

## Bibliography

- Boggs, J. M., Yarborough, B. J. H., Clarke, G., Aguirre-Miyamoto, E. M., Barton, L. J., Beck, A., ... Ahmedani, B. K. (2024). Development and Validation of Electronic Health Record Measures of Safety Planning Practices as Part of Zero Suicide Implementation. *Archives of Suicide Research*, 1-14.
- Cross, A. R. (2022). Staff perspectives of safety planning as a suicide prevention intervention for people of refugee and asylum-seeker background: A qualitative investigation. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 43(4), 331-338.
- Daglas, Z., Lu, S., Gresham, D., Tatnell, R., Stanley, B. H., & Melvin, G. A. (2024). Classifying coping strategies from suicide prevention safety plans. *Suicide & life-threatening behavior*, 10.1111/sltb.13039. Advance online publication.  
<https://doi.org/10.1111/sltb.13039>
- Ewell Foster, C., Smith, T., Magness, C., Arango, A., Czyz, E., Finkelstein, S., ... & King, C. (2024). Collaborative Safety Planning with Youth during a Suicide-Related Emergency: Developmental and Family Considerations. *Evidence-Based Practice in Child and Adolescent Mental Health*, 1-16.
- Ferguson, M., Rhodes, K., Loughhead, M., McIntyre, H., & Procter, N. (2022). The effectiveness of the safety planning intervention for adults experiencing suicide-related distress: A systematic review. *Archives of Suicide Research*, 26(4), 1022–1045.  
<https://doi.org/10.1080/13811118.2021.1915217>
- Ferguson, M., Posselt, M., McIntyre, H., Loughhead, M., Kenny, M. A., Mau, V., & Procter, N. (2022). Staff Perspectives of Safety Planning as a Suicide Prevention Intervention for People of Refugee and Asylum-Seeker Background. *Crisis*, 43(4), 331–338.  
<https://doi.org/10.1027/0227-5910/a000781>
- Gamarra, J. M., Luciano, M. T., Gradus, J. L., & Wiltsey Stirman, S. (2015). Assessing Variability and Implementation Fidelity of Suicide Prevention Safety Planning in a Regional VA Healthcare System. *Crisis*, 36(6), 433–439. <https://doi.org/10.1027/0227-5910/a000345>
- Goodman, M., Brown, G. K., Galfalvy, H. C., Spears, A. P., Sullivan, S. R., Kapil-Pair, K. N., ... & Stanley, B. (2020). Group (“Project Life Force”) versus individual suicide safety planning: A randomized clinical trial. *Contemporary clinical trials communications*, 17, 100520.

The Safety Planning Intervention in Suicide Prevention  
Mark Margolis, MA

---

- Goodman, M., Sullivan, S. R., Spears, A. P., Dixon, L., Sokol, Y., Kapil-Pair, K. N., ... & Stanley, B. (2021). An open trial of a suicide safety planning group treatment: "Project Life Force". *Archives of suicide research*, 25(3), 690-703.
- Gryglewicz, K., Orr, V. L., McNeil, M. J., Taliaferro, L. A., Hines, S., Duffy, T. L., & Wisniewski, P. J. (2024). Translating suicide safety planning components into the design of mHealth app features: systematic review. *JMIR mental health*, 11(1), e52763.
- Hou, X., Wang, J., Guo, J., Zhang, X., Liu, J., Qi, L., & Zhou, L. (2022). Methods and efficacy of social support interventions in preventing suicide: a systematic review and meta-analysis. *Evidence-based mental health*, 25(1), 29–35. <https://doi.org/10.1136/ebmental-2021-300318>
- Hu, F. H., Zhao, D. Y., Fu, X. L., Zhang, W. Q., Tang, W., Hu, S. Q., Shen, W. Q., & Chen, H. L. (2023). Effects of social support on suicide-related behaviors in patients with severe mental illness: A systematic review and meta-analysis. *Journal of affective disorders*, 328, 324–333. <https://doi.org/10.1016/j.jad.2023.02.070>
- Itzhaky, L., & Stanley, B. (2022). The Safety Planning Intervention for Children (C-SPI): rationale and case illustration. *Cognitive and Behavioral Practice*.
- Janson, J., & Rohleder, N. (2017). Distraction coping predicts better cortisol recovery after acute psychosocial stress. *Biological psychology*, 128, 117–124. <https://doi.org/10.1016/j.biopsych.2017.07.014>
- Kasahara-Kiritani, M., Hadlaczky, G., Westerlund, M., Carli, V., Wasserman, C., Apter, A., Balazs, J., Bobes, J., Brunner, R., McMahon, E. M., Cosman, D., Farkas, L., Haring, C., Kaess, M., Kahn, J. P., Keeley, H., Nemes, B., Mars Bitenc, U., Postuvan, V., ... Wasserman, D. (2015). Reading books and watching films as a protective factor against suicidal ideation. *International Journal of Environmental Research and Public Health*, 12(12), 15937–15942. <https://doi.org/10.3390/ijerph121215032>
- Labouliere, C. D., Stanley, B., Lake, A. M., & Gould, M. S. (2020). Safety Planning on Crisis Lines: Feasibility, Acceptability, and Perceived Helpfulness of a Brief Intervention to Mitigate Future Suicide Risk. *Suicide & life-threatening behavior*, 50(1), 29–41. <https://doi.org/10.1111/sltb.12554>
- Marin, L., Sullivan, S., Spears, A. P., & Goodman, M. (2019). Project Life Force-Geriatric: A novel suicide safety planning group treatment. *The American Journal of Geriatric Psychiatry*, 27(3), S213–S214.

## The Safety Planning Intervention in Suicide Prevention

### Mark Margolis, MA

- 
- Marshall, C. A., Crowley, P., Carmichael, D., Goldszmidt, R., Aryobi, S., Holmes, J., Easton, C., Isard, R., & Murphy, S. (2023). Effectiveness of Suicide Safety Planning Interventions: A Systematic Review Informing Occupational Therapy. *Canadian journal of occupational therapy. Revue canadienne d'ergotherapie*, 90(2), 208–236.  
<https://doi.org/10.1177/00084174221132097>
- May, A. M., Al-Dajani, N., Ballard, E. D., & Czyz, E. (2023). Safety plan use in the daily lives of adolescents after psychiatric hospitalization. *Suicide & life-threatening behavior*, 53(5), 870–879. <https://doi.org/10.1111/sltb.12989>
- Nuij C, van Ballegooijen W, de Beurs D, Juniar D, Erlangsen A, Portzky G, O'Connor RC, Smit JH, Kerkhof A, Riper H. Safety planning-type interventions for suicide prevention: meta-analysis. *Br J Psychiatry*. 2021 Aug;219(2):419-426. doi: 10.1192/bjp.2021.50. PMID: 35048835.
- O'Connor, R. C., Smillie, S., McClelland, H., Lundy, J. M., Stewart, C., Syrett, S., Gavigan, M., McConnachie, A., Stanley, B., Smith, M., Brown, G. K., Stanley, B., & Simpson, S. A. (2022). SAFETEL: a pilot randomised controlled trial to assess the feasibility and acceptability of a safety planning and telephone follow-up intervention to reduce suicidal behaviour. *Pilot and feasibility studies*, 8(1), 156. <https://doi.org/10.1186/s40814-022-01081-5>
- Patel, S. R., Sullivan, S. R., Mitchell, E. L., Jager-Hyman, S., Stanley, B., & Goodman, M. (2023). Qualitative Study of Telehealth Delivery of Suicide-Specific Group Treatment “Project Life Force”. *Journal of technology in behavioral science*, 8(3), 272-281.
- Pfeiffer, P. N., King, C., Ilgen, M., Ganoczy, D., Clive, R., Garlick, J., ... & Valenstein, M. (2019). Development and pilot study of a suicide prevention intervention delivered by peer support specialists. *Psychological services*, 16(3), 360.
- Raciborski, R. A., Hamerling-Potts, K. K., Mitchell, E. L., Sullivan, S. R., Kapil-Pair, N., Landes, S. J., ... & Goodman, M. (2023). Cost comparison of in-person and telehealth modalities for a suicide safety planning group intervention: interim results from the “Project Life Force” randomized clinical trial. *Frontiers in psychiatry*, 14, 1215247.
- Rogers, M. L., Gai, A. R., Lieberman, A., Musacchio Schafer, K., & Joiner, T. E. (2022). Why does safety planning prevent suicidal behavior?. *Professional Psychology: Research and Practice*, 53(1), 33.
- Stanley, B., Brown, G. K. (2012). Safety planning intervention: A brief guide to mitigate suicide risk. *Cognitive and Behavioral Practice*, 19(2), 256–264.

The Safety Planning Intervention in Suicide Prevention  
Mark Margolis, MA

- 
- Stanley, B., Brown, G. K., Brenner, L. A., Galfalvy, H. C., Currier, G. W., Knox, K. L., Chaudhury, S. R., Bush, A. L., & Green, K. L. (2018). Comparison of the Safety Planning Intervention With Follow-up vs Usual Care of Suicidal Patients Treated in the Emergency Department. *JAMA psychiatry*, 75(9), 894–900.  
<https://doi.org/10.1001/jamapsychiatry.2018.1776>
- Stanley, B., Martínez-Alés, G., Gratch, I., Rizk, M., Galfalvy, H., Choo, T. H., & Mann, J. J. (2021). Coping strategies that reduce suicidal ideation: An ecological momentary assessment study. *Journal of psychiatric research*, 133, 32–37.  
<https://doi.org/10.1016/j.jpsychires.2020.12.012>
- Wilson, M. P., Waliski, A., & Thompson, R. G., Jr (2022). Feasibility of Peer-Delivered Suicide Safety Planning in the Emergency Department: Results From a Pilot Trial. *Psychiatric services (Washington, D.C.)*, 73(10), 1087–1093.  
<https://doi.org/10.1176/appi.ps.202100561>