Case Examples• The Role of Culture• The Role of Trauma• Q&A |

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