

Culturally Informed Work: Fostering Engagement and Resilience in Treatment

Presenter: Tyffani Monford, Psy.D. Recorded on: January 24, 2025

Length: 2.5 Hours

1 hour and 15 minutes

- Introduction and overview
- Our agreements and understanding
- Why this matters
- Culture and cultural frameworks
- How we do and don't acknowledge culture
- Truly individualized treatment as equity
- Intersectionality
- Terminology
- Punishment versus treatment

1 hour and 15 minutes

- Sexual themes that may intersect with culture in treatment
- Cultural betrayal trauma theory
- Current issues
- The impact of diversity on treatment
- Beliefs, relationships, and perceptions
- The problems that result from not attending to race and privilege
- Other privilege failures
- · How we frame lack of engagement
- Honoring intersectionality
- Assessment
- Family engagement
- Adapting empirically supported treatments
- Incorporating unique experiences

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