

## **Clients' Personal Histories – Collecting Helpful Information**

**Presenter:** Steven Sawyer, MSSW, LICSW, MN Social Work

**Recorded on:** December 10, 2021

**Length:** 2 hours

- 15 minutes** • Introduction and why taking history is essential
- 30 minutes** • Principles of self-disclosure and history-taking
- 30 minutes** • Use of a workbook in client self-disclosure in comprehensive assessments
- 30 minutes** • Use of a workbook self-disclosure as pre-treatment and treatment exercises for building amenability
- 15 minutes** • Q&A and wrap-up

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