

Continuing Excellence LLC

Part 1: Overview and Critical Issues

Presenter: David Prescott, LICSW

Dates: Thursday June 1, 2023 and Friday June 2, 2023

Time: 1:45 PM to 6:15 PM ET (All times East Coast USA Local Time)
On each training day, you are invited to participate in a Zoom Meet & Greet from 1:45 pm - 2:45 pm ET. Participants are not required to attend these face-to-face discussions to receive CE credits and additional CE credits will not be offered for attending the Zoom Meet & Greet.

Thursday, June 1, 2023

- I. 1:45 p.m. 2:45 p.m.
 - Zoom meet and greet discussion (optional)
- II. 3:00 p.m. 4:30 p.m.
 - Background Information
 - Context
 - Past Approaches and Stigma
- III. 4:30 p.m. 4:45 p.m.
 - Break
- IV. 4:45 p.m. 6:15 p.m.
 - Risk, Need, and Responsivity
 - Risk Principle
 - Need Principle
 - Responsivity Principle
 - Developmental Aspects
 - Attachment
 - Delinquency Onset

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- Social and Public Policy Implications
 - Punishment
 - Language

Friday, June 2, 2023

V. 1:45 PM - 2:45 PM

- Zoom meeting discussion (optional)

VI. 3:00 PM - 4:30 PM

- Six Principles to Follow
 - Adolescents, not "little adults"
 - Most do not re-offend sexually
 - Assessment measures are helpful but not the full picture

VII. 4:30 PM - 4:45 PM

- Break

VIII. 4:45 PM - 6:15 PM

- Resiliency and protective factors
- Assess the program
- Assess the provider
- Trauma-Informed Treatment
 - What is Trauma?
 - Cultural Adversity
 - Childhood Adversity
- How do people change?

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Part 2: Assessment and Report Writing

Presenter: David Prescott, LICSW

Dates: Thursday, June 8, 2023 and Friday, June 9, 2023 **Time**: 1:45 PM to 6:15 PM ET (All times East Coast USA Local Time)

Thursday, June 8, 2023

- I. 1:45 p.m. 2:45 p.m.
 - Zoom meet and greet discussion (optional)
- II. 3:00 p.m. 4:30 p.m.
 - Historical overview
 - Risk Assessment
 - Measures
- III. 4:30 p.m. 4:45 p.m.
 - Break
- IV. 4:45 p.m. 6:15 p.m.
 - Discussion of Polygraph
 - Interviewing

Friday, June 9, 2023

- V. 1:45 PM 2:45 PM
 - Zoom meeting discussion (optional)

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VI. 3:00 PM - 4:30 PM

- Report Writing: Selected Basics
 - Referral Questions
 - Vulnerable Populations
 - Reflections on High-Security Settings
 - Statements and Language

VII. 4:30 PM - 4:45 PM

- Break

VIII. 4:45 PM - 6:15 PM

- Juvenile Assessment Reports
- Report Structure
- Summary

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Part 3: Treating Adolescents and Practical Application of The Good Lives Model

Presenter: David Prescott, LICSW

Dates: Thursday June 15, 2023 and Friday June 16, 2023 **Time:** 1:45 PM to 6:15 PM ET (All times East Coast USA Local Time)

Thursday, June 15, 2023

- I. 1:45 p.m. 2:45 p.m.
 - Zoom meeting discussion (optional)
- II. 3:00 p.m. 4:30 p.m.
 - Introductions
 - Historical Context
- III. 4:30 p.m. 4:45 p.m.
 - Break
- IV. 4:45 p.m. 6:15 p.m.
 - Treatment Context
 - What works? Who Works?
 - Primary Goods
 - Approach Goals
 - Good Life Plan
 - Identifying Strengths

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Friday, June 16, 2023

V. 1:45 PM - 2:45 PM

- Zoom meeting discussion (optional)

VI. 3:00 PM - 4:30 PM

- Assessment
- Case Formulation and Intervention Planning
- Treatment Process and Challenges
 - Childhood Adversity
 - Trauma

VII. 4:30 PM - 4:45 PM

- Break

VIII. 4:45 PM - 6:15 PM

- Narrative elements
 - Application
 - Analysis
 - Translation
 - Reflection
- How Well Am I Implementing the GLM
 - Fidelity Monitoring Tools
 - Outcome Rating Scale
 - Session Rating Scale

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Part 4: Treatment Engagement and Special Needs Clients

Presenter: David Prescott, LICSW

Date: Thursday June 22, 2023 and Friday June 23, 2023 **Time**: 1:45 PM to 6:15 PM ET (All times East Coast USA Local Time)

Thursday, June 22, 2023

- I. 1:45 p.m. 2:45 p.m.
 - Zoom meeting discussion (optional)
- II. 3:00 p.m. 4:30 p.m.
 - Introductions
 - Background Information
 - Therapeutic alliance
 - Ambivalence
 - Options Menu & Scaling Questions
- III. 4:30 p.m. 4:45 p.m.
 - Break

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IV. 4:45 p.m. – 6:15 p.m.

- Motivational Interviewing
- Processes and Talks
- Good Life Goals
- Cases

Friday, June 23, 2023

V. 1:45 PM - 2:45 PM

- Zoom meeting discussion (optional)

VI. 3:00 PM - 4:30 PM

- Treatment Considerations for Special Needs Clients
 - Research on Special Needs and Problem Sexual Behaviors
 - Developmental Considerations
 - Commonly Reported Behaviors
 - Adaptation of Good Lives Model

VII. 4:30 PM - 4:45 PM

- Break

VIII. 4:45 PM - 6:15 PM

- Cases
- Additional practice exercises (as time allows)
- Questions
- Comments

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Part 5: Boundaries, Ethics, and Professional Development

Presenter: David Prescott, LICSW

Date: Thursday June 29, 2023 and Friday June 30, 2023 **Time**: 1:45 PM to 6:15 PM ET (All times East Coast USA Local Time)

Thursday, June 29, 2023

- I. 1:45 p.m. 2:45 p.m.
 - Zoom meeting discussion (optional)
- II. 3:00 p.m. 4:30 p.m.
 - Introductions
 - What are ethics?
 - Common issues
 - Case examples from the field
- III. 4:30 p.m. 4:45 p.m.
 - Break
- IV. 4:45 p.m. 6:15 p.m.
 - Boundaries
 - Dual Relationships
 - Non-compete
 - Program Culture

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- Vicarious Trauma
- Professional development
 - Background
 - Ego
 - Take-Home Skills
 - Self-Care
 - What Works?
 - Who Works?
 - Barriers to Professional Development
 - Experience and Proficiency

Friday, June 23, 2023

- V. 1:45 PM 2:45 PM
 - Zoom meeting discussion (optional)
- VI. 3:00 PM 4:30 PM
 - Making Treatment More Effective
 - Outcome Monitoring
 - Becoming a Better Therapist (Exercise)

VII. 4:30 PM - 4:45 PM

- Break

VIII. 4:45 PM - 6:15 PM

- Supervision
- Implementation
- Questions/Comments

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