How to Develop Effective Internet Safety Plans with Adult Clients Who Have Sexually Abused

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Length: 2 Hours

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- Introduction and overview
- Safety planning along the stages of change
- Internet-facilitated offending
- Knowing the route
- Online disinhibition effect
- Risk factors
- Who is the plan for, really?
- Therapist versus client goals
- Approach versus avoidance goals
- Developmental stages
- Protective factors
- Pornography as sex education?
- Motivation
- The planning process
- Cultural responsivity
- What, where, who, why, when are you going online?
- Escape toolkit
- Q&A and wrap-up