

Bibliography

- American Psychological Association (2006). *Evidence-based practice in psychology*. *American Psychologist*, 61(4), 271–285. <https://doi.org/10.1037/0003-066X.61.4.271>
- Andrew, S. (2022). *Love in action*. Portland, ME: Health, Education, and Training Institute.
- Association for the Treatment of Sexual Abusers. (2017). Practice Guidelines for Assessment, Treatment, and Intervention with Adolescents Who Have Engaged in Sexually Abusive Behavior. ATSA.
- Association for the Treatment and Prevention of Sexual Abuse. (2025). *Best practice guidelines for the assessment, treatment, and management of men who have committed sexually abusive behaviors*. Beaverton, OR: Author.
- Bonta, J., & Andrews, D. A. (2017). *The Psychology of Criminal Conduct* (6th ed.). Routledge.
- Bordin, E. S. (1979). The generalizability of the psychoanalytic concept of the working alliance. *Psychotherapy: Theory, Research & Practice*, 16, 252–260.
<https://doi.org/10.1037/h0085885>
- Brattland, H., Koksvik, J. M., Burkeland, O., Gråwe, R. W., Klöckner, C., Linaker, O. M., ... & Iversen, V. C. (2018). The effects of routine outcome monitoring (ROM) on therapy outcomes in the course of an implementation process: A randomized clinical trial. *Journal of Counseling Psychology*, 65(5), 641. DOI: 10.1037/cou0000286.
- Caldwell, Michael F. (2016). Quantifying the decline in juvenile sexual recidivism rates. *Psychology, Public Policy, and Law*, Vol 22(4), 414-426.
- Comartin, E. B., Kernsmith, P. D., & Miles, B. W. (2010). Family experiences of young adult sex offender registration. *Journal of Child Sexual Abuse*, 19(2), 204-225.
- Council of State Governments Justice Center. (2014). *A common language for risk assessments: Experts convene in Washington*. <https://csgjusticecenter.org/reentry/posts/a-common-language-for-risk-assessments-experts-convene-in-washington/>
- de Vries Robb  , M., de Vogel, V., & de Spa, E. (2011). Protective factors for violence risk in forensic psychiatric patients. A retrospective validation study of the SAPROF. *International Journal of Forensic Mental Health*, 10, 178-186.

Best Practices in Treatment Planning for Adolescents Who Have Sexually Abused
Katie Gotch, LPC, CCSOT, ATSA-F, Seth Wescott, LMLP, ATSA-F, & David Prescott,
LICSW, ATSA-F

- de Vries Robb  , M., de Vogel, V., Koster, K., & Bogaerts, S. (2015). Assessing protective factors for sexually violent offending with the SAPROF. *Sexual Abuse: A Journal of Research and Treatment*, 27, 51-70.
- de Vries Robb  , M., Mann, R.E., Maruna, S. & Thornton, D. (2015). An exploration of protective factors supporting desistance from sexual offending. *Sexual Abuse: Journal of Research and Treatment*. 2015 Feb;27(1):16-33. doi: 10.1177/1079063214547582. Epub 2014 Aug 20. PMID: 25143436.
- Epperson, D. L., Kaul, J. D., Huot, S. J., Hesselton, D., Alexander, W., & Goldman, R. (1998). Minnesota Sex Offender Screening Tool-Revised (MnSOST-R): Development, validation, and recommended risk level cut scores. Technical paper, Minnesota Department of Corrections.
- Epperson, D. L., Ralston, C. A., Fowers, D., & DeWitt, J. (2005). Development of a sexual offense recidivism risk assessment tool—II (JSORRAT-II).
- Finkelhor, D., Ormrod, R., & Chaffin, M. (2009) Juveniles who commit sex offenses against minors. Juvenile Justice Bulletin – NCJ227763 (1-12pgs). Washington, DC: US Government Printing Office.
- Gannon, T.A., Olver, M.E., Mallion, J.S., & James, M. (2019). Does specialized psychological treatment for offending reduce recidivism? A meta-analysis examining staff and program variables as predictors of treatment effectiveness, *Clinical Psychology Review* 73. doi.org/10.1016/j.cpr.2019.101752
- Hanson R. K., Bourgon G., McGrath R., Kroner D., D'Amora D. A., Thomas S. S., Tavarez L. (2017). *A five-level risk and needs system: Maximizing assessment results through the development of a common language*. New York, NY: The Council of State Governments Justice Center.
- Hanson, R. K., Harris, A. J. R., Letourneau, E., Helmus, L. M., & Thornton, D. (2018). Reductions in risk based on time offense-free in the community: Once a sexual offender, not always a sexual offender. *Psychology, Public Policy, and Law*, 24(1), 48–63. <https://doi.org/10.1037/law0000135>
- Hanson R. K., Helmus L.-M., Harris A. J. R. (2015). Assessing the risk and needs of supervised sexual offenders: A prospective study using STABLE-2007, Static-99R, and Static-2002R. *Criminal Justice and Behavior*, 42, 1205-1224

Best Practices in Treatment Planning for Adolescents Who Have Sexually Abused
Katie Gotch, LPC, CCSOT, ATSA-F, Seth Wescott, LMLP, ATSA-F, & David Prescott,
LICSW, ATSA-F

Hanson, R.K. & Morton-Bourgon, K.E. (2009). The accuracy of recidivism risk assessments for sexual offenders: A meta-analysis of 118 prediction studies. *Psychological Assessment*, 21(1), 1-21.

Hart, S., Kropp, P., Laws, D., Klaver, J., Logan, C., Watt, K. (2003). *The Risk for Sexual Violence Protocol (RSVP): Structured professional guidelines for assessing risk of sexual violence*. Authors.

Helmus, L., Hanson, R. K., Thornton, D., Babchishin, K. M., & Harris, A. J. R. (2012). Absolute recidivism rates predicted by Static-99R and Static-2002R sex offender risk assessment tools vary across samples: A meta-analysis. *Criminal Justice and Behavior*, 39(9), 1148-1171. <https://doi.org/10.1177/0093854812443648>

Hilton, Zoe. (2021). *Domestic violence risk assessment: Tools for effective prediction and management*. Washington, D.C.: American Psychological Association.

Jung, S. (2017). *RNR principles in practice in the management and treatment of sexual abusers*. Brandon, VT: Safer Society Press.

Letourneau, E. J., Harris, A. J., Shields, R. T., Walfield, S. M., Ruzicka, A. E., Buckman, C., Beaudry, G., & Beltran, T. (2018). Effects of juvenile sex offender registration on adolescent well-being: An empirical examination. *Psychology, Public Policy, and Law*, 24(1), 105-117

Levenson, J. S., Willis, G., & Prescott, D. (2017). *Trauma-informed care: Transforming treatment for people who sexually abuse*. Safer Society Press.

Levenson, J. S., Willis, G., & Prescott, D. (2014). Adverse childhood experiences in the lives of male sex offenders and implications for trauma-informed care. *Sexual Abuse: A Journal of Research and Treatment*. doi:10.1177/1079063214535819

Levenson, J. S., Willis, G. M., & Prescott, D. S. (2014). Adverse childhood experiences in the lives of female sex offenders. *Sexual Abuse: A Journal of Research and Treatment*, 27(3), 258-283.

Lussier, P., Van Den Berg, C., Bijleveld, C., & Hendriks, J. (2012). A developmental taxonomy of juvenile sex offenders for theory, research, and prevention: The adolescent-limited and the high-rate slow desister. *Criminal Justice and Behavior*, 39(12), 1559-1581.

Best Practices in Treatment Planning for Adolescents Who Have Sexually Abused
Katie Gotch, LPC, CCSOT, ATSA-F, Seth Wescott, LMLP, ATSA-F, & David Prescott,
LICSW, ATSA-F

Mann, R., Hanson, R., & Thornton, D. (2010). Assessing risk for sexual recidivism: Some proposals on the nature of psychologically meaningful risk factors. *Sexual Abuse: A Journal of Research and Treatment*, 22, 191-217.
<https://doi.org/10.1177/1079063210366039>

Marshall, W. L. (2005). Therapist Style in Sexual Offender Treatment: Influence on Indices of Change. *Sexual Abuse: Journal of Research and Treatment*, 17(2), 109-116.
<https://doi.org/10.1177/107906320501700202>

McGrath, R.J., Cumming, G. F., & Lasher, M.P. (2013). SOTIPS: *Sex Offender Treatment, and Progress Scale*. Middlebury, Vermont: Author.

Mercado, C. C., Levenson, J. S., & Cotter, L. P. (2008). *Collateral consequences of sex offender registration and notification laws: Barriers to rehabilitation and community reintegration*. Journal of Contemporary Criminal Justice, 24(1), 54-66.
<https://doi.org/10.1177/0887403407306282>

Miccio-Fonseca, L. C. (2009). MEGA: A new paradigm in protocol assessing sexually abusive youth and youth with sexual behavior problems. *Journal of Child & Adolescent Trauma*, 2(2), 124-141.

Miller, S. D., Duncan, B. L., Brown, J., Sparks, J. A., & Claud, D. A. (2003). The Outcome Rating Scale: A preliminary study of the reliability, validity, and feasibility of a brief visual analog measure. *Journal of Brief Therapy*, 2(2), 91-100.

Miller, S.D., Duncan, B.L., & Johnson, L. (2002). Session rating scale (SRS v 3.0). Retrieved from www.talkingcure.com.

Miller, S. D., Hubble, M. A., & Chow, D. L. (2020). *Better results: Using deliberate practice to improve therapeutic effectiveness*. Washington, DC: American Psychological Association Press.

Miller, W. R., & Rollnick, S. (2023). *Motivational interviewing: Helping people change and grow* (4th ed.). New York, NY: Guilford Press.

Norcross, J. C. (2002). Psychotherapy relationships that work: Therapist contributions and responsiveness to patients. Oxford University Press.

Olver, M.E., Marshall, L.E., Marshall, W.L., & Nicholaichuk, T.P. (2018). A long-term outcome assessment of the effects on subsequent reoffense rates of a prison-based CBT/RNR sex offender treatment program with strength-based elements. *Sexual Abuse: A Journal of Research and Treatment*, 32, 1-27.

Best Practices in Treatment Planning for Adolescents Who Have Sexually Abused
Katie Gotch, LPC, CCSOT, ATSA-F, Seth Wescott, LMLP, ATSA-F, & David Prescott,
LICSW, ATSA-F

Olver, M. E., Wong, S. C. P., Nicholaichuk, T., & Gordon, A. (2007). The validity and reliability of the Violence Risk Scale-Sexual Offender version: Assessing sex offender risk and evaluating therapeutic change. *Psychological Assessment*, 19(3), 318-329. <https://doi.org/10.1037/1040-3590.19.3.318>.

Orlinsky, D. E., & Rønnestad, M. H. (1994). Therapeutic work and professional development: The psychotherapist's perspective. Washington, DC: American Psychological Association.

Prentky, R., & Righthand, S. (2003). Juvenile Sex Offender Assessment Protocol-II (J-SOAP-II) Manual. Washington, DC: U.S. Department of Justice, Office of Juvenile Justice and Delinquency Prevention.

Prentky, R. A., Righthand, S., Worling, J. R., & Kang, T. (2020). Youth Needs and Progress Scale (YNPS) & User Guide. Fairleigh Dickinson University.

Prescott, D. S. (2015). *Becoming the Man I Want to Be: A Good Lives Workbook*. Brandon, VT: Safer Society Press.

Prescott, D. S. (2018). *Becoming Who I Want to Be: A Good Lives Workbook for Young Men*. Brandon, VT: Safer Society Press.

Prescott, D. S., & Dent, T. (2018). *Becoming Who I want to Be: A Good Lives Workbook for Young Women*. Brandon, VT: Safer Society Press.

Prescott, D. S., Maeschalck, C. M., & Miller, S. D. (2022). Feedback-Informed Treatment. In R. Fulmer (Ed.), *Counseling and psychotherapy: Theory and beyond*. San Diego, CA: Cognella.

Prescott, D. S. & Willis, G. M. (2021a). Using the good lives model (GLM) in clinical practice: Lessons learned from international implementations. *Aggression and Violent Behavior*, DOI: 10.1016/j.avb.2021.101717

Prescott, D.S., Willis, G.M. (2021b). Evaluation de la fidélité des professionnels au Good Lives Model (GLM). In E. Dieu, E. Zinsstag, T. Ward (ed.), *Special Issue« Criminologie de la confiance et Good Lives Model (GLM)»*, Revue Internationale de Criminologie et de Police Technique et Scientifique, in press.

Prescott, D. S. & Willis, G. M., & Ward, T. (2022). Monitoring therapist fidelity to the good lives model (GLM). *International Journal of Offender Therapy and Comparative Criminology*. DOI: 10.1177/0306624X221086572.

Best Practices in Treatment Planning for Adolescents Who Have Sexually Abused
Katie Gotch, LPC, CCSOT, ATSA-F, Seth Wescott, LMLP, ATSA-F, & David Prescott,
LICSW, ATSA-F

Print, B. (Ed.). (2013). *The Good Lives Model for Adolescents Who Sexually Harm*. Safer Society Press.

Proulx, J., Cortoni, F., Craig, L.A., Letourneau, E.J. (2020). *The Wiley handbook of what works with sexual offenders: Contemporary perspectives in theory, assessment, treatment, and prevention*. Hoboken, NJ: John Wiley & Sons, Inc.

Quinsey, V.L., Harris, G.T., Rice, M.E., & Cormier, C.A. (2006). *Violent offenders: Appraising and Managing Risk (2nd edition)*. Washington, D.C.: American Psychological Association.

Schofield, G., Dittborn, M., Selman, L. E., & Huxtable, R. (2021). Defining ethical challenge (s) in healthcare research: a rapid review. *BMC Medical Ethics*, 22, 1-17.

Thornton, D., & Knight, R. (2013). Construction and validation of SRA-FV need assessment. *Sexual Abuse: A Journal of Research and Treatment*.

Valla, B. & Prescott, D.S. (2019). Beyond best practice: How mental health services can be better. London: Routledge.

Ward, T., Mann, R. E., & Gannon, T. A. (2007). The good lives model of offender rehabilitation: Clinical implications. *Aggression and Violent Behavior*, 12, 87-107. doi: 10.1016/j.avb.2006.03.004

Ward, T., Willis, G. M., & Prescott, D. S. (2024). The rehabilitation of corrections clients: Good lives and risk reduction. In G. M. Davies & A. R. Beech (Eds.), *Forensic psychology: Crime, justice, law, interventions* (pp. 511-531). New York: Wiley.

Willis, G., Kelley, S. & Thornton, D. (2024, November). *Structured Assessment of Protective Factors against Sexual Offending (SAPROF-SO) Version 1 training*. Online training for the Safer Society Foundation.

Willis, G., Prescott, D., Levenson, J. (2017). *Trauma-Informed Care Transforming Treatment for People Who Have Sexually Abused*, Safer Society Press.

Willis, G. M., Prescott, D. S., & Levenson, J. S. (2018). Promoting therapist longevity: exploring sexual offending treatment providers' experiences of workplace support. *Journal of Sexual Aggression*, 24, 311-325. DOI: <https://doi.org/10.1080/13552600.2018.1528794>

Willis, G., Thornton, Kelley, S. & de Vries Robbe, M. (October 2021). *Structured Assessment of Protective Factors against Sexual Offending*.

Best Practices in Treatment Planning for Adolescents Who Have Sexually Abused
Katie Gotch, LPC, CCSOT, ATSA-F, Seth Wescott, LMLP, ATSA-F, & David Prescott,
LICSW, ATSA-F

Worling, J. R. (2017). Protective + Risk Observations For Eliminating Sexual Offense Recidivism 9PROFESOR).
https://www.profesor.ca/uploads/8/7/7/6/8776493/the_profesor_november_2017.pdf

Worling, J. R., & Curwen, T. (2001). Estimate of Risk of Adolescent Sexual Offense Recidivism (ERASOR; Version 2.0). Sexual Abuse: Family Education & Treatment (SAFE-T) Program, Thistletown Regional Centre for Children & Adolescents, Ontario Ministry of Community & Social Services.

Worling, J. R., Littlejohn, A., & Bookalam, D. (2010). 20-year prospective follow-up study of specialized treatment for adolescents who offended sexually. Behavioral Sciences & the Law, 28(1), 46-57

Yates, P. M., & Prescott, D. S. (2011). *Building a better life: A good lives and self-regulation workbook*. Safer Society Press.

Yates, P. M., Prescott, D. S., & Ward, T. (2010). *Applying the Good Lives and Self Regulation Models to sex offender treatment: a practical guide for clinicians*. Safer Society Press.