

# The Fundamentals of Sex Offense-Specific Treatment

**Presenter**: Bud Ballinger, Ph.D. Recorded on: October 12, 2023

**Length:** 6 hours

### 1 hour and 30 minutes

- Evolution of Treatment
- Cognitive-Behavioral Interventions
- Thinking Distortions
- Principles of Risk, Need, and Responsivity (RNR)
- Static Risk Assessment
- Dynamic Risk Assessment

#### 1 hour and 30 minutes

- Applying RNR
- Treatment Planning
- Treatment Intensity
- Consideration and Treatment of Deniers
- Therapist Factors
- Group Therapy Skills
- Group Processes

#### 1 hour and 30 minutes

- Sex Offense Specific Treatment
- Dialectical Behavior Therapy
- Cognitive Reprocessing Therapy
- Case Examples

## 1 hour and 30 minutes

- Sex positivity
- Managing sexual impulses and arousal

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