

## Addressing Sexual Abuse Within the Sibling Relationship

**Presenter:** Linda Valenta, MSW

**Recorded on:** March 14, 2023

**Length:** 4 hours

- 1 hour and 30 minutes**
- Introductions and program learning goals
  - Providing a context for an alternative framework (research support)
  - History of sibling intervention and an alternative framework/principles
    - Group exercise – Why would we not want to bring children together (identifying attitudes/beliefs/bias that might stop us from wanting to bring children together in therapy.
  - Planning the first session - considerations when assessing readiness of sibling victim, parents/carers and the sibling who has engaged in the harmful sexual behaviour
  - Planning the first session – other issues to consider.
    - Group exercise – identifying other process and content issues we need to think about before bringing children together.
- 1 hour and 15 minutes**
- Introduction to the stages of sibling joint therapy
  - Facilitating Initial acknowledgements (stage 1) – structure and client examples
  - Identifying questions that children and parents have about sexual harm (stage 2)
    - Group exercise and client examples.
  - Exploring family and sibling relationship dynamics (stage 3)
    - Group exercise - Safe/unsafe house exercise – using client examples

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P.O. Box 340, Brandon, VT 05733

**1 hour and 15 minutes**

- Safety planning – introduction to a framework for safety plans (professional, victim and children who has engaged in the harmful sexual behaviour)
- How to talk with families about safety and wellbeing (family safety plans)
  - Individual exercise – Participants to revisit their answers to the earlier question about why would we not want to bring children together
- Questions