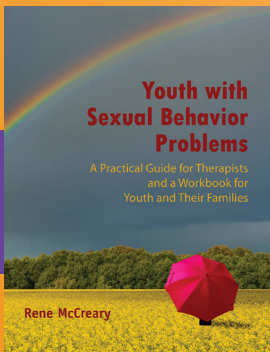


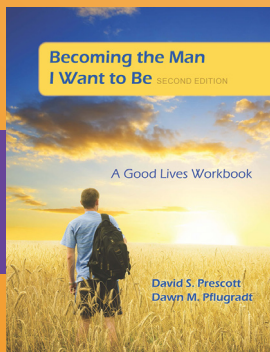
2024 Catalog

Books and training for the prevention and treatment of personal and social violence

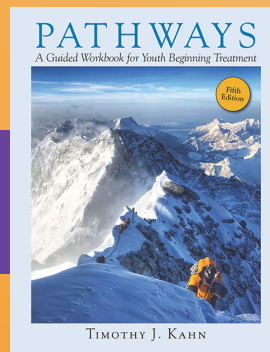
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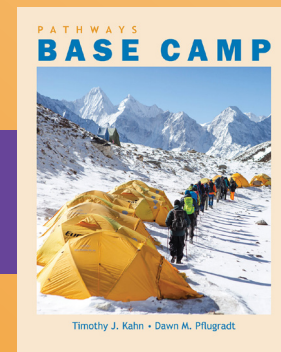
Youth with Sexual Behavior Problems
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Becoming the Man I Want to Be,
2nd Edition
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Pathways,
5th Edition
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Pathways:
Base Camp
See page 11

NEW BOOKS

Earn CE's through our Continuing Education Center

See page 22 for more information about how you can earn CE's through our online training events. And for information about our Safer Talk free webinar series.



Shipping Policy - **FREE Shipping** on orders of \$100 or more within the U.S.

Orders shipping within the United States - Standard domestic shipping is free on all orders of \$100 or more. Shipping is via UPS Ground Service within the continental United States, media mail to Hawaii and Alaska. Pricing for rush deliveries is on a case by case basis. Call to place your rush order. (This policy does not apply to resellers. Please contact us for shipping fees for reseller orders.) Currency is in U.S. dollars.

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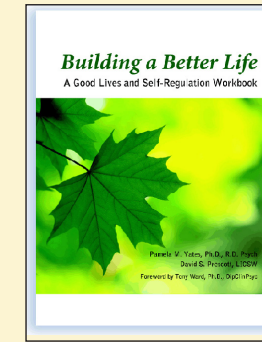
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- \$10.01 to \$49.99 = \$9.80
- \$50 to \$99.99 = \$16.50
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- \$400 - 599.99 = \$287.00
- More than \$600, call or e-mail



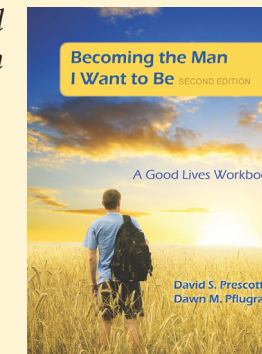
Building a Better Life *A Good Lives and Self-Regulation Workbook*

by Pamela M. Yates & David S. Prescott

A comprehensive good lives and self regulation model workbook for sexual abuser treatment developed by two of the leading experts on these models.

424 pages, paper | \$33 | Order#: WP152

New, expanded second edition



Becoming the Man I Want to Be, second edition *A Good Lives Workbook*

by David S. Prescott & Dawn M. Pflugrad

In the years since the first edition, we have learned a lot about how clients and clinicians alike use workbooks to make better lives happen. Based on these new insights, we include a specific focus on disclosure of past behaviors and identification of risk factors. We incorporate some aspects of treatment that were less developed in prior years, including understanding the value of counseling, the role of clients' early adversity, and the importance of self-care.

192 pages, paper | \$33 | Order#: WP249

Counselor's Edition: *Becoming the Man I Want to Be*
PDF | \$10 | Order#: WP203D

The Good Lives Model for women

A counselor's edition is in the works



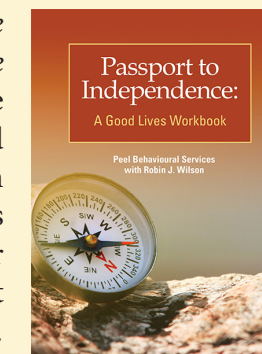
Becoming the Woman I Want to Be *A Good Lives Workbook*

by David S. Prescott, Dawn Pflugrad & Bradley Allen

Built on the framework originated by David Prescott in *Becoming the Man I Want to Be*, this workbook has been adapted by Dawn Pflugrad and Bradley Allen, two leading experts in the treatment of adult women. They've given *Becoming the Woman I Want to Be* language and scenarios that speak directly to women, while retaining the straightforward approach originated by Prescott.

English: 129 pages, paper | \$29 | Order#: WP233

For more on the good lives model, see Applying the Good Lives and Self-Regulation Models to Sex Offender Treatment on page 6.



Passport to Independence *A Good Lives Workbook*

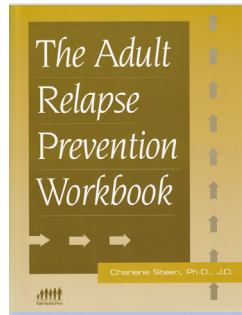
by Peel Behavioural Services with Robin J. Wilson

A collection of exercises that treatment providers and clients can use to make concepts such as "community" and "being good at work and play" clearer and easier to incorporate into clients' lives moving forward.

292 pages, paper | \$32 | Order#: WP193

Adult Workbooks & Treatment Resources

A classic relapse prevention approach



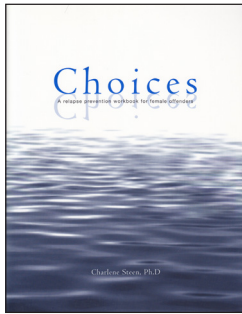
The Adult Relapse Prevention Workbook

by Charlene Steen

In her straightforward, direct style, Charlene Steen teaches adult sexual abusers in treatment the skills to live an abuse-free life: changing emotions, consequences, urge control, effects on victims, empathy, communication, sex, love and friendship, placed in the context of learning to develop and use a Relapse Prevention Plan.

245 pages, paper | \$31 | Order#: WP085

Relapse prevention workbook for women



Choices

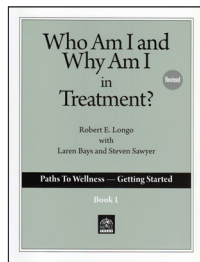
A Relapse Prevention Workbook for Female Offenders

by Charlene Steen

Choices is based on the cognitive-behavioral format Dr. Steen applies in *The Adult Relapse Prevention Workbook*, with extensive adaptation and additional material for the female audience.

330 pages, paper | \$34 | Order#: WP117

Workbooks from Longo, Bays & Sawyer

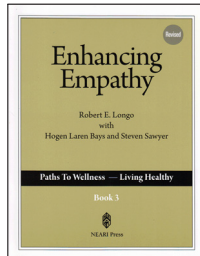


Who Am I & Why Am I in Treatment?

by Robert E. Longo with Laren Bays and Steven Sawyer

This classic workbook for sexual abusers introduces clients to assessment and treatment, helping them understand why they sexually abuse, why they deny it, and what to expect in treatment. Each chapter includes homework and exercises.

NEARI | 85 pages, paper | \$21 | Order#: WP180

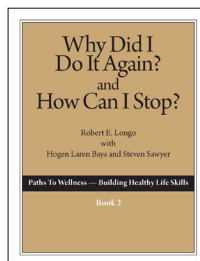


Enhancing Empathy

by Robert E. Longo with Laren Bays and Steven Sawyer

Helps clients develop empathy for others. The workbook clarifies in simple, concrete terms the difference between self-pity and empathy, details the effects of sexual abuse on victims, describes steps toward building empathy, warns about the four poisons that prevent empathy, describes in detail compassionate actions, and points the way toward a balanced life. Each chapter includes homework and exercises.

NEARI | 77 pages, paper | \$18 | Order# WP181



Why Did I Do It Again & How Can I Stop?

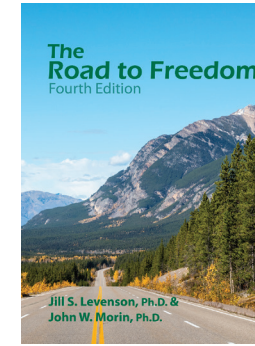
by Robert E. Longo with Laren Bays and Steven Sawyer

This volume expands on the standard relapse prevention workbook, teaching clients about cycles of abuse, the sexual abuse cycle, thoughts, feelings and behaviors that make up cycles, values clarification, relapse prevention, and basic interventions for cognitive distortions, mismanaged emotions, behavioral problems and more. Each chapter includes homework and exercises

NEARI | 77 pages, paper | \$26 | Order# WP182

Adult Workbooks & Treatment Resources

This popular workbook is now in its fourth edition.



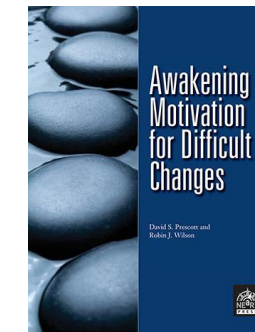
The Road to Freedom, 4th Edition

by Jill S. Levenson & John W. Morin

This new edition has been expanded and incorporates contemporary theories, models, and evidence-informed best practices for prevention of sexual re-offending. The language is more strengths-based, client-centered, person-first, and trauma-informed. Example scenarios illustrate concepts through examples based on real-life cases.

380 pages, paper | \$33 | Order#: WP225

How can clinicians and other professionals motivate adult clients who have been mandated into treatment?



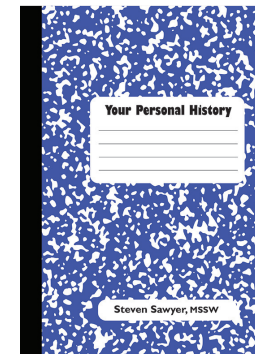
Awakening Motivation for Difficult Changes

by David S. Prescott and Robin Wilson

Prescott and Wilson deal directly with motivation, setting the stage for the preparatory stages of change. Once a client moves into treatment, this workbook provides the concrete steps for a client to examine and address their barriers to effective treatment and ultimately, positive change.

90 pages, paper | \$20 | Order#: WP190

New from the co-author of Group Therapy with Sexual Abusers.



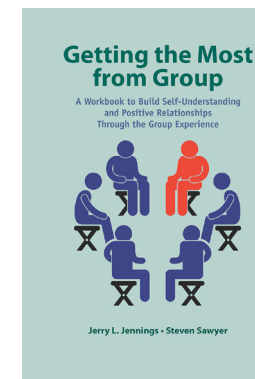
Your Personal History

by Steven Sawyer, MSSW

Steven Sawyer has written this supplemental workbook to gather biographical information from your clients to help achieve successful treatment. The exercises ask your client to examine his personal history, relationships, family, school and work history, significant events in his life, and his sexuality and sexual behaviors.

76 pages, paper | \$18 | Order#: WP228

A motivational client workbook that supports group-centered treatment for adolescent and adult males,



Getting the Most from Group

A Workbook to Build Self-Understanding and Positive Relationships Through the Group Experience

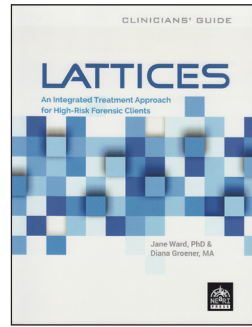
by Jerry L. Jennings & Steven Sawyer

This workbook complements overall treatment by preparing clients to enter group therapy with hope and even optimism rather than apprehension. It fits any therapeutic framework, including cognitive behavioral, psychodynamic, good lives and interpersonal. Written for adolescent and adult males alike, and can be used in outpatient, residential, inpatient, correctional, and forensic settings and for multiple types of group-based treatment programs, including treatment for substance abuse, domestic violence, sexual abuse, mental health, and anger management.

64 pages, paperback | \$12 | Order#: WP231

Clinician's Guide,
downloadable PDF

Client workbook



Incorporating Risk-Need-Responsivity (RNR) principles, the LATTICES™ program gives experienced treatment providers a fresh approach to success. LATTICES™ offers an innovative and research-based treatment program for high-risk clients who have a history of sex offense, intimate partner violence, or other exploitative crimes.

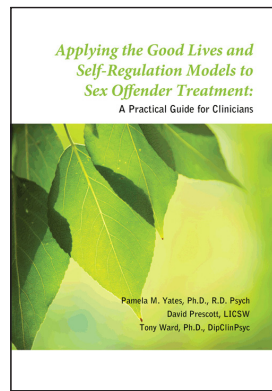
LATTICES Clinicians' Guide
An Integrated Treatment Approach for High-Risk Forensic Clients

By Jane Ward, PhD & Diana Groener, MA
108 pages, PDF | \$10 | Order#: WP207D

LATTICES Client Workbook
By Jane Ward, PhD & Diana Groener, MA
59 pages, PDF | \$20 | Order#: WP206

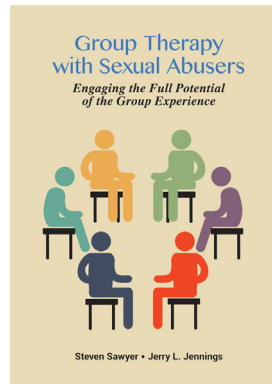
Professional Guides & Treatment Resources for Working with Adults

The good lives guide
for clinicians



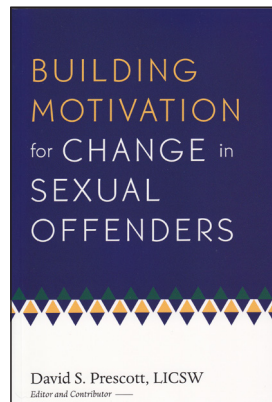
Applying the Good Lives and Self-Regulation Models to Sex Offender Treatment
A Practical Guide for Clinicians

by Pamela M. Yates, David Prescott & Tony Ward
A comprehensive guide to integrating the Good Lives and Self-Regulation models into a sex offender treatment program. The authors present the two models as a combined program to build a lifestyle incompatible with offending and effectively managing risk. This is a thorough, step-by-step guide.
320 pages, paper | \$40 | Order# WP145



Group Therapy with Sexual Abusers
Engaging the Full Potential of the Group Experience

by Steven P. Sawyer & Jerry L. Jennings
The first book dedicated specifically to group therapy with adult sexual abusers. Sound, practical guidelines for facilitating groups in the powerful mode of "group-centered" group therapy.
208 pages, paper | \$42 | Order#: WP174

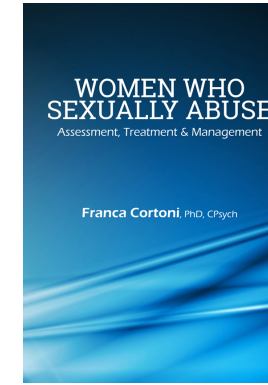


Building Motivation for Change in Sexual Offenders

edited by David S. Prescott
This book includes both theoretical and concrete approaches to creating a client/therapist environment that promotes the client's willingness to change.
256 pages, paper | \$42 | Order#: WP138

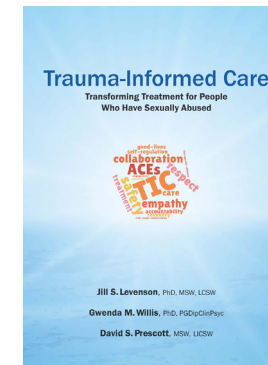
Professional Guides & Treatment Resources for Working with Adults

From the world's
leading expert on
women who sexually
abuse



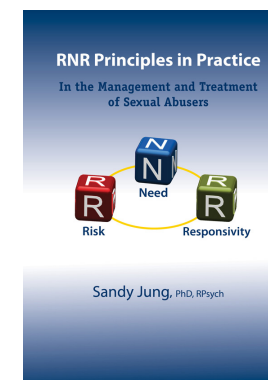
Women Who Sexually Offend
Assessment, Treatment & Management

by Franca Cortoni, PhD, CPsych
It is now well-established that a gender-informed approach is required to fully understand the processes and factors that are specific to sexual offending by women. Dr. Cortoni reviews what we currently know about women who engage in sexually abusive behavior and recommends best practices for the assessment, treatment and management of female sexual offenders.
179 pages, paper | \$42 | Order# WP192



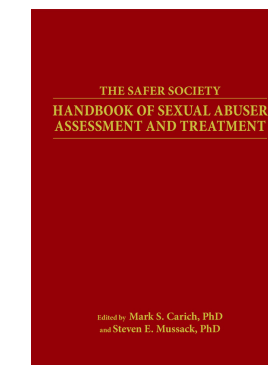
Trauma-Informed Care
Transforming Treatment for People Who Have Sexually Abused

by Jill S. Levenson, Gwenda M. Willis & David S. Prescott
Transform interventions from primarily content-driven psychoeducation to a more collaborative and dynamic, process-oriented approach that uses the therapeutic encounter as a corrective emotional experience. Numerous case studies and examples help to illustrate and crystalize the concepts presented.
307 pages, paper | \$42 | Order# WP178



RNR Principles in Practice
In the Management and Treatment of Sexual Abusers

by Sandy Jung
Dr. Jung summarizes the history of RNR and the science behind it; translates the principles into practice with sexual offenders; describes what that implementation looks like; and examines the potential challenges of implementation. View the table of contents and introduction at the website.
184 pages, paper | \$32 | Order# WP177

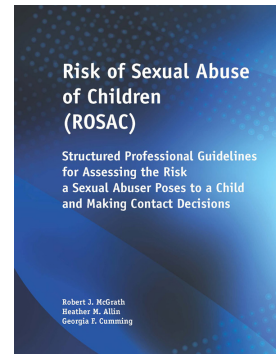


The Safer Society Handbook of Sexual Abuser Assessment and Treatment

edited by Mark S. Carich & Steven E. Mussack
The volume provides clinicians with empirically and clinically supported methods for assessing the treatment needs of sexual offenders and providing them with effective treatment. The chapter authors chosen to write about their areas of specialization are respected authorities in the field, With 16 information-filled chapters and two practical appendices, the handbook is a must-have reference for any professional working with adult sex offenders.
456 pages, paper | \$45 | Order#: WP162

Professional Guides & Treatment Resources for Working with Adults

For child protection services professionals, probation and parole officers, mental health professionals, victim advocates



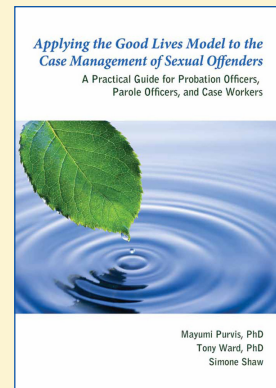
Risk of Sexual Abuse of Children (ROSAC) *Structured Professional Guidelines for Assessing the Risk a Sexual Abuser Poses to a Child and Making Contact Decisions*

by Robert J. McGrath, Heather M. Allin & Georgia F. Cumming

A professional guide for those tasked with assessing the risk a sexual abuser poses to a particular child and under what circumstances, if any, the abuser might safely be allowed contact with the child.

75 pages, spiral bound | \$34 | Order#: WP170

For Case Managers



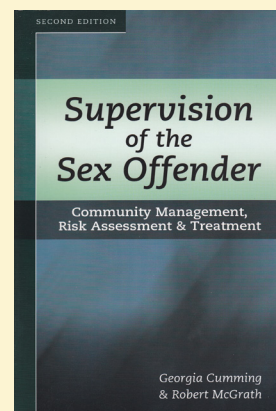
Applying the GLM to the Case Management of Sexual Offenders

A Practical Guide for Probation Officers, Parole Officers, and Case Workers

by Mayumi Purvis, Tony Ward & Simone Shaw

The authors were part of the team that implemented a specialist case management model for sexual offenders at Corrections Victoria in Australia. The book is based upon that foundation of practical experience. The authors explain the core theories, principles and practices they believe should drive the case management of sexual offenders.

320 pages, paper | \$38 | Order#: WP159



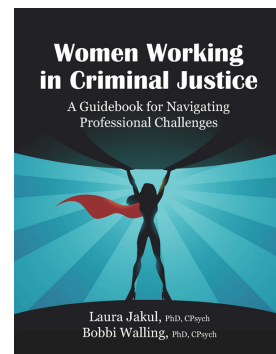
Supervision of the Sex Offender *Community Management, Risk Assessment, and Treatment*

by Georgia F. Cumming & Robert J. McGrath

The second edition of Supervision of the Sex Offender offers a wealth of practical advice and best-practice strategies for supervising sex offenders. The authors have drawn upon their combined 50 years of experience in this field to create a guide that is comprehensive, yet easy to use.

218 pages, paper | \$35 | Order#: WP106

Also a valuable management tool for men who supervise women in the field



Women Working in Criminal Justice *A Guidebook for Navigating Professional Challenges*

by Laura Jakul, PhD, CPsych & Bobbi Walling, PhD, CPsych

Drs. Jakul and Walling have written this book to help female professionals find their way through the sometimes thorny gender-related difficulties presented by the field of criminal justice. Its hybrid approach—part professional handbook, part workbook—informs and prompts self reflection to help women process and explore their own experiences in what remains a largely male-oriented culture.

152 pages, paper | \$40 | Order# WP179

Resources for Working with Adults with Intellectual Challenges

A workbook for intellectually disabled adults and older adolescents

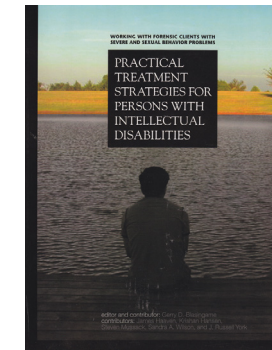


Footprints, 2nd Ed. *Steps to a Healthy Life*

by Krishan G. Hansen & Timothy J. Kahn

For developmentally disabled adults and adolescents with sexual behavior problems, clients with learning disabilities, attention deficits, and less than average cognitive abilities. The second edition reflects evolving theories of treatment and emerging practices.

286 pages, paper | \$34 | Order#: WP156

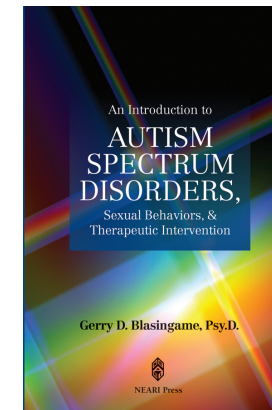


Practical Treatment Strategies for Persons with Intellectual Disabilities

edited by Gerry D. Blasingame

The book delivers solutions to the unique challenges and adjustments needed to effectively engage and intervene with ID/DD clients who have severe behavioral problems, including management of sexual behavior, aggression, and anger, as well as victim treatment and treating mental illness.

176 pages, paper | \$48 | Order#: WP123



An Introduction to Autism Spectrum Disorders, Sexual Behaviors, and Therapeutic Intervention

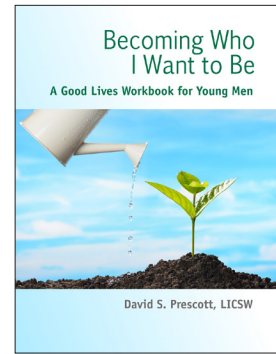
by Gerry D. Blasingame

Provides essential information about the Autism Spectrum Disorders, how to adjust the assessment process to accommodate this disorder, and practical approaches to understanding unique family dynamics, and healthy and problematic sexual behaviors.

148 pages, paper | \$27 | Order# WP150

Workbooks & Treatment Resources for Youths with Problem Behaviors

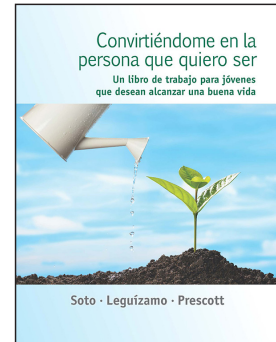
Full-color workbooks based on the *Good Lives Model*



Becoming Who I Want to Be

These workbooks, written utilizing the Good Lives Model (GLM) of rehabilitation, are intended for use with young people (early adolescence into early adulthood) with problem behaviors in a wide range of areas. They can be used in both group and individual counseling modalities.

With significant input from professionals who work with troubled youths, the authors and publisher have designed these workbooks to be fun and engaging for young clients whose adverse childhood experiences and problem behaviors have caused them to fall behind grade level in their reading skills and attention span.



Becoming Who I Want to Be: A Good Lives Workbook for Young Men

by David S. Prescott, LICSW

Order#: WP194 | \$29 | paper, 130 pages

Also in Spanish: Convirtiéndome en la persona que quiero ser

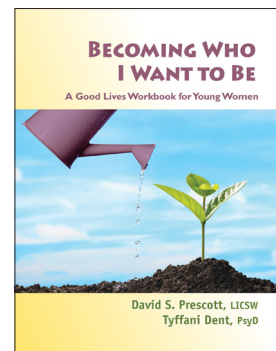
by Maiteé Soto, PsyD, Alejandro Leguizamo, PhD & David S. Prescott, LICSW

Order#: WP224 | \$29 | paper, 130 pages

Becoming Who I Want to Be: A Good Lives Workbook for Young Women

by Davids S. Prescott, LICSW & Tyffani Dent, PsyD

Order#: WP196 | \$29 | paper, 130 pages



Counselor's Edition: Becoming Who I Want to Be: A Good Lives Workbook for Young Men

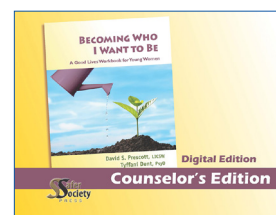
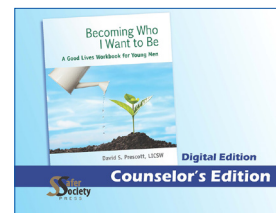
by David S. Prescott, LICSW

PDF, 130 pages | \$10 | Order#: WP195D

Counselor's Edition: Becoming Who I Want to Be: A Good Lives Workbook for Young Women

by Davids S. Prescott, LICSW & Tyffani Dent, PsyD

PDF, 130 pages | \$10 | Order#: WP197D



Counselor's guides available as digital downloads

Timothy Kahn's Workbooks for Youths with Problem Behaviors

The *fifth edition* of a cornerstone of treatment for three decades



Pathways, 5th Edition A Guided Workbook for Youth Beginning Treatment

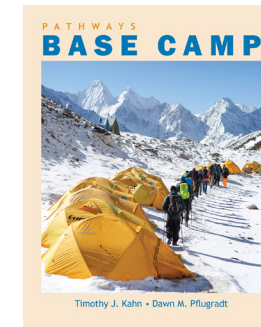
by Timothy J. Kahn

The new fifth edition has been revised from cover to cover to make the workbook even more relevant for youths with problematic sexual behaviors, including those who have engaged in non-consensual sexual contact with peers as well as youths who have been viewing child sexual abuse materials (CSAM). *Pathways, Fifth Edition*, provides updated technology references while maintaining the familiar chapter organization. There is less focus on arousal conditioning methods and increased focus on building resilience and positive life experiences.

The Healthy Living Project (HLP) and its emphasis on building client honesty, responsibility, sensitivity, and integrity, is now a prominent feature of every chapter.

376 pages, paper | \$33.00 | Order#: WP246

New! Pathways simplified for younger clients, ages 11 to 14



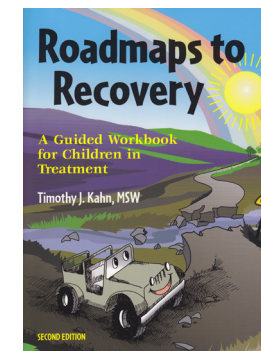
Pathways: Base Camp A Guided Workbook for Children in Treatment

by Timothy J. Kahn & Dawn M. Pflugradt

Tim Kahn and co-author Dawn Pflugradt have developed this easier version of the best-selling *Pathways, 5th Edition* to meet the needs of younger clients for whom *Roadmaps to Recovery* is too simple, and *Pathways, 5th Edition* is too difficult. *Base Camp*, covers the same therapeutic territory as *Pathways, 5th Edition*, but is written at a lower reading level and avoids some of the more mature topics. In addition, common words that might trip up some readers are defined in the margins. *Base Camp* is also a useful therapeutic tool for older adolescents with lower reading skills.

294 pages, paper | \$29.00 | Order#: WP247

For abuse-reactive boys and girls ages six to twelve



Roadmaps to Recovery, 2nd Edition A Guided Workbook for Children in Treatment

by Timothy J. Kahn

Incorporates many components of Trauma-focused Cognitive Behavioral Therapy to facilitate a core evidence-based intervention. Therapy is broken down into 16 distinct steps to help children learn healthier behaviors. Buzzbee, the cartoon jeep, helps your young client navigate these chapters and exercises.

284 pages, paper | \$33.00 | Order#: WP122

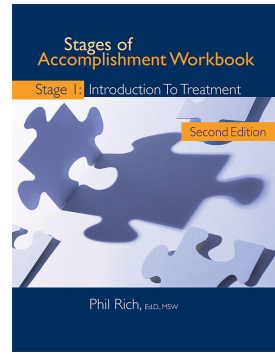
Workbooks & Treatment Resources for Youths with Problem Behaviors



Set of 4 Stages of Accomplishment Workbooks by Phil Rich

One copy each of the four *Stages of Accomplishment* workbooks
\$50 | Order#: GP213

Expect price increase soon.



Stages of Accomplishment, 2nd Edition by Phil Rich

Stages of Accomplishment is a set of four inter-related workbooks that assist in the treatment of sexually abusive or sexually troubled adolescents. Building from simpler ideas to more complex and richer concepts, the workbooks take youth through a series of guided exercises that touch on many of the most significant elements of treatment.

The second edition of *Stages* retains the same character as the first, but with a change in language to reflect contemporary thoughts and ideas, a greater focus on adverse childhood experiences and a trauma-informed approach, and a greater focus on rehabilitation, strengths, and planning for success, with new material and chapters.

Stage 1, Introduction to Treatment, focuses upon basic concepts and sets the foundation for the workbooks that follow. New to the 2nd Edition: Strength-based rehabilitation as a key goal of treatment.
72 pages, softbound | \$15 | Order #: WP213

Stage 2, Understanding Yourself, helps youth focus upon and understand emotions, behaviors, thoughts, and thinking errors. New to the 2nd Edition: A chapter on trauma and adverse childhood experiences.
96 pages, softbound | \$15 | Order #: WP214

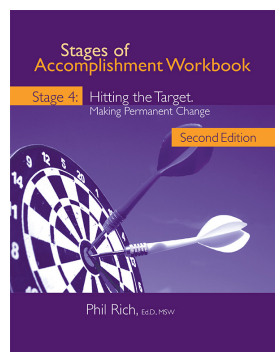
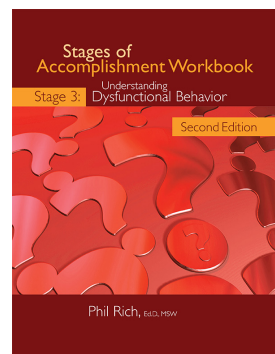
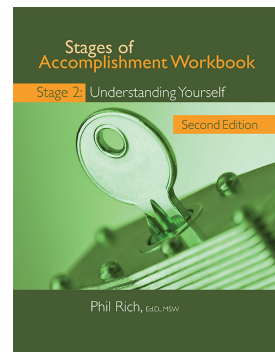
Stage 3, Understanding Dysfunctional Behavior, identifies and works through behavioral cycles, safe behavior, and relapse prevention. New to the 2nd Edition: The relapse prevention plan has been recast as safe behavior plan.
128 pages, softbound | \$17 | Order #: WP215

Stage 4, Hitting The Target: Making Change Permanent, addresses empathy, victim awareness, community service, communication skills, and healthy relationships. New to the 2nd Edition: A new chapter on planning for success.
164 pages, paperback | \$17 | Order# WP216

Augmenting individualized treatment, the workbooks are designed to be used in community-based or residential care settings. The accompanying Clinician's Manual (available as a free PDF) will help guide therapists in their use of the workbooks, and includes supplemental tests to ensure retention of learning.

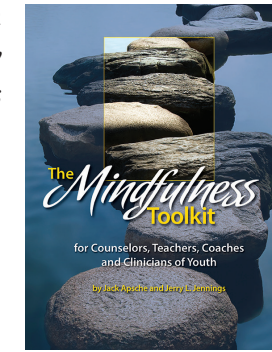
Clinician's Guide to Stages of Accomplishment Workbooks, 2nd Edition

PDF download | 100 pages | Free | WP212D



Workbooks & Treatment Resources for Youths with Problem Behaviors

Tools from
Jack Apsche and Jerry
L. Jennings



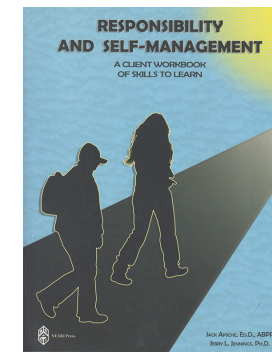
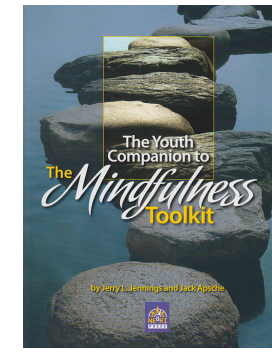
The Mindfulness Toolkit for Counselors, Teachers, Coaches and Clinicians of Youth is written for professionals from various disciplines who work with youth who can benefit from building mindfulness skills. It is designed to make mindfulness more fun and engaging through a variety of mindfulness exercises and activities that appeal to youth, such as sports, nature, adventure, and discovery. The Mindfulness Toolkit is designed to facilitate autonomy, a crucial developmental goal for all adolescents, by emphasizing each individual's preferences, choices, and learning pace when selecting and mastering mindfulness techniques that work best for each youth. A companion workbook is available to help facilitate learning.

The Mindfulness Toolkit for Counselors, Teachers, Coaches and Clinicians of Youth

by Jack Apsche and Jerry L. Jennings
PDF format, 84 pages | \$25 | Order#: WP221D

The Mindfulness Toolkit Youth Workbook

By Jack Apsche and Jerry L. Jennings
74 pages, paper | \$15 | Order# WP211



Responsibility and Self Management

A Client Workbook of Skills to Learn

By Jack Apsche, Ed.D., ABPP and Jerry Jennings, Ph.D.

This unique workbook was developed for adolescent treatment based on research and clinical trials. Using principles of Evidenced-Based Treatments and intended for use in both out-patient and in-patient practices, the book addresses multiple issues, including aggression, anger, defiance, and sexually inappropriate behaviors. *Responsibility & Self-Management* looks at how the client's life brought him to a therapist and provides a functional analytic blueprint to treatment.

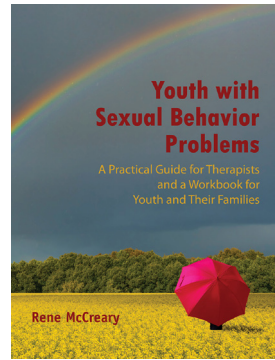
224 pages, paperback | \$24 | Order# WP209

Responsibility & Self-Management: *A Clinician's Manual and Guide for Case Conceptualization*

By Jack Apsche, Ed.D., ABPP and Jerry Jennings, Ph.D.
118 pages, paperback | \$18 | Order# WP210

Workbooks & Treatment Resources for Youths with Problem Behaviors

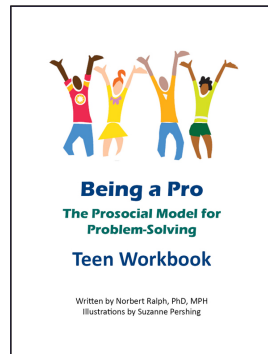
A workbook for working with youth and their families



Youth with Sexual Behavior Problems
A Practical Guide for Therapists and a Workbook for Youth and Their Families
 by Rene McCreary

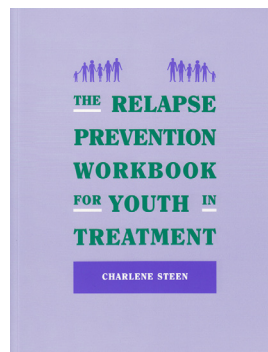
This workbook is for the treatment of young people with sexual behavior problems. It is intended to be used by the clinician with both the young client and his or her caregiver(s).
100 pages, paper | \$25 | Order#: WP235

Building pro-social behaviors



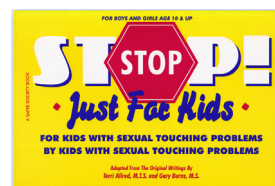
Being a Pro
The Prosocial Model for Problem-Solving
TEEN WORKBOOK
 by Norbert Ralph

A 10-module intervention for building prosocial problem-solving skills in justice system-involved youths. Created by Dr. Ralph, who derived the model from evidence-based theory and research showing that interventions to promote prosocial and moral reasoning in teens have positive outcomes.
80 pages, paper | \$16.00 | Order#: WP175



Relapse Prevention Workbook for Youth In Treatment
 by Charlene Steen

This classic workbook is written in straightforward and easy to understand language. It instructs the juvenile sexual offender about relapse prevention and how to use a variety of treatment techniques to prevent sexually abusive behavior. The teen client learns about relapse prevention cycles and interventions, with accompanying homework assignments.
160 pages, paper | \$25 | Order#: WP022



STOP! Just for Kids
For Kids with Sexual Touching Problems, By Kids with Sexual Touching Problems
 adapted by Terri Allred & Gary Burns

The topics of the illegality of sexual abuse, consequences, personal responsibility, consent, empathy, denial, normal sexuality and more are carefully considered. The book's messages are meant to be pondered deliberately, reasoned through one by one, and talked out with a therapist or in treatment.
160 pages, paper | \$8.00 | Order#: WP051

For more resources for work with young people, see the selection of items from Toni Cavanagh Johnson on page 23

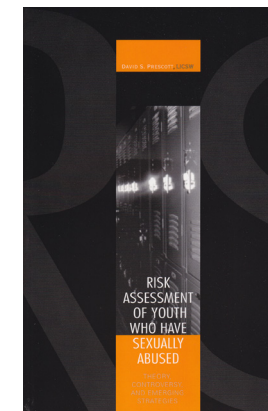
Professional Guides and Resources for Working with Youths

A valuable reference for using the Becoming Who I Want to Be workbooks.



The Good Lives Model for Adolescents Who Sexually Harm
 edited by Bobbie Print, Foreword by Tony Ward

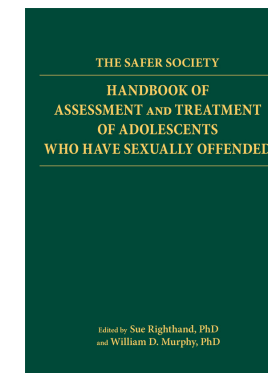
This book explains why an agency in the United Kingdom, G-map Treatment Centre in Manchester, chose to move to the Good Lives Model (GLM) and how they adapted the model for work with adolescents. With contributions from Tony Beech and the team at G-map, this book is grounded in six years of practical experience, with how-to chapters on motivating and engaging young people, assessment, GLM planning, transitions and evaluation, and more. This book is a must for any treatment provider looking to stay on top of the field's latest advances.
232 pages, paper | \$40 | Order#: WP158



Risk Assessment Of Youth Who Have Sexually Abused Theory, Controversy & Emerging Strategies
 edited by David S. Prescott

Professionals working with adolescents who have sexually abused frequently need to make decisions about these youth. However, there are no empirically validated means by which these professionals can accurately predict who will or won't become abusive in the future. With the emerging research in this field, clinicians have an obligation to consider what is currently happening when making their treatment plan and supervision decisions. This book summarizes what is known and what is not, and offers suggestions for coping with this most challenging task.

250 pages, paper | \$32.95 \$16 | Order #: WP119



The Safer Society Handbook of Assessment and Treatment of Adolescents Who Have Sexually Offended
 edited by Sue Righthand & William D. Murphy

Edited by Dr. Sue Righthand and Dr. William Murphy, two of the leading experts on youth who have sexually harmed, the book is a single-volume reference on the current best practice for professionals working with this population. View the table of contents and contributor bios at the website.

534 pages, paper | \$50 | Order# WP176

A must have reference for anyone working with adolescents with sexual behavior problems.



Effective Intervention with Adolescents Who Have Offended Sexually
 by Sue Righthand, Brittany Baird, Ineke Way & Michael C. Seto

Adolescents who have offended sexually are a diverse population, with different treatment needs. Individualized and evidence-based assessment and treatment are essential. The main goal of this book is to summarize research to highlight dynamic risk factors that are important treatment targets. This small, but information-filled book is a must-have reference.

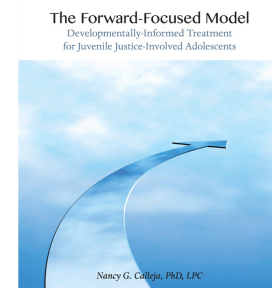
98 pages, paper | \$15 | Order# WP163

The Forward-Focused Model

Developed by Dr. Nancy Calleja for the California Department of Juvenile Justice, the Forward-Focused Model (FFM) is comprehensive, empirically-designed treatment program for court-involved adolescents.

The Forward-Focused Model is a comprehensive, empirically-designed treatment program for court-involved adolescents. Developed by Dr. Nancy Calleja for the California Department of Juvenile Justice and implemented by the state of California in its juvenile facilities, the FFM is: Developmentally informed, with specific attention given to the role of adolescent brain development in both conceptualizing offending behaviors as well as in the delivery of treatment. Strengths-based and future or forward-focused, emphasizing an exploration of the past to effectively address any trauma and or victimization issues, while de-emphasizing problems, magnifying strengths, and promoting the acquisition of new intra- and inter-personal skills. A comprehensive framework for facilitating a team approach to working collaboratively throughout the treatment process to implement the wide-ranging and diverse interventions. An “out of the box” solution. You can implement the program by following the comprehensive guidelines in the Facilitator’s Manual, without expensive outside training. Three books form a solid foundation for implementing the FFM:

Get a free copy of the workbook when you order the Facilitator’s Manual and the Forward-Focused Model guide. See the webstore.

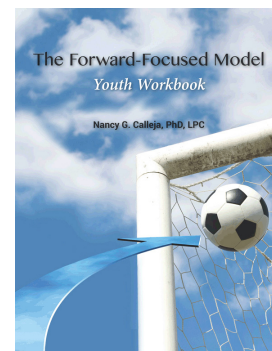


The Forward-Focused Model Developmentally-Informed Treatment for Juvenile Justice Involved Adolescents

Introduces the theoretical concepts and empirical grounding of the model.
292 pages, paper | \$42 | Order#: WP161

Forward-Focused Model Facilitator’s Manual

A comprehensive guidebook for all team members involved in implementing the program. It is drilled for insertion in a three-ring binder (not included).
418 pages drilled for 3-ring binder | \$60 | Order#: WP171

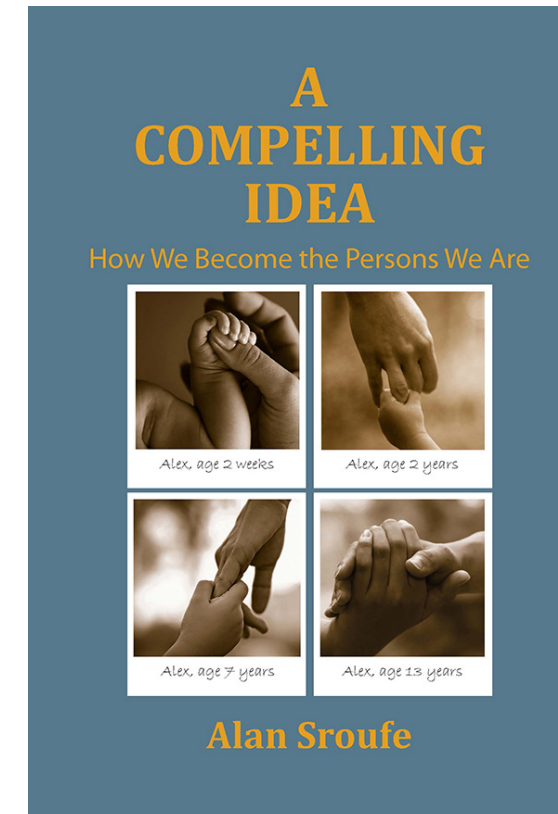


The Forward-Focused Model Youth Workbook

This workbook is intended for use strictly within a broader Forward-Focused Model program. It contains components of the seven treatment stages, and is to be completed independently by each youth and then reviewed with a facilitator.
224 pages, paper \$26.00 Order#: WP172

Together, the three books provide a complete and comprehensive treatment program that also includes quality assurance monitoring tools and an outcomes evaluation.

New from Safer Society Press



A Compelling Idea How We Become the Persons We Are by Alan Sroufe

A Compelling Idea is an autobiographical window into the personal and professional journey of a “superstar psychologist.”

Alan Sroufe and his team at the University of Minnesota Institute of Child Development conducted the longest running study of human psychological development, establishing the reasons why we each behave as we do and see the world as we do. Sroufe’s groundbreaking theoretical and empirical contributions to the fields of developmental psychology and developmental psychopathology have been reported to the academic world in over 150 papers and journal articles and seven books.

From the beginning of his academic career, Alan’s motivation to pursue the study of human development was personal. Having been raised in a dysfunctional family, he wanted to know why he had the problems he did and how his mental health could be improved. *A Compelling Idea* is his personal story of this road to discovery.

As one reviewer observed, “It is hard to imagine a person with any curiosity regarding who they are and how they developed who would not be fascinated by this book.”

Hardcover edition: 184 pages | \$30 | Order# WP223
Paperback edition: 184 pages | \$18 | Order# WP227

“A magnificent combination of memoir and scientific autobiography... *A Compelling Idea* is a compelling narrative that will inform, inspire and illuminate how we can create more courage in our own lives and more connection among all of us, bravo!”

—**DANIEL SIEGEL**, Clinical Professor of Psychiatry, UCLA School of Medicine and NY Times best-selling author of *The Developing Mind* and *Brainstorm*

“This book is brilliant! Alan Sroufe is one of the most thoughtful and inspiring social scientists in the world. This compelling memoir should be read by everyone.”

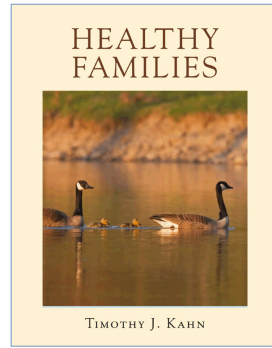
—**JOHANN HARI**, “Best-selling author of *Lost Connections* and *Chasing the Scream*”

Resources for Families

Advice for parents from the author of Pathways and Roadmaps to Recovery.

Also available in Spanish: *Familias sanas.*

Check the webstore.



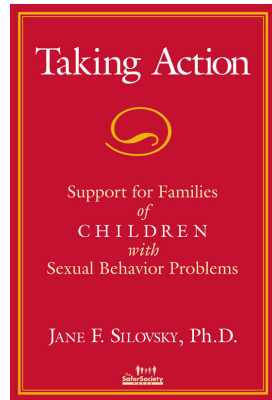
Healthy Families

A Guide for Parents of Children and Adolescents with Sexual Behavior Problems
by Timothy J. Kahn

The book gives parents the knowledge they need to make positive, informed, and healthy decisions as their children proceed through the treatment process in any type of outpatient or residential treatment program.

English edition: 132 pages, paper | \$18 | Order#: WP148

The Taking Action books are now also available in Spanish.

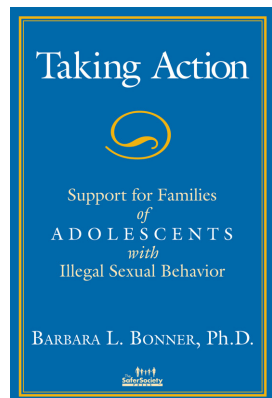


Taking Action

Support for Families of Children with Sexual Behavior Problems
by Jane F. Silovsky, Ph.D.

English: 82 pages, paper | Single copy: \$10 | Order# WP136-1

Spanish: 82 pages, paper | Single copy: \$10 | Order# WP236-1
see below for multiple-copy pricing



Taking Action

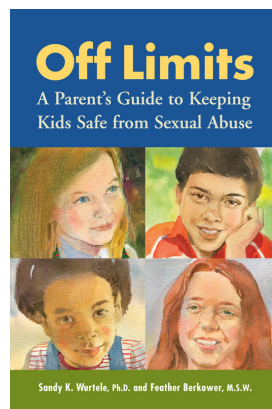
Support for Families of Adolescents with Illegal Sexual Behavior
by Barbara L. Bonner, Ph.D.

English: 52 pages, paper | Single copy: \$10 | Order# WP137-1

Spanish: 52 pages, paper | Single copy: \$10 | Order# WP237-1
see below for multiple-copy pricing

| # of copies in lots of 10 | Price |
|---------------------------|--------------|
| In lots of 10, up to 40 | \$60 per ten |
| From 50 to 200 | \$50 per ten |
| 200 and up | \$40 per ten |

How to keep kids safe from sexual abuse.



Off Limits

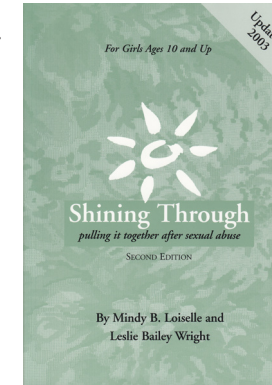
A Parent's Guide to Keeping Kids Safe From Sexual Abuse
by Sandy K. Wurtele & Feather Berkower

Written by leading experts on sexual abuse prevention, Off Limits is full of practical advice and information for parents, guardians, teachers--anyone responsible for the safety and welfare of children. Best of all, it is easy to read, understand and implement the practical advice that fills each page.

136 pages, paper | \$25 | Order# WP139

Resources for Survivors

Advice for adolescents.



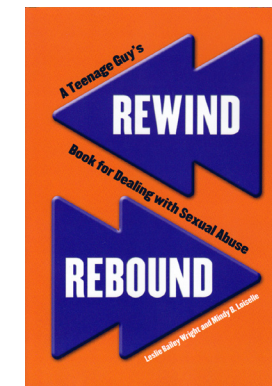
Shining Through

Pulling It Together After Sexual Abuse

by Mindy B. Loiselle & Leslie Bailey Wright

A sensitive, easy-to-read and use guide for young women (ages 10 and up) dealing with sexual abuse. Filled with short, hope-filled chapters and thoughtful exercises.

128 pages, paper | \$16 | Order#: WP052



Rewind, Rebound

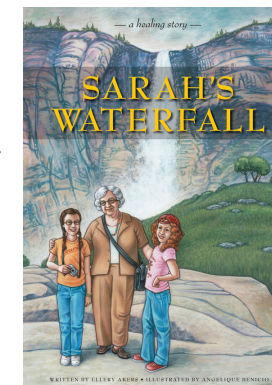
The teenage guy's book for dealing with sexual abuse

by Leslie Bailey Wright & Mindy B. Loiselle

Speaks directly to the issues faced by teenage male survivors of sexual abuse, helping them understand issues such as their swirling emotions, personal resiliency, and sexuality. (2010)

144 pages, paper | \$22 | Order#: WP140

A comforting story with full-color illustrations.



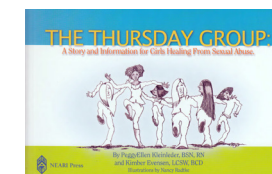
Sarah's Waterfall

A Healing Story About Sexual Abuse

by Ellery Akers, illustrated by Angelique Benicio

Sarah's Waterfall is a marvelous tool for helping girls 7-12; it will also appeal to adult women survivors wanting to enhance their own sense of well-being. *Sarah's Waterfall* was written by a survivor for survivors. (2009)

52 pages, hardcover, full color | \$20 | Order#: WP135



The Thursday Group

A Story and Information for Girls Healing From Sexual Abuse

by PeggyEllen Kleinleder and Kimber Evenson

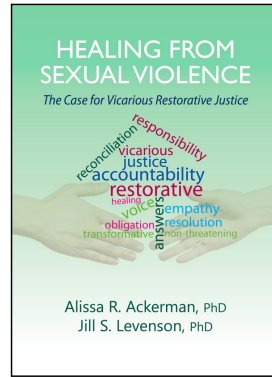
Illustrations by Nancy Radtke

Using a wide range of situations, issues, and coping strategies, and extraordinarily captivating writing, *The Thursday Group* portrays the effects of sexual abuse realistically, recognizing both pain and hope, damage and healing.

272 pages, paperback | \$25 | Order# WP218

Resources for Survivors

Visionary and practical advice on a new approach to healing

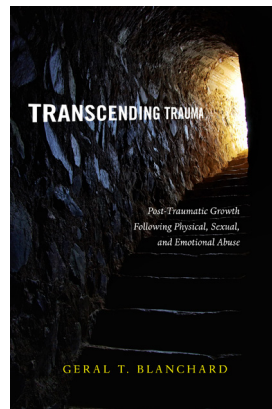


Healing from Sexual Violence *The Case for Vicarious Restorative Justice*

by Alissa Ackerman, PhD, and Jill Levenson, PhD

Healing from Sexual Violence explains what vicarious restorative justice is and how it promotes healing without retraumatizing people. It provides a solid framework for incorporating VRJ into clinical practices and communities with material on using trauma-informed approaches. A book that is both visionary and practical.

140 pages, paper | \$20 | Order#: WP198



Transcending Trauma

Post-Traumatic Growth Following Physical, Sexual and Emotional Abuse

by GERAL T. BLANCHARD

Examines trauma from a new and encouraging perspective—suggesting that post-traumatic growth (PTG) and even thriving are possible after experiencing painful events. Written primarily for health care professionals, all who are providing support to a survivor of any age will find *Transcending Trauma* a valuable resource for gently guiding the trauma survivor toward the resilient response necessary for post-traumatic growth.

128 pages, paper | \$14 | Order# WP160



Evicting the Perpetrator

A Male Survivor's Guide for Recovery from Childhood Sexual Abuse

by Ken Singer

Male survivors of childhood sexual abuse can find no better guide to a healthy recovery than Ken Singer's. He identifies the connections between childhood abuse and issues of isolation, out-of-control anger, sexual intimacy, and addictions, and provides struggling survivors with an understanding of trauma and its effects that can help them retake control of their lives.

334 pages, paperback | \$24 | Order#: WP217



Fighting Words

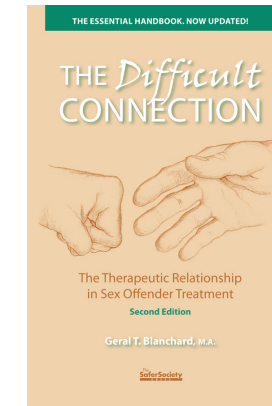
by Kimberly Brubaker Bradley

This powerful novel explodes the stigma around child sexual abuse and leavens an intense tale with compassion and humor. Bradley tells a story about two sisters, linked by love and trauma, who must find their own voices before they can find their way back to each other. For middle grades (10 years and up) Published by Dial Books.

272 pages, hardcover | \$15 | Order#: WP226

“Refusing to soft-pedal hard issues, the novel speaks with an astringent honesty, at once heartbreaking and hopeful.”
- Kirkus Reviews

More Professional Resources



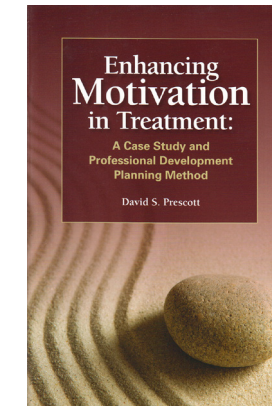
The Difficult Connection

The Therapeutic Relationship in Sex Offender Treatment

by GERAL T. BLANCHARD

Treating persons who sexually abuse is one of the most demanding jobs of a mental health practitioner. If you are treating sex offenders, feeling isolated, and approaching burnout, reading *The Difficult Connection* is like finding a mentor, someone who both understands your issues and can point you in the right direction.

80 pages, paper | \$15 | Order#: WP153



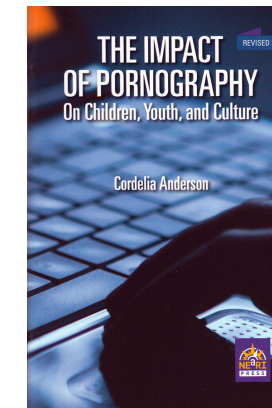
Enhancing Motivation in Treatment

A Case Study and Professional Development Planning Method

by David S. Prescott

This composite case example offers practical ideas and strategies for engaging a teen client from the very beginning of the process. The booklet offers strategies to build upon that initial engagement towards successful outcomes and equally important, sidestepping the inevitable pitfalls when encouraging motivation with teens who have sexually abused.

booklet, 38 pages | \$6 | Order# WP220

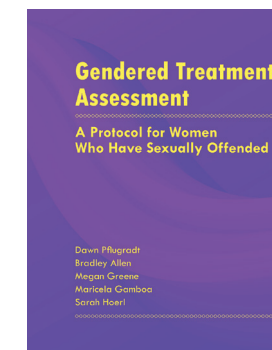


The Impact of Pornography on Children, Youth and Culture

by Cordelia Anderson, MA

The author describes the clear shifts in our culture that demonstrates how yesterday's pornography is part of today's mainstream advertising for children. This booklet also provides clear information and resources about what can be done to counter the harm to our children and teens and offers practical tips about how to focus on and promote sexual and relational health.

booklet, 52 pages | \$10 | Order# WP208



Gendered Treatment Assessment

A Protocol for Women Who Have Sexually Offended

by Dawn Pflugrad, Bradley Allen, Megan Greene, Maricela Gamboa & Sarah Hoerl

The organization of this book and the included Gendered Treatment Assessment Form are intended to be compatible with those assessment approaches or methodologies derived from a strengths-based treatment paradigm. The authors have set out to provide an assessment approach that is applicable across settings while at the same time is practical and recognizes every client is unique..

52 pages, spiral bound | \$50 | Order# WP238

Learn more or order by visiting www.safersociety.org or call 802-247-3132

See the website for terms & conditions. All prices subject to change without notice.

Continuing Education Center

Free Live Webinars

Our live webinars are free. To access our library of recorded webinars (over 100 now), see the website.

David Prescott joined the staff of Safer Society in early 2020, right about the time the COVID pandemic was sweeping across the globe. David, who has spent much of his professional life helping to build conduits for the sharing of knowledge and experience across our field, immediately suggested that we begin a free webinar series to keep professionals connected while they worked in quarantine.

Helping Others in Trying Times—the overarching theme of the series—proved extremely popular, with hundreds of attendees for each event. When people began asking about getting continuing education credit for the webinars, we reluctantly had to say no, since the format of the presentations was too informal to receive approval by CE granting agencies.

However, this did make us realize there was an ongoing need for more formal trainings that could earn attendees Continuing Education Credits.

Thus, the Continuing Education Center at Safer Society was born.

Presented by leading experts in the field, and hosted by David Prescott, our slate of training programs is a great way to earn Continuing Education Credits while building focussed skills in a specific topic or area of expertise.

Upcoming Training Programs

Live Online Training - Earn 2 CE Credits

Evaluations of People Convicted of Sex Crimes Specific to the Adam Walsh Act

Thursday, May 16, 2024
11:00 am - 1:00 pm (ET) | 8:00 am - 10:00 am (PT)

Presented by: Safer Society Continuing Excellence LLC

Live Online Training - Earn 3 CE Credits

Diagnosing Paraphilias

Strategies and Considerations for Assessing Those Who Have Committed Sexual Offenses

Tuesday, June 4, 2024
11:00 am - 2:15 pm (ET) | 8:00 am - 11:15 am (PT)

Presented by: Safer Society Continuing Excellence LLC

Live Online Training - Earn 3 CE Credits

Clarification Processes in Sibling Sexual Abuse

Ethical Decision-making and Best Practices

Wednesday, June 19, 2024
11:00 am - 2:15 pm (ET) | 8:00 am - 11:15 am (PT)

Presented by: Safer Society Continuing Excellence LLC

Live Online Training - Earn 2.5 CE Credits

Providing Treatment to Minor-Attracted People

Friday, June 21, 2024
11:00 am - 1:45 pm (ET) | 8:00 am - 10:45 am (PT)

Presented by: Safer Society Continuing Excellence LLC

Live Online Training - Earn 2 CE Credits

An Introduction to Trauma and Grief Component Therapy for Adolescents

Friday, June 28, 2024
11:00 am - 1:00 pm (ET) | 8:00 am - 10:00 am (PT)

Presented by: Safer Society Continuing Excellence LLC

Live Online Training

Addressing Adolescent Exposure to Pornography

Tuesday, July 2, 2024
11:00 am - 2:15 pm (ET) | 8:00 am - 11:15 am (PT)

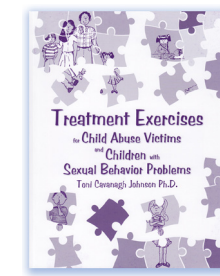
Presented by: Safer Society

More in the works

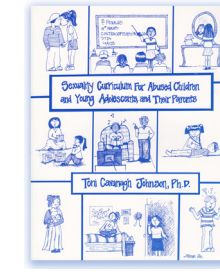
We are continually adding new trainings to the program schedule. Be sure to check our training page ([here](#)) for the latest.

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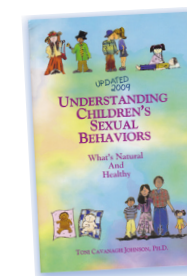
Resources from Toni Cavanagh Johnson



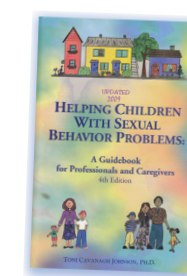
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Safer Society Foundation was established in 1982 and incorporated as a 501(c)3 nonprofit in 1995. Our mission includes ensuring that all children and teens grow into adulthood free from the harmful effects of trauma. We tackle this goal through two major initiatives:

Safer Society Press, a conduit of knowledge for the professionals and caregivers who work with at-risk youths through:

- Publication of books and media
- Free webinars and podcasts
- Online trainings for continuing education credit
- The New Circle, an online magazine of articles written by and for professionals

New Circle Mentoring, a community-based mentoring program for at-risk children:

- Established in 2017 in partnership with the Counseling Service and the public schools of Addison County, Vermont.

For more information about the Safer Society Foundation and to learn about ways you can support the Foundation's work, please call 802-247-3132 or visit the website:

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