



Practical Application of the Good Lives Model: Enhancing Rehabilitation with Strengths-Based Approaches

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Recorded on: January 21, 2026

Length: 4 Hours

One hour and 30 minutes

- Historical Context
- The principles of Risk, Needs, Responsivity (RNR)
- GLM Core aims & assumptions
- Treatment context: What works?
- RNR vs. GLM
- Effectiveness of sexual offending treatment
- Good Lives Model Resources
- Guided Exercises

One hour and 15 minutes

- GLM Approach and Core Principles
- Primary Human Goods and Common Life Goals
- Good Lives Model goals compared to RNR "criminogenic needs"

One hour and 15 minutes

- Primary Goods in Depth
- Case Examples
- The Role of Culture
- The Role of Trauma
- Q&A

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