

Best Practices in Treatment Planning for Adults Who Have Sexually Abused

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Length: 2.5 hours

1 hour and 15 minutes

- Introduction
- The nexus of risk assessment, protective factors, and treatment planning
- Case example
- Using four frameworks:
 - Therapeutic Alliance
 - Elements of Motivational Interviewing
 - Good Lives Model goals and obstacles
 - Feedback-Informed Treatment

1 hour and 15 minutes

- Andrews & Bonta's "Big 8" risk factors versus Good Lives Model treatment goals
- The role of adversity
- Chunking Logic
- Treatment planning in application
- Pulling the pieces together
 - The ambivalence of competence
 - Individualized or paint-by-numbers?
 - Ethical dilemmas
 - Where our focus should be
- Q&A and wrap-up