

## Best Practices in Treatment Planning for Adolescents Who Have Sexually Abused

**Presenters:** Katie Gotch, LPC, CCSOT, ATSA-F, Seth Wescott, LMLP, ATSA-F, & David Prescott, LICSW, ATSA-F

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**Length:** 3 Hours

### 1 hour and 30 minutes

- Introduction
- Notes on language
- Risk, Need, and Responsivity
- Policy issues
- ATSA guidelines
- The nexus of risk assessment, protective factors, and treatment planning
- Case example
- Using four frameworks:
  - Therapeutic Alliance
  - Elements of Motivational Interviewing
  - Good Lives Model goals and obstacles
  - Feedback-Informed Treatment

### 1 hour and 30 minutes

- Andrews & Bonta's "Big 8" risk factors versus Good Lives Model treatment goals
- The role of adversity
- Chunking Logic
- Treatment planning in application
- How we get planning right and wrong
- Pulling the pieces together
  - The ambivalence of competence
  - Individualized or paint-by-numbers?
  - Ethical dilemmas
  - Where our focus should be
- Motivational interviewing
- Interview skills
- Q&A and wrap-up