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## Trauma-Informed Care in High-Security Settings

**Presenters:** Jill S. Levenson, PhD and David S. Prescott, LICSW

**Date:** May 9, 2023

**Time:** 10:00 AM to 5:30 PM ET (*All times East Coast USA Local Time*)

### I. 10:00 a.m. – 11:30 a.m.

- Introductions
- Historical considerations
- Understanding the path from victim to victimizer
- What is trauma?
- What role does trauma play in the lives of people in the criminal justice system?

### II. 11:30 a.m. -11:45 a.m.

- Break

### III. 11:45 a.m. – 1:15 p.m.

- Complex trauma
- Confinement as a traumagenic experience
- Post-conviction traumatic stress
- Acute stress reactions
- Trauma's relationship with risk factors and treatment needs
- Helping relationships

### IV. 1:15 p.m. – 2:15 p.m.

- Break

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**V. 2:15 p.m. – 3:45 p.m.**

- Clarification defined
- Helping relationships (continued)
- Trauma-informed care (TIC): Building TIC into content and process
- Avoiding retraumatization
- Reducing threats
- De-escalation
- Empathy and modeling relational skills

**VI. 3:45 p.m. – 4:00 p.m.**

- Break

**VII. 4:00 p.m. – 5:30 p.m.**

- The Good Lives Model and its nexus with TIC and treatment for offending
- Case examples
- Discussion

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