

# Understanding and Intervening in Sibling Sexual Behaviors and Abuse

Dr Sophie King-Hill, David Russell &  
Prof Kieran McCartan



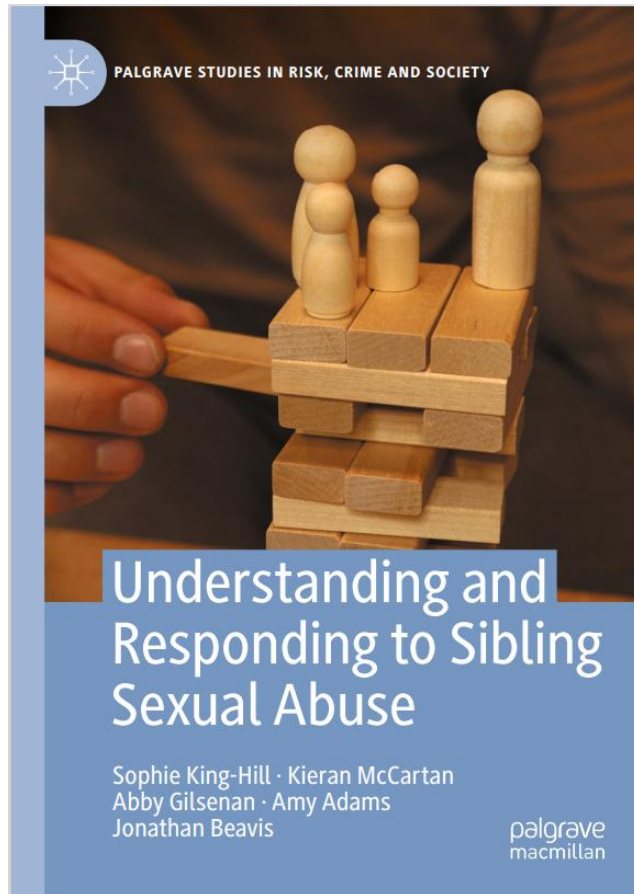
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# Publications



- King-Hill & Gilsenan (in press). Sibling sexual behaviour mapping tool (SSBMT): Supporting practitioner confidence, planning and competency when reporting to sexual behaviours between siblings. *Child Abuse & Neglect*.
- King-Hill & McCartan (2024a) [\*Reducing Sibling Sexual Behaviour: Policy Brief\*](#).
- McCartan & King-Hill (2024). Developing a framework for the prevention of sibling sexual behaviour. *Child Abuse & Neglect*.
- McCartan, K. F., Hill-King, S., Allardyce, S., (2024). Sibling Sexual Abuse. *Current Psychiatric Reports*.
- McCartan, K F., King-Hill, S., & Gilsenan, A. (2023) Sibling Sexual Abuse as a form of family dysfunction. *Journal of Sexual Aggression*.
- King-Hill, S., Gilsenan, A., & McCartan, K. F. (2023). Professional responses to sibling sexual abuse . *Journal of Sexual Aggression*.
- King-Hill, S., McCartan, K. F., Gilsenan, A., Adams, A., & Beavis, J. (2023). *Understanding and Responding to Sibling Sexual Abuse*. Palgrave MacMillan.



# The National Sibling Sexual Abuse Project

- Funded by the Home Office and Ministry of Justice



SIBLING SEXUAL  
ABUSE PROJECT



Somerset & Avon  
rape & sexual abuse support



West Mercia  
Rape & Sexual Abuse  
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# Sibling sexual behaviour: a complex system

Discussion:

Define a sibling.

Explore why this is a  
unique form of sexual  
behaviour and abuse.



# Defining a Sibling




“

“We recognise that terms like ‘brother’, ‘sister’, ‘sibling’ and ‘family’ can have different meanings in various families, contexts and cultures. It is always important to ask children themselves about their preferred terms and what they mean by them, but in this guide we generally use ‘sibling’ as a gender-non-specific term. We further recognise that there are many different kinds of sibling relationships, and some children considered siblings may not be biologically or legally related”.

(Yates & Allardyce, 2023)



”

What would you consider to be a sibling relationship?



“Problematic definitions of SSA One of the elements that emerged from the data was the issues professionals had when defining SSA and the term sibling. This highlights the issues of complexity when working within SSA. It was found that professionals, from the outset struggled to define what constituted a sibling”.

(King-Hill et al, 2023)





# Definition of sibling sexual behaviour/abuse

SSB/A: the physical, psychological, and/or sexual abuse of one sibling by another in the context of sexual behaviour.

Sibling: refers to children who grow up in the same family whether they are stepchildren, foster children, adopted children or birth children

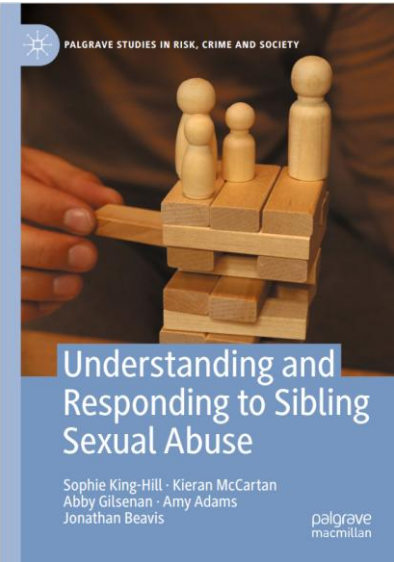
Definition: not just penetrative sexual abuse, it can be forcing a sibling to watch pornography, making a sibling engage in sexual acts with another child, or watching a sibling dress/use the toilet

More likely to be a series of sexual abuse encounters that occur over a prolonged period rather than a one-off incident.



# Current state of the field on SSB/A

- Sibling sexual behaviour and abuse (SSB/A) is a common form of child sexual abuse.
- There are no clear definitions of what constitutes SSB/A and challenges persist around appropriate and correct language.
- Lack of research focussed on the child responsible and socio-ecological factors of sibling sexual behaviour and abuse (McCartan & King-Hill, 2024)
- Sibling sexual behaviour and abuse often occurs in the presence of family stress and adversity (i.e., parental emotional/physical absence, domestic violence, marital strain etc. (Adams, 2024).
- Sibling sexual abuse and behaviour can have long-term effects into adulthood impacting a person’s psycho-sexuality and generating unhealthy coping methods such as substance use (McCartan et al, 2022).
- Sibling sexual abuse and behaviour can take place in a range of socio-economic environments and is not limited to one family type (King-Hill et al, 2023; Adams, 2024).
- Professional confidence in dealing with SSB/A is limited and responses are often contradictory (King-Hill et al., 2023).



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## Reviewing the Evidence on Sibling Sexual Behaviour: Impact on Research, Policy and Practice

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**Abstract**  
**Purpose of Review** This paper reviews recent research into sibling sexual behaviour (SSB). This is an emerging professional and community issue that binds together a limited evidence base across research, practice and policy in psychology, criminology, politics, social work and policy studies. The review will demonstrate that a multi-disciplinary, life course, family system approach is the most effective way of starting to develop interventions to prevent and respond to this issue.  
**Recent Findings** SSB has previously been researched as a form of intrafamilial abuse or sibling incest. As a result of this SSB is poorly and inconsistently defined as a concept, meaning that research, practice and policy are sometimes at odds with each other and need to pull together to develop a cohesive framing of the issue. This means that a lot of older research needs to be contextualised in new emerging frames of thinking and ways of working. Current research emphasises the importance of understanding the role of the family system in creating conditions where SSB can occur and its central role in preventing and stopping it from occurring. The research also stresses the importance of professionals understanding the family context of SSB and has the confidence to identify and work proactively with families in a multi-agency and cross-disciplinary way. **Summary** The prevention of, and response to, SSB requires a multi-level, multi-disciplinary approach. Successful prevention of and response to SSB are as much about the family system as it is about the attitudes, behaviours and experiences of the siblings impacted by the abuse.

**Keywords** Sibling sexual abuse · Prevention · Treatment · Policy · Family · Professional practice

**Introduction**  
Recently, there has been increased academic and policy interest in sibling sexual behaviour (SSB) [1–3]. It is important to recognise that this does not mean that SSB is a new form of child sexual abuse and exploitation [1] and that this is a recognition of a long-standing issue rather than a new phenomenon. In discussing SSB, it has become apparent that it is an under-researched area, especially in comparison to other forms of sexual violence [1–3]. Most intra-familial sexual abuse research focuses on father-daughter incest [4], and most peer-on-peer childhood sexual harm research is centred around non-familial relationships [5, 6].

Historically, up to the start of the twenty-first century, clinical and academic discussions focused on ‘sibling incest’, a concept that typically minimised the harm caused by SSB [8]. This poses a challenge when developing evidence-based responses to this issue as the historical evidence base in relation to SSB is not as robust as that in other areas of sexual abuse (i.e., risk assessment, treatment, reintegration) [9, 10]. This means that policy and practice development is happening in parallel with an evolving evidence base. This article will draw together the existing, limited, evidence base related to SSB, highlighting what is unique about it compared to other forms of child sexual abuse.

Definitions of SSB focus on harmful sexual behaviour between children who self-identify as siblings have been known under the umbrella term of sibling sexual abuse [7, 14]. Although this definition has merit, the term ‘harmful sexual behaviour’ includes behaviours that are inappropriate or problematic, which may be developmentally harmful for all involved but fall short of victimising intent or outcome [17]. This may result in behaviours being labelled

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## Family characteristics, responses, and dynamics associated with sibling sexual abuse: A scoping review

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**ABSTRACT**  
**Background** Sibling sexual abuse (SSA) is influenced by and occurs within an interconnected family system, because of this there is a growing need towards recognising SSA as a family issue. Families also play a vital role in the disclosure of SSA and in the aftermath of recovery. There is, therefore, a descriptive review examining the known family dynamics, characteristics, and responses associated with SSA to direct future research.  
**Objective** A scoping review was conducted to synthesise known family characteristics and dynamics associated with SSA. The review also sought to explore how families respond following the disclosure of SSA.  
**Method** Arksey and O'Malley's (2005) five-part scoping review framework was used. Searches of Science, PsycInfo, ProQuest, Google Scholar and grey literature journals were conducted for empirical research and results were assessed for eligibility, leaving 28 studies in the final review. Results were related to (1) family demographics, (2) history of abuse and neglect within the family, and (3) household stressors and environmental factors. The review also found that families largely respond using strategies of minimisation.  
**Conclusions** Research and practice need to ensure that SSA is understood within the context of family dynamics and history, in a way that may not be necessary when understanding other types of child sexual abuse (CSA). Consideration must be given to the fact that children affected by SSA can be situated in families where, as well as SSA, there is a history of abuse and neglect within the family, and various environmental stressors are present.

**1. Introduction**  
Conventionally, SSA has been dismissed and largely propagated as harmless experimentation between siblings (Finkelhor, 1980; Yates, 2017). The emerging evidence, however, is that SSA is a serious global issue associated with a myriad of detrimental outcomes for affected children and their families (Cox & Allardyce, 2023). In the interim children affected by SSA may present with obvious signs of abuse and trauma (Cullen & Gault-Coffey, 2019). The impact of SSA is not only experienced in childhood however and SSA is associated with depression, low self-esteem, and relationship difficulties in adulthood (Coxon, 2013; Borella & Tolman, 2013). Increasingly SSA is recognised as a family based form of CSA, with researchers arguing the position that contextual family and environmental factors can contribute to the occurrence, duration, and severity of SSA (Coxon, 2013; Cullen & Allardyce, 2023; Yates & Allardyce, 2023; Yates et al., 2023). Furthermore, it is evident that families play an important role in facilitating and inhibiting the disclosure of SSA and in the aftermath of recovery (Thompson, 2009; Yates, 2013).

**Keywords** Sibling sexual abuse · Family · Child sexual abuse · Disclosure · Recovery · Family dynamics · Family stressors · Family responses



## Developing a framework for the prevention of sibling sexual behaviour

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**ABSTRACT**  
**Background** Sibling sexual behaviour (SSB) is an emerging, but poorly defined, area of professional practice and an emerging research area. Much of the current conceptualisation are based on defining the act and thinking about the responses and management of people affected by it. However, in the real world other forms of sexual abuse have almost certainly been seen in the SSB context, leading to a complex and often confusing picture of the phenomenon.  
**Objective** The review developed sibling sexual behaviour mapping tool (SSB-MT) is designed to help the understanding of SSB and to support practice in responding to SSB. The review also developed a framework for the prevention of SSB. The review also developed a framework for the prevention of SSB. The review also developed a framework for the prevention of SSB.  
**Conclusions** The prevention of SSB is a complex task that requires a multi-agency and cross-disciplinary approach. The SSB-MT is a tool that can be used to support practice in responding to SSB. The review also developed a framework for the prevention of SSB. The review also developed a framework for the prevention of SSB.

**1. Introduction**  
This paper focuses on the theoretical rationale for the development of the sibling sexual behaviour mapping tool (SSB-MT) [1]. The SSB-MT is a tool that can be used to support practice in responding to SSB. The review also developed a framework for the prevention of SSB. The review also developed a framework for the prevention of SSB. The review also developed a framework for the prevention of SSB.

**Keywords** Sibling sexual behaviour · Prevention · Treatment · Policy · Family · Professional practice

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# Prevalence of SSB

SSB/A is believed to be the most common and long-lasting form of all intra-familial abuse

Estimates being that it is five times more prevalent than parent-child sexual abuse

One of the reasons for the underreported nature of SSB/A, is that disclosures are particularly challenging.

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# Complex Issues



Professional confidence is key to effective interventions.

This is sporadic and there is widespread professional anxiety surrounding SSB/A.



Professional confidence often comes from experience in the field, as opposed to training. Which is indicative of a sporadic approach to SSB/A support.



Access to SSB/A support is irregular and depends on effective multi-agency working and specialist services in the demographical area.



There is a significant need for holistic, strengths based, restorative work that takes account of the whole family context due to the multi-faceted nature of SSB/A.



# Sibling sexual behaviour

Clear, concise and detailed information is required from the start of referral.  
Considering the risk of re-traumatisation.

Effective multi-agency working requires awareness of all agencies involved.  
Mapping agencies currently involved within the assessment process is helpful.

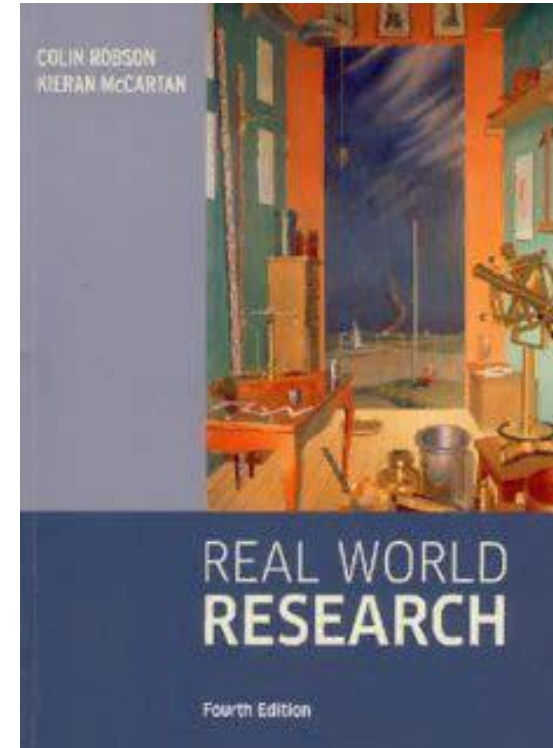
Awareness of the wider family context is needed at the assessment stage to ascertain family co-operation and to tailor interventions to the CYP and the wider familial context into which they are situated.

The professional setting where interventions take place needs consideration before a CYP and their family are seen.

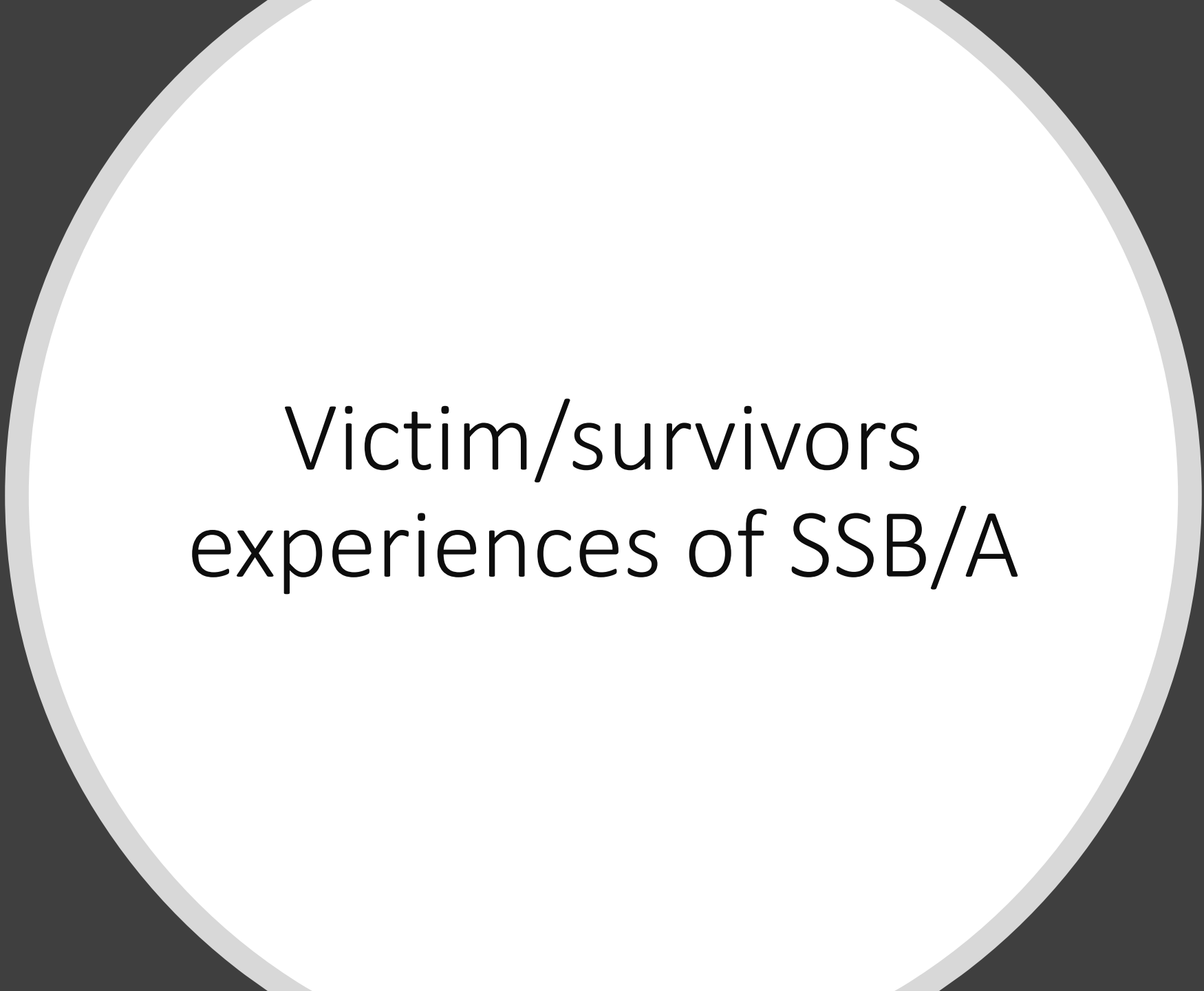


# The importance of good data and good data collection.

- The need to develop a research and practice evidence base – SSB/A has an established practice but not a research/evidence base.
- Build effective services that work with the whole SSB/A population – the child who has been harmed, who has been harmed, and the related family system.
- Ensure the data captured on children and young people and their families gives the organization an accurate sense of ‘the whole child’ and not only the behavior/abuse/harm they have displayed/experienced – seeking to understand socio-ecological determinants as well as individual ones.
- Help recruit, develop, and retain appropriate staff to deliver holistic and intersectional support.
- Help the service delivery team cost and commission the most appropriate service for their clients.
- Help the service evaluate their data to support further practice development.







Victim/survivors  
experiences of SSB/A



# Understanding Sibling Sexual behaviour-Abuse

- Current research on SSB/A does indicate a link between family systems, trauma, and sexual abuse, but this has not been formally researched or discussed in respect to SSB/A.
- Currently, in sexual abuse policy, practice, and research there is a focus on the role of adverse experiences and trauma in offending behaviour.
- The importance of, developmental/life-course criminology in preventing as well as responding to offending, and its links to of the bio-psycho-social approach to risk assessment and management.
- Research into dysfunctional and abusive families highlights the potentially traumatising nature of these family systems on child development and social inclusion.
- Research on young people and adults that sexually harm has indicated a number of traumatic risk factors, or Adverse Childhood Experiences (ACEs) in the family histories that have contributed to their asexually abusive behaviours.



# Juxtaposition of SSB/A: HSB & Adult survivors

Children and young people commit SSA/B and it is a form of Harmful Sexual Behaviour.

Disclosure/reporting often happens at two points:

- In childhood as it happens or soon after
- In adulthood, reporting as a victim-survivor

Therefore, understanding and reporting SSB/A is complicated and runs the risk of conflating two different issues:

- Harmful sexual behaviour that happened in childhood with adult survivor perceptions as well as reactions...







- Empirical research in SSA is relatively underdeveloped.
- We need to develop an in depth understanding of the issue (or lived experience), and the most effective way of doing this is through qualitative research.
- Data was collected via semi-structured interviews

## Method

*Table 1: Victim/survivor sample*

PPT	AGE	GENDER	SEXUALITY	DISABILITY	ETHNICITY	RELIGION
1	55-59	Female	Heterosexual	No	Asian, British	Buddhist
2	30-34	Female	Heterosexual	No	White, English	Spiritual
3	40-44	Female	Heterosexual	No	Black, Caribbean	Christian
4	30-34	Female	Bi-sexual	No	White, British	Agnostic
5	20-24	Female	Bi-sexual	No	White, British	None
6	40-44	Female	Queer	No	White, British	spiritual
7	30-34	Female	lesbian	no	Mixed ethnicity	Pagan
8	20-24	Female	Lesbian	No	White, British	Agnostic
9	30-34	Female	Lesbian	No	White, British	None
10	35-39	Female	Heterosexual	No	White, English	None
11	30-34	Female	Heterosexual	No	White, English	None
12	35-39	Female	Lesbian	No	White, British	Atheist
13	25-29	Female	Heterosexual	No	White, English	None
14	35-39	Female	Bi/pansexual	No	White, British	None
15	25-29	Female	Heterosexual	Not sure	White, English	Atheist
16	40-45	Female	Lesbian	Yes, Mental health	white	Spiritual
17	Data missing	Female	Data missing	Data missing	Data missing	Data missing
18	Data missing	Male	Data missing	Data missing	Data missing	Data missing



# Key SSA markers (or identifiers) tied to family systems, practices, and dynamics

**While these behaviour markers do not suggest a typology or set of formation criteria for casework, they do prove a helpful starting point for considering how the family environment contributes to SSB/A.**

- Abuse & dysfunction as a central component of broader family systems
- Abuse & dysfunction being commonplace in the nuclear/immediate family.
- Dual status of sexually harmful children.
- Conflicted, paradoxical feelings towards the abusive sibling.
- Poor parental engagement and communication: absent/disengaged parents.
- Poor parental boundaries and inconsistent parenting
- Denial of abuse and downplaying child's voice
- Normalisation of dysfunction & acceptance of the abuse
- The clarity brought about by distance and space from the family.
- No two SSB/A or family experiences are the same.

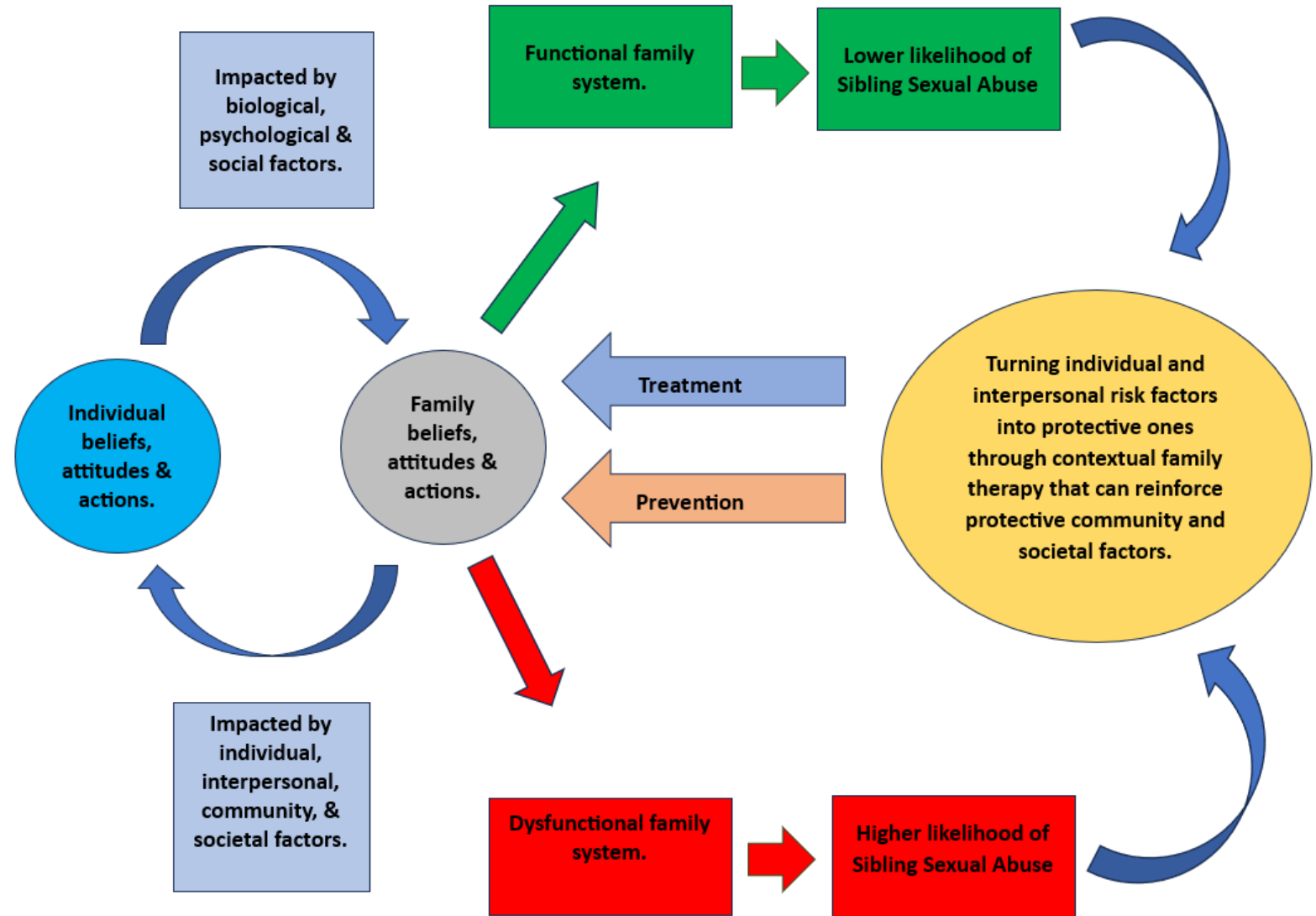


# Family as the third component in SSB-A





# The role of dysfunctional families in Sibling Sexual Behaviour-Abuse





- Understanding the scale, scope, and nature of the behaviour- where does it sit on the Hackett Continuum?
- Using the SSBMT and related Socio-ecological approach to frame interventions and chart progress
  - For individuals and family systems
- Consider what evidence partner organizations, commissioners, and related services need (are their pre-existing tools, as well as agency/disciplinary requirements).
- What existing or new services can be used, what do they add, and how are they measured

# What KPI's and data needs to be collected in SSB cases

King-Hill and McCartan Socio-Ecological Mapping Tool model for Sibling Sexual Behaviours (SSB-SEMT).

Domain	Mapping tool	Extended socio-ecological model
1	Sibling Sexual Behaviours	<ul style="list-style-type: none"><li>- individual: child who has harmed,</li><li>- individual: child at risk of being harmed.</li></ul>
2	Family Dynamics and Parenting	<ul style="list-style-type: none"><li>- interpersonal: sibling dynamics</li><li>- interpersonal: sibling dynamics,</li><li>- interpersonal: family dynamics.</li></ul>
3	Home circumstances and housing	<ul style="list-style-type: none"><li>- community: the boarder family system</li><li>- interpersonal: sibling dynamics,</li><li>- interpersonal: family dynamics.</li><li>- community: the wider communities.</li><li>- Societal</li></ul>
4	Education	<ul style="list-style-type: none"><li>- community: the wider communities.</li><li>- Societal</li></ul>
5	Health and development	<ul style="list-style-type: none"><li>- Individual: child who has harmed,</li><li>- individual: child at risk of being harmed.</li></ul>
6	Social context	<ul style="list-style-type: none"><li>- community: the wider communities.</li><li>- Societal</li></ul>

(McCartan & King-Hill, 2024)



<b>Service Key Performance Indicators:</b>	<b>How should this objective be supported and addressed</b>	<b>How should this objective be evaluated for success?</b>
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- For children and young people responsible for sibling sexual behaviour and abuse
- For children and young people who have experienced sibling sexual behaviour and abuse
- Parents/carers and other non-involved siblings affected by sibling sexual behaviour and abuse
- Adult victim-survivors who have experienced sibling sexual behaviour and abuse



# Example of KPI:

- Service Key Performance Indicators: For children and young people responsible for sibling sexual behaviour and abuse:
  - Offer holistic interventions and treatments that support the 'whole child' and consider their contextual and socio-ecological circumstances and factors to aid recovery.
- Assess the risk and nature of the sexual behaviour the child/young person has displayed and reduce/stop their engagement with sibling sexual behaviour and abuse/other harmful/problematic sexual behaviour.
  - Assess, rebuild and restore the child/young person's relationships with family members.
  - Educate, improve understanding and hold children/young people accountable in age/developmentally appropriate ways.
- Assess and improve social, health and wellbeing outcomes for children/young people responsible.

**Service Key Performance Indicators: For children and young people who is responsible for sibling sexual behaviour and abuse:**

**How should this objective be supported and addressed**

**How should this objective be measured and evaluated for success?**

The nature, severity and type of sexual behaviour the child/young person has displayed is determined at the initial stages of assessment and treatment and interventions subsequently offered are reflective and proportionate to the behaviour.

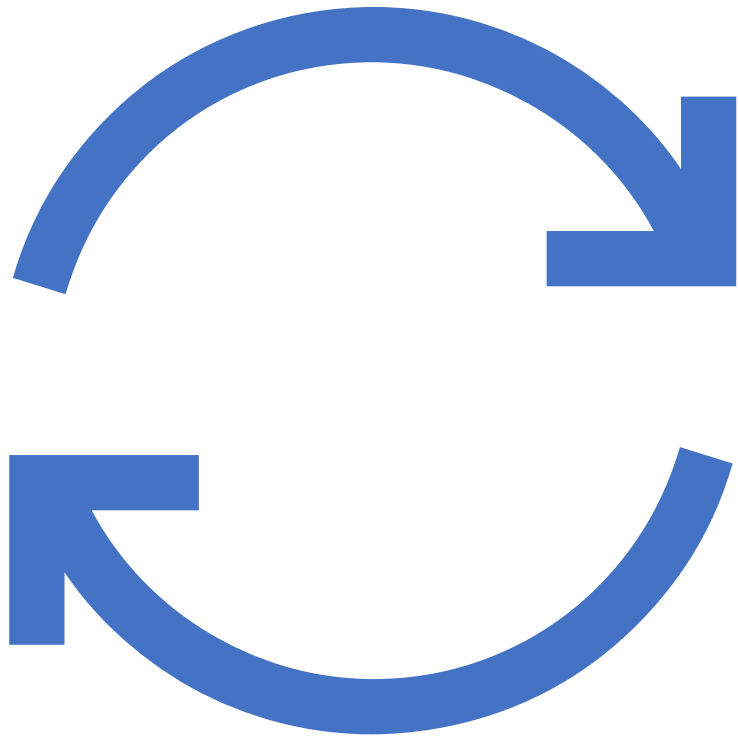
The child/young person's understanding of the sexual behaviour they have displayed and its nature is determined at the start of the treatment and interventions and is assessed and monitored throughout the process.

The type/nature of behaviour the child/young person has displayed (i.e., developmentally expected, inappropriate/problematic and abusive) should not be pre-assumed, a detailed and reflexive examination is required to determine this. Age/developmentally appropriate assessments and tools are used to support understanding the nature and type of sexual behaviour (e.g., SSB-MT and Hackett's continuum/framework and audit).

The child who has been harmed and parental and carers' understanding of the nature and type of sexual behaviour the child/young person has displayed should be assessed to provide a holistic evaluation.

- Pre and post (professional/practitioner) evaluation
- The child/young person has received appropriate and fit-for-purpose treatments and intervention for the sexual behaviour they have displayed.
- Professional and multi-agency agreement on determining the nature of the sexual behaviour is achieved.
- Pre and post-treatment evaluations are conducted with the child/young person and their family.



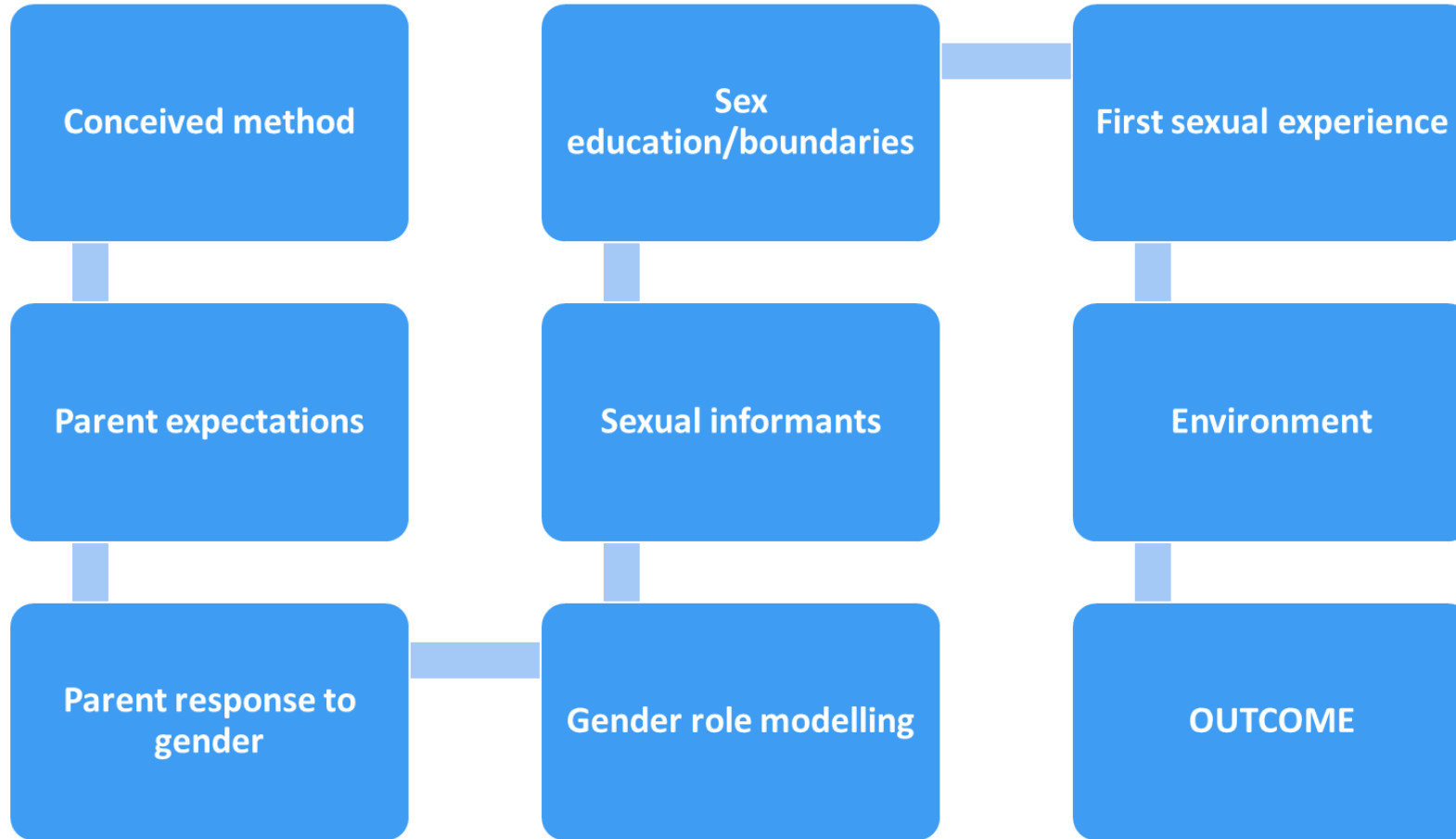


Working with SSB-A  
cases in practice



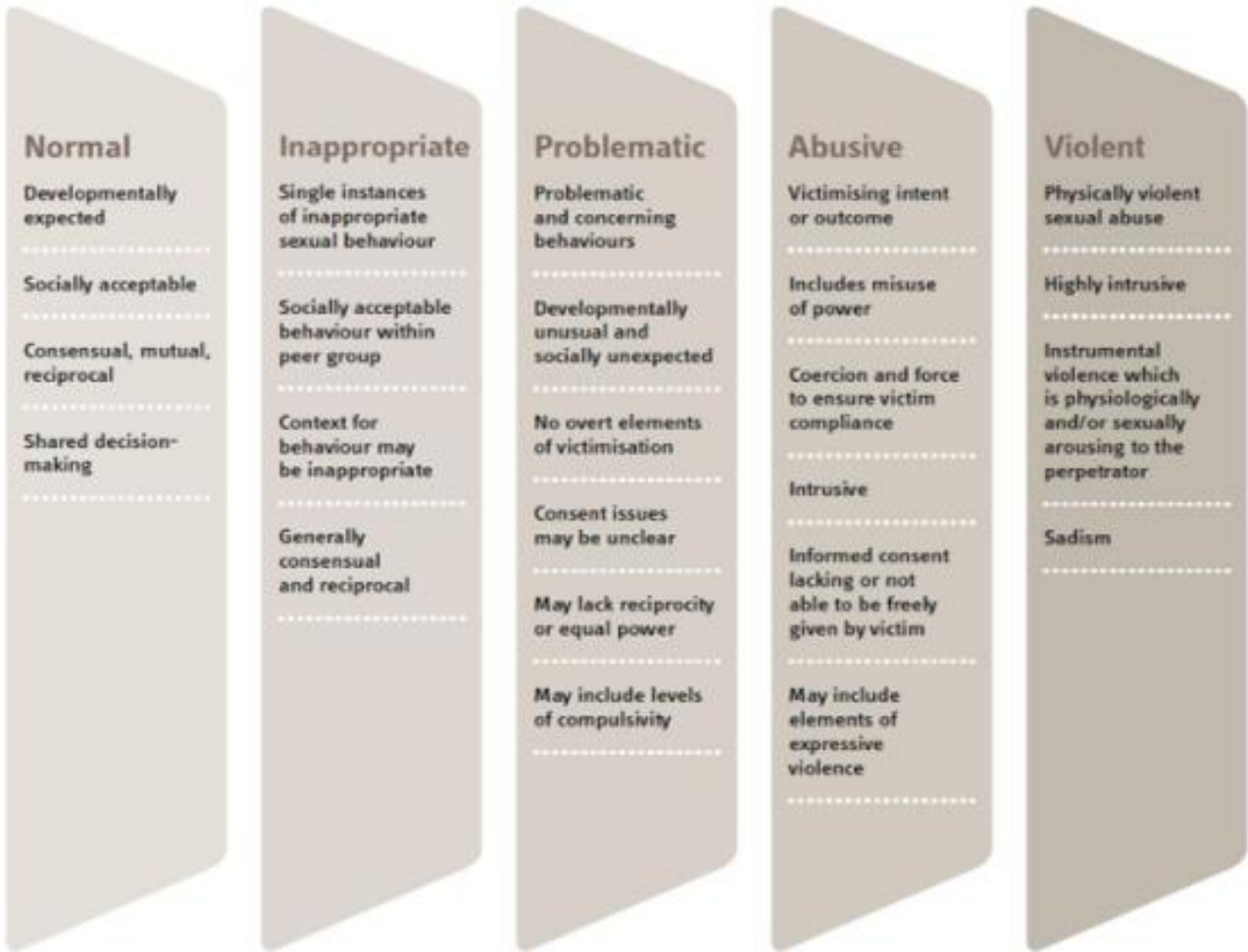
# Psychosexual Histories (Leonard & Donaghy, 2017)

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# Sexual Behaviour Continuum (Hackett, 2010)





# The continuum of sibling sexual behaviour (Yates & Allardyce, 2023)



<b>Developmentally Appropriate Sexual Interactions</b>	<b>Inappropriate Sexual Behaviours</b>	<b>Problematic Sexual Behaviours</b>	<b>Abusive Sexual Behaviours</b>
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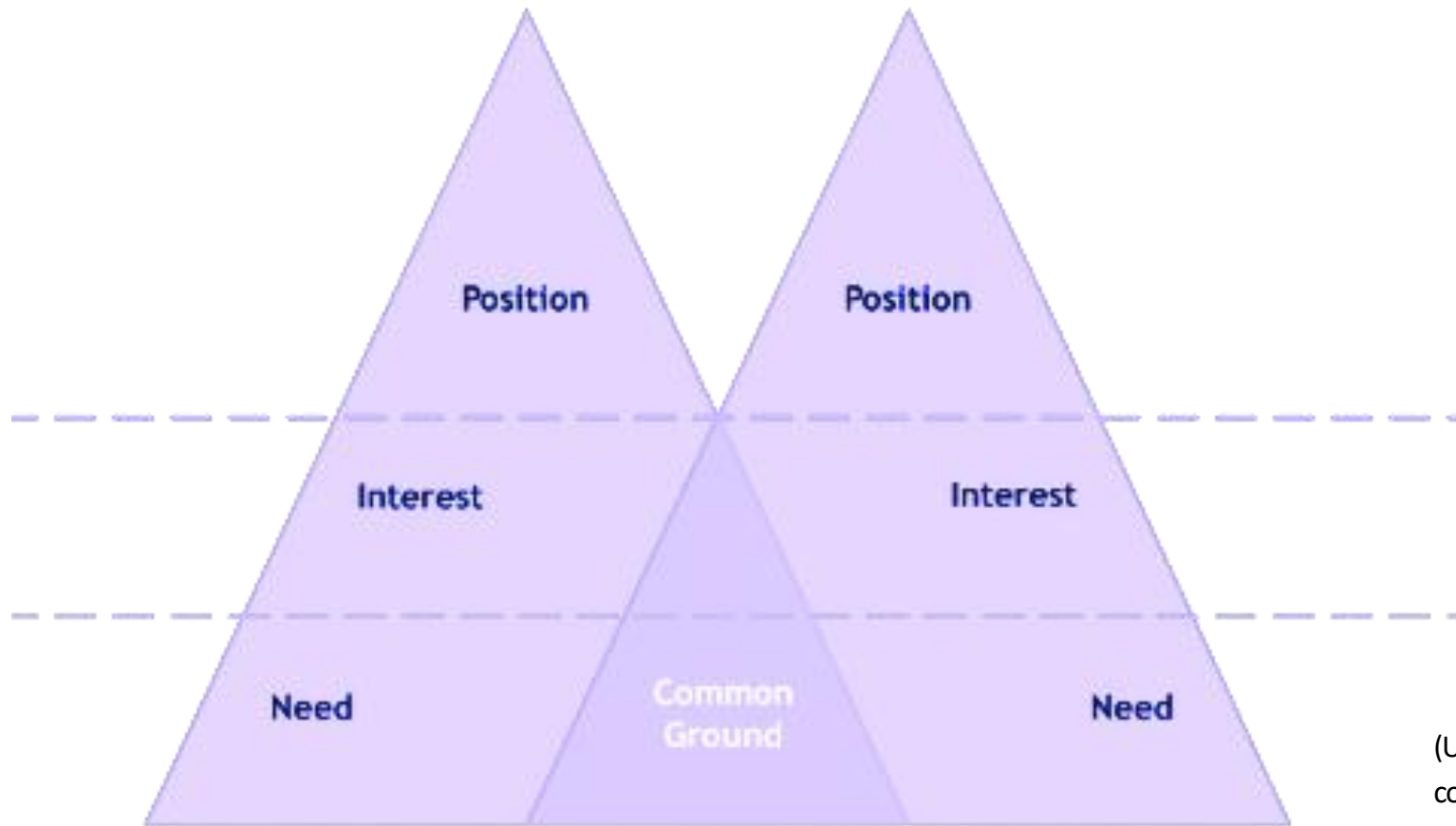


# The Impact of Sibling Sexual Behaviour - Abuse

Child/YP harmed	Child/YP responsible for harm	Parents/Carers
<ul style="list-style-type: none"> <li>• Feelings of betrayal</li> <li>• Confusion</li> <li>• Conflicted between love &amp; harm</li> <li>• Shame/self-blame</li> <li>• Family breakdown</li> <li>• Fear</li> </ul>	<ul style="list-style-type: none"> <li>• Shame</li> <li>• Fear</li> <li>• Feelings of responsibility of breaking down family</li> <li>• Embarrassment</li> <li>• Regret/guilt</li> <li>• Disgust</li> </ul>	<ul style="list-style-type: none"> <li>• Feelings of failure</li> <li>• Guilt</li> <li>• Confusion</li> <li>• Anger</li> <li>• Conflicted feelings</li> <li>• Shame</li> </ul>
Benefits of RJ:	Benefits of RJ:	Benefits of RJ:
<ul style="list-style-type: none"> <li>• A chance to be heard</li> <li>• An opportunity to set realistic and individualised goals/arrangements</li> <li>• A place to heal</li> <li>• The opportunity to support decision making</li> </ul>	<ul style="list-style-type: none"> <li>• A chance to be heard</li> <li>• The opportunity to support and address the harm caused</li> <li>• A supportive process opposed to punitive</li> <li>• A chance to receive support for HSB and receive a child-centered intervention</li> </ul>	<ul style="list-style-type: none"> <li>• A chance to be heard</li> <li>• The opportunity to support and address the harm caused</li> <li>• A facilitated process of support that gives whole families the space to be open, honest and support all children/YP</li> </ul>



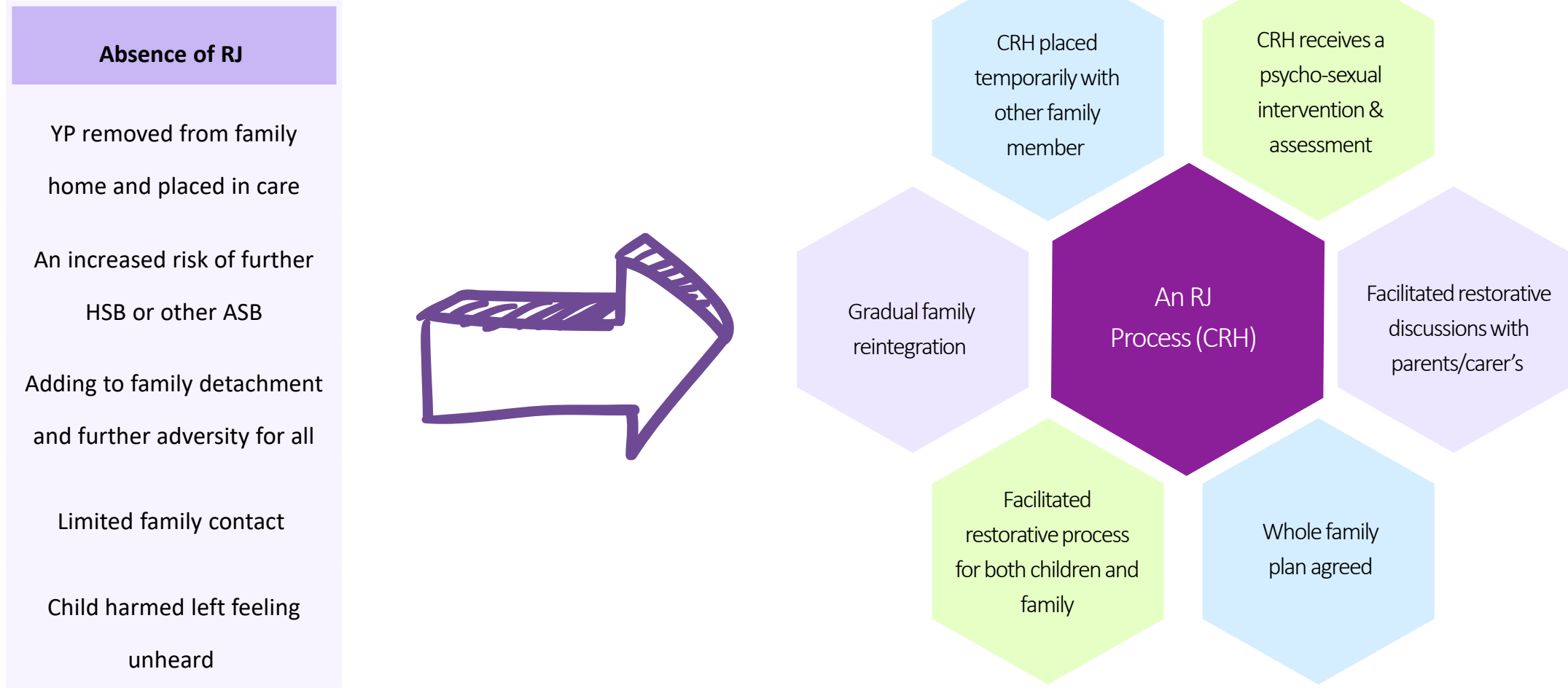
# Position, Interest & Need (PIN)



(Umbreit, 1995), Position, Interest and Need, PIN Model for conflict resolution



# Restorative Process for Child Responsible for Harm





# Factors to Consider in undertaking a Restorative Process with Sibling Sexual Behaviour & Abuse

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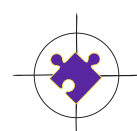
Age of criminal responsibility



The impact on future behaviour



Accountability



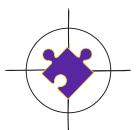
Parent/carer engagement



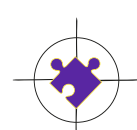
Live Police investigations



The presence of coercion and/or violence



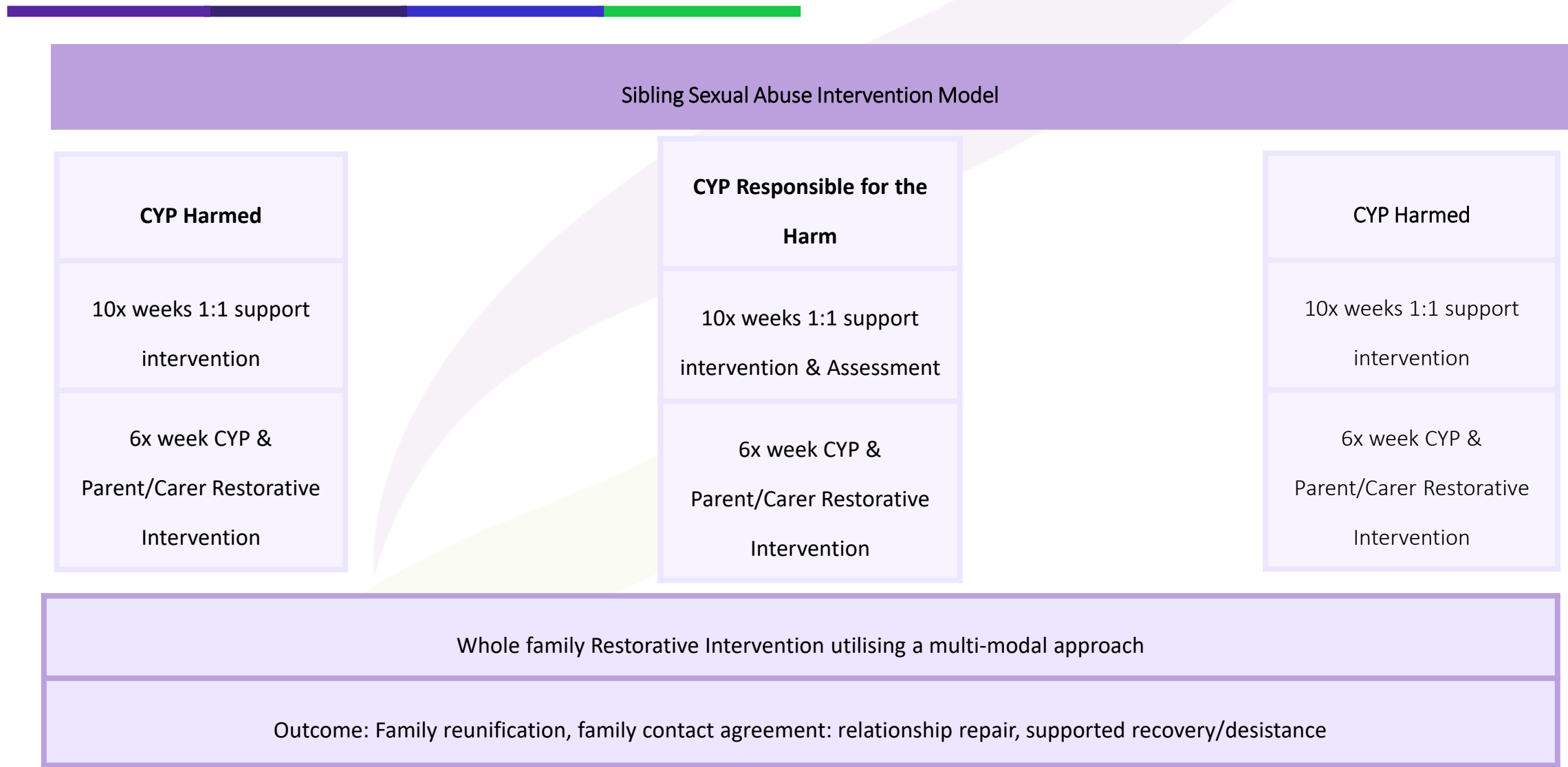
Age differences between children



The risk of not supporting a restorative process



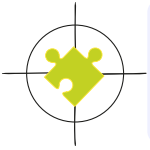
# Approach



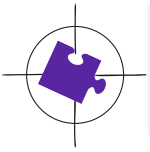


# Final Thoughts

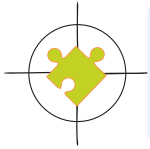
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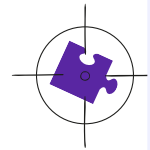
Multi-agency working



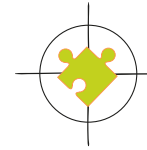
The use of language



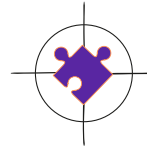
The importance of supporting a whole family approach



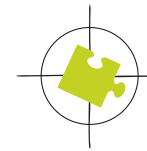
'The Sibling Sexual Abuse Mapping Tool' (King-Hill & Gilsenan, 2023)



Good practice and trauma informed



Being restorative



Centre of expertise on child sexual abuse –  
'Sibling sexual behaviour: A guide to responding  
to inappropriate, problematic and abusive  
behaviour' (Yates & Allardyce, 2023)



# SSB: Mapping Resource and Pilot



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Professional  
issues:  
sibling  
sexual  
abuse

Minimise

Catastrophise

Exaggerate



# Introduction to the Resource

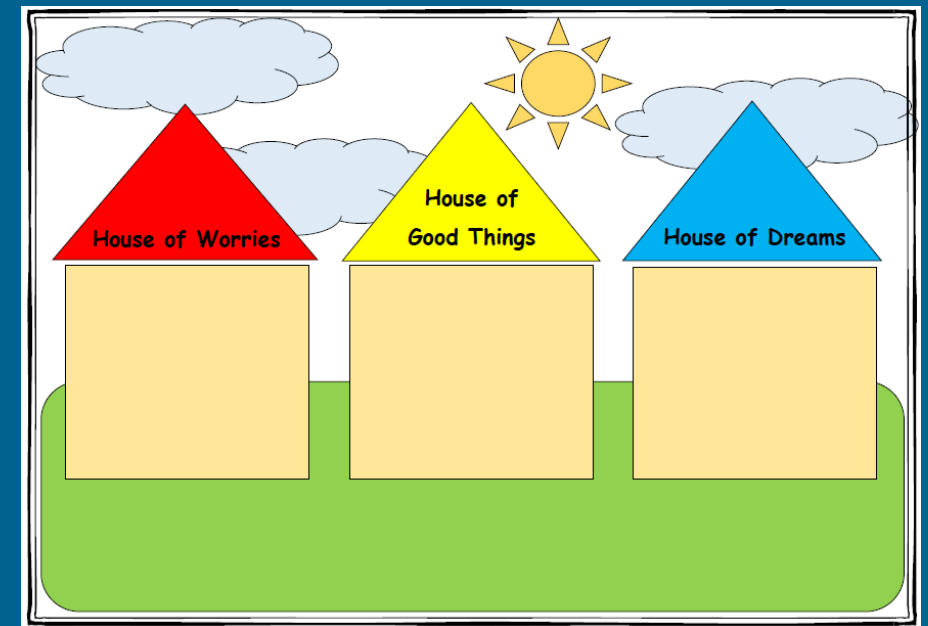
- Designed to support detailed information recording, holistic thinking and overall planning in cases involving SSA.
- Loosely based on the 'Signs of Safety' framework (sometimes known as the Three Houses).
- Divided into six different 'domains' in order to fully consider whole family context.

What are we worried about?	What's working well?	What needs to happen?

On a scale of 0-10 where ten means everyone knows the children are safe enough for the child protection authorities to close the case and zero means things are so bad for the children that they can't live at home, where do we rate this situation?  
Locate different people's judgements separately on the two-way arrow.

0 ← → 10

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## Who is it for?

- This is a tool to support practitioner thinking, it should NOT be used with children and families themselves.
- It is designed for frontline, children's services social workers and managers.
- It can be used individually to help thinking, with colleagues, or in supervision, to help illustrate thoughts and planning.



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# Resource Structure

- Example guidance given at start.
- Each domain contains suggested thinking prompts of things to consider. These are not exhaustive.

Sibling Sexual Behaviour

Family Dynamics and Parenting

Home circumstances and Housing

Education

Health and Development

Social Context

- Covers concerns, strengths, impact, support required and action points for each domain.
- Summary and outcomes section at the end.

REMINDER: This is a resource to support professional thinking and planning, it is not designed to be used with children and young people.

1. Sibling Sexual Behaviour <small>What happened? Who was involved? What are the Ages/Dynamic between those involved? Where did it happen? How was the behaviour discovered? Has it happened more than once? How many times has it happened? How long has it been happening? What is the nature of the behaviour (inappropriate, problematic, abusive? <a href="#">See guidance</a>)</small>				
Concerns	Strengths and Current Support	Impact	Support/Intervention Required	Action Points

Sibling Sexual Behaviour: Professional Mapping Resource  
Gilsenan and King-Hill (2022)



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# Using the resource

Theme	Concerns	Strengths and Current Support	Impact	Support/Intervention Required	Action Points
<b>GUIDANCE EXAMPLE</b>	<p><i>What concern was presented in the referral? Provide as much detail as possible from the information given.</i></p> <p><i>Be as specific as possible when describing what has occurred and the context in which they occurred.</i></p> <p><i>Reflect on your initial response and feelings about the information provided.</i></p>	<p><i>What is currently working well in this area? What other agencies are already involved (if any)?</i></p> <p><i>What supportive networks are available – to the YP and/or the family?</i></p>	<p><i>What has the impact of this concern been?</i></p> <p><i>If there is no current apparent impact, consider what the likely impact of this concern might be on the young person and their family members—physical or emotional?</i></p>	<p><i>What needs to change?</i></p> <p><i>How can this change be supported?</i></p> <p><i>Are you/your agency able to provide this internally?</i></p> <p><i>Who/What agency can provide this support in the local area?</i></p> <p><i>Consider scope for engagement with family, availability and access.</i></p>	<p><i>What needs to happen now to ensure support is actioned?</i></p> <p><i>Who needs to be contacted?</i></p> <p><i>What can you do now to ensure necessary interventions happen?</i></p>





# SSB/A mapping tool & links to prevention (McCartan & King-Hill, 2024)



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Domain	Mapping tool	Extended socio-ecological model
1	Sibling Sexual Behaviors	<ul style="list-style-type: none"> <li>- individual: child who has harmed,</li> <li>- individual: child at risk of being harmed.</li> <li>- interpersonal: sibling dynamics</li> </ul>
2	Family Dynamics and Parenting	<ul style="list-style-type: none"> <li>- interpersonal: sibling dynamics,</li> <li>- interpersonal: family dynamics.</li> <li>- community: the boarder family system</li> </ul>
3	Home circumstances and housing	<ul style="list-style-type: none"> <li>- interpersonal: sibling dynamics,</li> <li>- interpersonal: family dynamics.</li> <li>- community: the wider communities.</li> <li>- Societal</li> </ul>
4	Education	<ul style="list-style-type: none"> <li>- community: the wider communities.</li> <li>- Societal</li> </ul>
5	Health and development	<ul style="list-style-type: none"> <li>- Individual: child who has harmed,</li> <li>- individual: child at risk of being harmed.</li> </ul>
6	Social context	<ul style="list-style-type: none"> <li>- community: the wider communities.</li> <li>- Societal</li> </ul>



# Moving forward.....

- In respect to SSB/A
  - Research needs to catch up with practice
  - There needs to be a commonly understood and used definition, terminology, and approach.
  - There needs to be investment in understanding the different “service user” groups and what they need.
  - There needs to be a greater understanding of the role of prevention and response interventions.
  - We need to understand how the multidisciplinary and multi-agency landscape can come together to support all service users, service staff, and the broader community.



# Summary

- SSB/A is complex
- More research needs to be undertaken to fully understand its causes, how to better support victims/survivors and how to prevent it.
- SSB/A is caught up in the complexity of family dynamics and that this can make it challenging for victims/survivors to report the abuse.
- Greater public and professional understanding is needed and the difference from CSA
- Understanding is needed how to better engage, support and work with victims/survivors in a way that recognizes the additionally and multi-layered trauma that they are also experiencing.





*“He is my son, and I love him, but you have to do something or I don’t know what I am going to do because right now, I hate him”*

**The Voice of a Father**



# Background

During the night whilst everyone was in bed, Dean (father) heard Eva (6 yrs) crying in her bedroom, he walked in and found Michael (12yrs) digitally penetrating Eva whilst appearing to masturbate. Dean immediately reacted and removed Michael who at this time was visibly upset. He shut Michael's bedroom door and returned to comfort Eva. First thing in the morning

Dean contacted a third sector agency who supported children and families affected by child sexual abuse. Dean highlighted his anger but also expressed a feeling of being torn between the needs of both his children and a feeling of helplessness. He expressed a fear of contacting social services or Police as he did not want to criminalise his son but expressed a need of immediate support for his family, particularly his daughter, Eva. The practitioner supported dean in initiating a child protection process via statutory child protection services.

Dean (Father)

Susan (Step-mother)

Helen  
(Gran/Dean's mother)

Louise  
(Mother)

Steven  
(Mother's boyfriend)

Eva 6 years old (CH)

Michael 12 years old (CRH)



# Initial Risk Management



Physical and  
emotional medical  
attention for Eva

Liaise with Children  
& Families Social  
Work

Placing Michael in  
temporary kinship  
care with  
grandmother

Assessment of need  
for child harmed,  
child responsible for  
harm and the whole  
family

Chronological and  
psychosexual history  
assessment

Family foundational needs



# Who wears what hat?

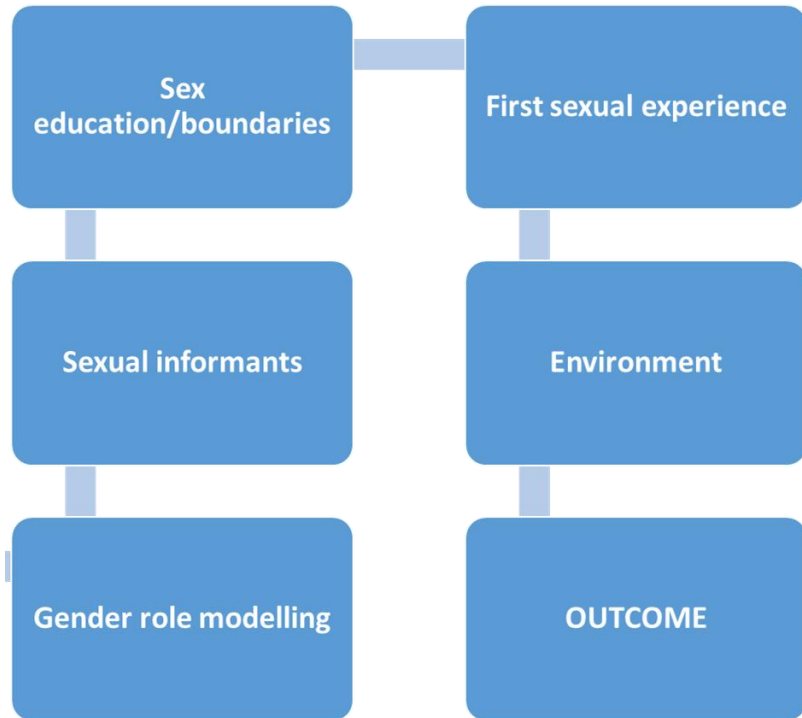
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# Michaels Support

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- Assessing Michaels psychosexual history and factors that may have contributed to his harmful sexual behaviour
- AIM3 Assessment exploring wider domains of need, vulnerability & risk
- Exploring shame & guilt
- Protective and strength-based factors
- Michaels Position and need based on his own views



# Eva's Support

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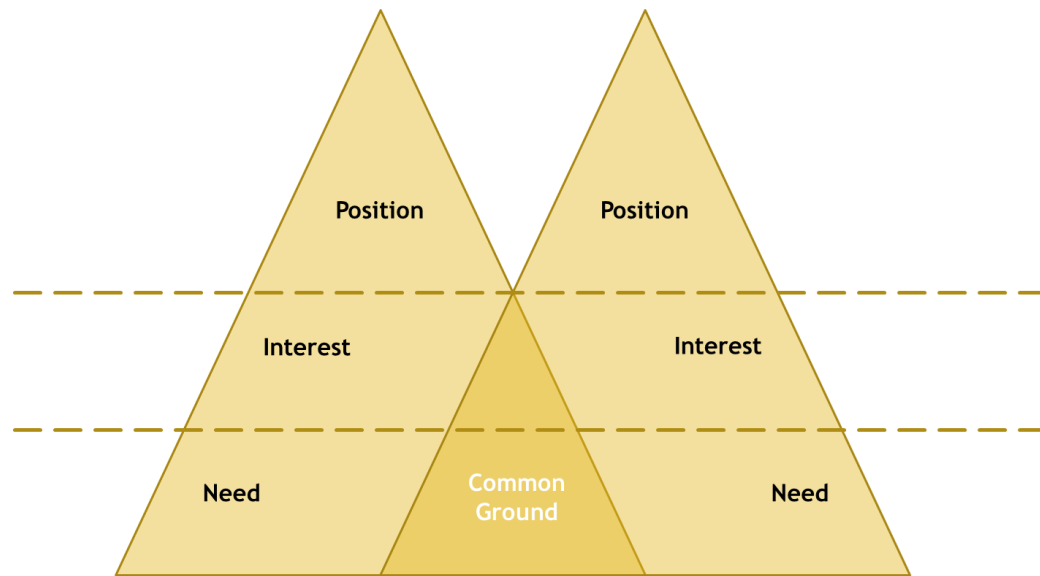
- Providing a safe and trauma informed environment for Eva to express her feelings and emotions around the abuse she experienced and wider factors of her life
- The role of art and play therapy
- Exploring resilience
- Attachment and relationships with individual family members
- Eva's voice and position alongside professional judgement & assessment





# Dean & Adults Support

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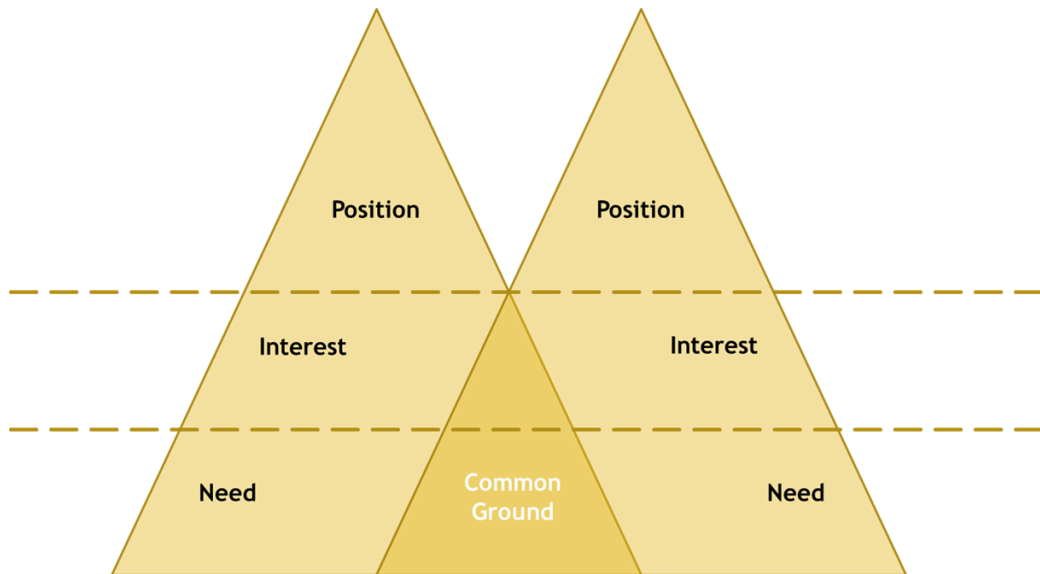


*(Umbriet, 1995), Position, Interest and Need, PIN  
Model for conflict resolution*

- A protected space to be heard
- Coming to terms with guilt and shame
- Navigating the divided emotions
- Social, cultural and gendered perspectives
- Capacity to protect



# Dean & Michael - Reunification



*(Umbriet, 1995), Position, Interest and Need, PIN  
Model for conflict resolution*

## What Dean needs from Michael:

- Why did you do this to Eva?
- How can I trust you again?
- I want you back home but how can I be sure you will never do this again?
- What do you need from me?

## What Michael needs from Dean:

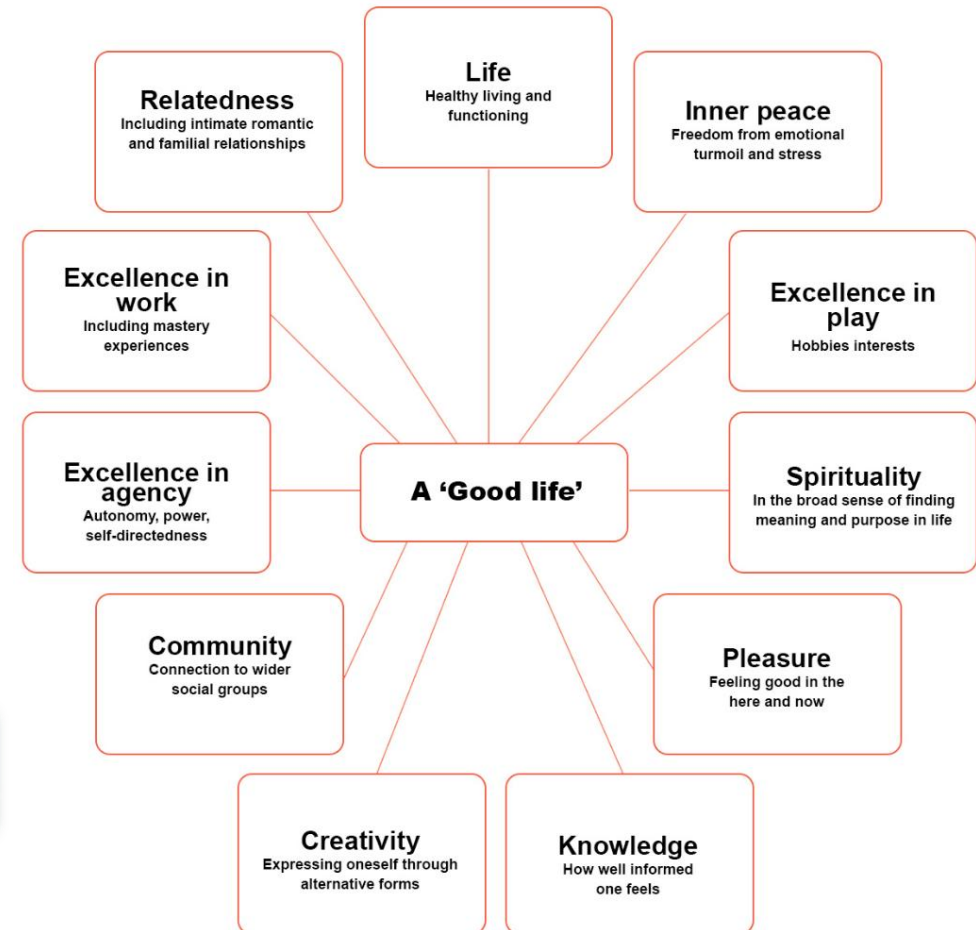
- Forgiveness
- An understanding this won't happen again
- Help with urges
- To be trusted and not feel like a criminal in the home
- "I want them to love me again"



# An intervention with Michael



SHANARRI, The Scottish Government



(Ward & Stewart, 2003)



# Family Safety Plan (Brady & McCarlie, 2014)

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Boundaries

Touch

Asking for help when  
struggling

Open dialog

Private spaces

Sleeping and bedrooms

Bathroom

Nudity/underwear

Doors

Technology use

Communication

Adult's behaviour



# Family Reintegration



## Pre-arranged short intervals of contact at family home with structured ground rules (1 visit per week for 4 weeks)

Gran supports Michael to attend family home with sibling for lunch

Immediately after lunch, gran and Michael leave and return to alternative accommodation

Eva has support session immediately after contact

Michael has support session immediately after contact

Parent & adults de-brief

## Increase of time spent in family home with additional activities (2 visits per week for 3 weeks)

Lunch visit is extended and includes activities such as games with sibling and adults in the family

TV time is added where the children agree on a TV program to watch in the living room under adult supervision

Gran then returns with Michael to alternative accommodation

## Overnight stays (increased by 1 night per week until Michael is fully integrated back in family home)

Gran drops Michael off at home with his father, sibling and stepmother

A structured plan of the evening is agreed with both children and parents

Ground rules are reminded to all family by father and Michael resides in his own bedroom

Gran collects Michael in morning after breakfast and returns to alternative accommodation

Both children and parents receive support session and de-brief



# Reflections

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- Parental and wider family engagement and support was key
- Professional anxiety
- The role of health professionals
- The impact of stigma
- The benefit of a child protection approach
- The varying roles of practice

