

Using the Stages of Accomplishment Workbooks to Enhance Effective Practice

Presenter: Phil Rich, Ed.D., LICSW

Recorded on: November 3, 2022

Length: 4 hours

- 1 hour and 30 minutes** Introduction to Workbooks/Stages Workbooks
- Overview of workbooks and their use, including strengths and weaknesses of workbooks
 - Guidelines for workbook in general
 - Overview of Stages workbook
 - Standardized and individualized use of Stages workbooks
 - The importance of fully understanding the workbooks
 - Overview of clinician's guide
- 1 hour and 15 minutes** Use of the Stages Workbooks
- Overview of each workbook
 - Stages content/materials: Thinking points, glossary, chapter reviews, Stage tests
 - Detailed review of Stages workbooks, by book and exercise
 - Working with clients in using Stages workbooks: group and individually
- 1 hour and 15 minutes**
- Cognitive Behavioral Constructs
 - Review of cognitive-behavioral concepts and constructs: thinking errors, dysfunctional behavioral cycle, Seemingly Unimportant Decisions, etc.
 - Alternatives to CBT constructs, designed for cognitively lower-functioning young people
 - Wrap up
 - Questions and discussion

Sponsored by Safer Society Foundation, Inc.

P.O. Box 340, Brandon, VT 05733