

Wounded Healers: Trauma Impact and Self-Care

Presenter: Jill S. Levenson, Ph.D., LCSW

Recorded on: September 22, 2021

Length: 2 hours

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| 10 minutes | <ul style="list-style-type: none">• Introduction and overview |
| 20 minutes | <ul style="list-style-type: none">• Wounded healers: How might trauma impact a staff member's work with clients?• How might it affect their relationship to their supervision and the supervision process? |
| 15 minutes | <ul style="list-style-type: none">• Creating a trauma-informed work environment: Taking care of our own!• Introduction to parallel processes |
| 30 minutes | <ul style="list-style-type: none">• Working with diversity• Occupational Hazards |
| 15 minutes | <ul style="list-style-type: none">• Working with diversity• Occupational Hazards |
| 15 minutes | <ul style="list-style-type: none">• Vicarious trauma, compassion fatigue, and moral injury |
| 30 minutes | <ul style="list-style-type: none">• Developing and implementing a self-care plan |

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