

## Case Example- Joe

### External Risk Factors

- ***“Crazy life”***
  - Changes in caregivers and physical abuse
  - Witnessed drug use, shootings, seeing dead bodies, prostitution, selling drugs, gang fights
  - Most of my family are from my hood or the hood period
  - Most adults around me were involved with gangs. Hung out with dad’s friends. Learned about gang banging and hustling
  - Gangs are like my second family. They’ve always been there for me.
- ***Risky people***
  - Uncles and cousins almost all involved in the legal system in some way
- ***Risky situations***
  - Getting shot at and murdered
  - My neighborhood period (dangerous, gangs, drugs, weapons, etc.)
- ***External triggers***
  - Gangs/aggressive behavior
    - Touching my stuff
    - Talking about my family
    - Disrespecting my hood
    - Running their mouth
    - Witnessing someone disrespecting or beating on a woman

### Behaviors

- Gang banging my whole life
- Slanging drugs to make money, taking care of my younger sister and brother
- Fighting- didn’t care if I beat someone up and left them bloody to die
- Hung out with much older youth and adults, it only made me stronger
- Using marijuana, liked the high, kind of helped my ADHD
- Using drugs and alcohol
- Manipulation
- Intimidating others
- Putting other people down
- Not accepting responsibility for my behavior/blaming others
- Acting selfishly
- Not caring about other people
- Lying
- Dress up in red with red bandanna in pocket

### Beliefs, values, attitudes

- Loss of positive planning for the future
- Development of an I don’t care attitude...started to not care about anything...just do what I have to do

- I'll never trust anyone. If you don't trust no one, you have no worries...don't let things get to you.
- Men don't cry. They don't have feelings. Men aren't soft. Emotions are supposed to be for women. Block it all the way out.
- Men having and showing emotions, easy way for people to mess with him and break him down
- Gang involvement/delinquency
  - Gang banging is pretty much all I know...born to do it...mind set...part of you
  - My gang is like a second family
  - The world's a dangerous place
  - Gang banging, fighting, do what I gotta do to survive
  - Gangs were made to protect...now it's out of control. They're killing their own kind.
  - Your gangs have your back
  - If you turn your back once, they're going to get you
  - Always got to stay on your toes. That's just the way it is.