



## **Current Insights and Effective Approaches in Treating Adults Who Have Sexually Offended**

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**Length:** 1.5 Hours

### **One hour and 30 minutes**

- Introduction and overview
- Assessments and assessment-driven treatment
- Evidence-based versus evidenced informed approaches
- Underlying principles and core components of treatment
- Treatment planning
- A typical structure
- Approaches
- Disclosure and accountability
- Ambivalence
- Good Lives Model goals
- Additional treatment process factors
- Points of friction
- Systemic tension
- Ambivalence of competence
- Effective treatment
- Q&A and wrap-up

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