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## **Evidence-Informed Treatment of Compulsive Sexual Behavior Disorders: A Strengths-Based Approach**

**Presenter:** Drew A. Kingston, Ph.D., ATSAF and Liam E. Marshall, Ph.D., RP, ATSAF

**Date:** July 18, 2023

**Time:** 11:00 AM to 3:30 PM ET (*All times East Coast USA Local Time*)

### **I. 11:00 a.m. – 12:30 p.m.**

- Introduction and overview
- What do we call it?
- Controversy
- Defining Compulsive Sexual Behavior Disorder (CSBD)
- Manifestations
- Conceptualizations
- Compulsivity versus impulsivity
- Sexual addiction
- Dual Control Model
- Motivation-Facilitation Model
- Dimensions of CSBD

### **II. 12:30 p.m. -12:45 p.m.**

- Break

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**III. 12:45 p.m. – 2:00 p.m.**

- Assessment and diagnosis
- Screening
- Treatment
- Considerations
- Possible Path Model
- Criminogenic issues
- Overlapping features of CSBD and sex offending
- Research findings

**IV. 2:00 p.m. – 2:15 p.m.**

- Break

**V. 2:15 p.m. – 3:30 p.m.**

- A therapeutic style that works with men who have committed sex offenses and have CSBD
- Strategies for addressing CSBD
- Strengths-based approach topics
- Programming
- Motivation for change
- Safety planning
- Coping strategies
- Bartholomew's model of attachment
- Treatment effectiveness research

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