



Using the Good Lives Model with Adolescents and Young Men Who Have Harmed Others

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Recorded on: May 17, 2023

Length: 4 hours

1 hour and 30 minutes

- Introduction:
- Historical overview and implications for practice
- Principles of effective intervention
- Good Lives Model foundation and core principles

1 hour and 15 minutes

- “Going upstream” exercise
- Primary Human Goods/Good Life Goals and their implication in harmful behaviors
- Obstacles to a Good Life Plan

1 hour and 15 minutes

- Identifying strengths and Good Life Goals
- Assessment and case examples
- Role of trauma
- Implementation

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