



## Evidence-Informed Treatment of Compulsive Sexual Behavior Disorder: A Strengths-Based Approach

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**Length:** 4 hours

- 1 hour and 30 minutes**
- Introduction and overview
  - What do we call it?
  - Controversy
  - Defining Compulsive Sexual Behavior Disorder (CSBD)
  - Manifestations
  - Conceptualizations
  - Compulsivity versus impulsivity
  - Sexual addiction
  - Dual Control Model
  - Motivation-Facilitation Model
  - Dimensions of CSBD
- 1 hour and 15 minutes**
- Assessment and diagnosis
  - Screening
  - Treatment
  - Considerations
  - Possible Path Model
  - Criminogenic issues
  - Overlapping features of CSBD and sex offending
  - Research findings
- 1 hour and 15 minutes**
- A therapeutic style that works with men who have committed sex offenses and have CSBD
  - Strategies for addressing CSBD
  - Strengths-based approach topics
  - Programming
  - Motivation for change
  - Safety planning
  - Coping strategies
  - Bartholomew's model of attachment
  - Treatment effectiveness research

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