

Clients' Personal Histories – Collecting Helpful Information

Presenter: Steven Sawyer, MSSW, LICSW

Recorded on: December 18, 2025

Length: 2 Hours

Fifteen minutes

- Introduction and overview
- Why taking history is essential

Thirty minutes

- Principles of self-disclosure and history-taking

Thirty minutes

- Use of a workbook in client self-disclosure in comprehensive assessments

Thirty minutes

- Use of a workbook self-disclosure as pre-treatment and treatment exercises for building amenability

Fifteen minutes

- Q&A
- Wrap-up

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P.O. Box 340, Brandon, VT 05733