



Continuing Excellence LLC

Trauma-Informed Care in High-Security Settings

Presenters: Jill S. Levenson, Ph.D. and David S. Prescott, LICSW

Recorded on: November 29, 2022

Length: 6 hours

I. 1 hour and 30 minutes

- Introductions
- Historical considerations
- Understanding the path from victim to victimizer
- What is trauma?
- What role does trauma play in the lives of people in the criminal justice system?

II. 1 hour and 30 minutes

- Complex trauma
- Confinement as a traumagenic experience
- Post-conviction traumatic stress
- Acute stress reactions
- Trauma's relationship with risk factors and treatment needs
- Helping relationships

III. 1 hour and 30 minutes

- Clarification defined
- Helping relationships (continued)
- Trauma-informed care (TIC): Building TIC into content and process
- Avoiding retraumatization
- Reducing threats

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- De-escalation
- Empathy and modeling relational skills

IV. 1 hour and 30 minutes

- The Good Lives Model and its nexus with TIC and treatment for offending
- Case examples
- Discussion

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