

**Motivational Interviewing for Adolescents and Young Adults:**

*Style, Skills, and 4th Edition Insights for Addressing Sexual Offending Behaviors*

**Presenter:** David Prescott, LICSW, ATSA-F

**Recorded on:** October 9, 2024

**Length:** 2.5 hours

**1 hour and 30 minutes**

- Introduction: Objectives, introducing selves, overview
- Background information
- How historical treatments became ineffective
- The therapeutic alliance defined
- Characteristics of effective professionals
- The role of ambivalence
- Defining Motivational Interviewing
- Changes to the 4th Edition

**1 hour**

- The MI “spirit”
- Options menus
- Scaling questions
- The four MI processes
- The four MI micro-skills
- Case examples and discussion

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