



Best Practices in Treatment Planning for Adolescents Who Have Sexually Abused

Presenter: Katie Gotch, LPC, CCSOT, ATSA-F, Seth Wescott, LMLP, ATSA-F, & David Prescott, LICSW, ATSA-F

Date: April 4, 2025

Time: 11:00 AM to 2:15 PM ET (*All times East Coast USA Local Time*)

11:00 am – 12:30 pm

- Introduction
- Notes on language
- Risk, Need, and Responsivity
- Policy issues
- ATSA guidelines
- The nexus of risk assessment, protective factors, and treatment planning
- Case example
- Using four frameworks:
 - Therapeutic Alliance
 - Elements of Motivational Interviewing
 - Good Lives Model goals and obstacles
 - Feedback-Informed Treatment

12:30 – 12:45 pm

- Break

12:45 – 2:15 pm

- Andrews & Bonta's "Big 8" risk factors versus Good Lives Model treatment goals
- The role of adversity
- Chunking Logic
- Treatment planning in application
- How we get planning right and wrong
- Pulling the pieces together
 - The ambivalence of competence
 - Individualized or paint-by-numbers?
 - Ethical dilemmas
 - Where our focus should be
- Motivational interviewing
- Interview skills
- Q&A and wrap-up

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