

## How to Align Treatment Programs with Best Practices

**Presenter:** Robert J. McGrath, MA

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**Length:** 6 hours

### 1 hour and 30 minutes

- Introduction and overview
- Treatment effectiveness evidence
- Best practice resources and strategies
- Defining who it is for and how participants are selected
- Having an evidence base or a credible rationale

### 1 hour and 30 minutes

- Matching the intensity of services to the risk of reoffending
- Addressing factors relevant to reoffending and desistance
- Matching services to participants' unique characteristics
- Sequencing and space services logically

### 1 hour and 30 minutes

- Using effective methods with an emphasis on skill-building
- Selecting qualified staff and training and supporting them
- Ensuring collaboration among and within disciplines

### 1 hour and 30 minutes

- Providing continuity of care and community support
- Documenting services appropriately
- Providing a safe, secure, and therapeutic environment
- Ensuring that services are delivered as intended
- Conducting evaluations to ensure it has the desired effect
- Ensuring support for the program
- Summary, discussion, and questions

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*P.O. Box 340, Brandon, VT 05733*