

Unmasking Microaggressions in Clinical Settings

Presenter: Ryan Warner

Recorded on: February 23, 2023

Length: 3 hours

1 hour

Part 1: Listen and Learn

- What is unconscious bias and how does it impact our interactions with clients in psychotherapy/clinical supervision?
 - Define conscious bias
 - Provide statistics that support the impact of unconscious bias on therapy outcomes and workplace performance.
 - Review the Crawford Bias Reduction Training/Theory Framework
- What are microaggressions?
 - Discuss the cultural iceberg model
 - Provide examples of microaggressions in a clinical setting

30 minutes

Part 2: Action and Response

- What are ways in which we engage in conversations around microaggressions and culture in the workplace?
- Describe various ways people engage/disengage around conversations related to culture and diversity

30 minutes

Part 2: Action and Response (Continued)

- What are ways in which we engage in conversations around microaggressions and culture in the workplace?
 - Describe various ways people engage/disengage around conversations related to culture and diversity

1 hour

Part 3: Enhance Workplace Culture

- How do we boost organizational practices to create a more inclusive culture?
 - List strategies for addressing our mistakes
 - List techniques to confront/mitigate bias, stereotypes, and microaggressions in a clinical setting

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