

## Effective Use of Motivational Interviewing to Engage and Help People with Intimate Partner Violence

**Presenter:** Stephen R. Andrew LCSW, LADC, CCS, CGP

**Recorded on:** March 8, 2022

**Length:** 4 hours

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|--------------------------|---|
| <b>15 minutes</b>        | <ul style="list-style-type: none"><li>• Definition and Spirit of Motivational Interviewing and intimate partner violence</li><li>• Listening – Presence, Interest, and Curiosity</li></ul>                              |
| <b>30 minutes</b>        | <ul style="list-style-type: none"><li>• Exercise: Hopes and Dreams Conversation</li><li>• Conversation skills practice</li></ul>  |
| <b>15 minutes</b>        | <ul style="list-style-type: none"><li>• Exercise de-brief</li></ul>   |
| <b>30 minutes</b>        | <ul style="list-style-type: none"><li>• What we say – What Motivates People?</li><li>• Motivators – characteristics/values – The spirit of Motivational Interviewing</li></ul>  |
| <b>45 minutes</b>        | <ul style="list-style-type: none"><li>• Exercise: Learning complex empathic listening skills</li><li>• Debrief</li></ul>  |
| <b>30 minutes</b>        | <ul style="list-style-type: none"><li>• The four processes of Motivational Interviewing</li><li>• Two-Way Conversations breakouts</li></ul>   |
| <b>1 hour 15 minutes</b> | <ul style="list-style-type: none"><li>• Four key skills of Motivational Interviewing</li><li>• Key Learning... What some take away from today...</li><li>• What's Next? How will you keep the practice going?</li></ul> |

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