

Being a Pro

Pre- and Post-Tests



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PRE-TEST
Important!

Please complete **Part 1** and **Part 2** of the **Pre-Tests** on the following pages **BEFORE** beginning the Workbook.

The Pre-Tests has two parts.

Part 1 is for the **teen** to fill out and has three tests: 1. Juan's problem, 2. Sentence Completion Test (Form 81), and 3. The Prosocial Attitudes Questionnaire/Youth (PAQ-Y). **Part 1** follows this page.

Part 2 is for the **counselor** to fill out and has two tests, 1. The IOWA Conners, and 2. The Prosocial Attitudes Questionnaire/Counselor (PAQ-C).

Instructions for Juan's Problem

Date: ____/____/____

Male ____ Female ____ Age: ____ years ____ months

Ethnic Group: (check all that apply)

____ Black ____ White ____ Asian/Pacific Islander ____ Hispanic/Latino
____ Other

Instructions for counselor:

Before doing this **Part 1 Pre-Test**, the counselor should review the test, and read it over a few times.

Part One: Reading the Story: Read aloud the story to the group. If teens are unsure about what you said, you can repeat the story. If they ask for clarification, do this by repeating parts of the written story, but don't give different wording or paraphrase it. It is fine to provide simple definitions of words if the youth is unsure. These instructions apply to Part Two also.

Part Two: Reading the Questions: After reading the story, then read the questions which are a follow-up to the story. Ask the teens to write down responses below each question.

Part Three: Checking Answers: After teens have written their answers to questions, repeat the following instructions, "Look over your answers above and see if you want to add anything else to make your answers clearer." For each question this is meant to encourage teens to add more information to their answers, but not to cross off and rewrite what they wrote.

JUAN'S PROBLEM (Youth fills out)

Juan is a 16-year-old whose parents left him at home for the weekend. His parents will check in with him by phone regularly. The parents told him he could go out with some male friends the parents knew and trusted, but no one else. Nobody could come in or over to the house. After his parents left for the weekend, a girl Juan likes called him. She heard his parents were gone for the weekend and said she was going to drop by at dinner time, just say "hi" and bring a pizza.

Why would Juan tell her it's OK to come over?

How would he feel if he did this?

What might happen?

Why would Juan tell her it's not OK to come over?

How would he feel then?

What might happen then?

Sentence Completion Test (Form 81)

Date _____ **(Youth fills out)**

Name _____ Age__ Marital Status__ Education_____

Instructions: Complete the following sentences.

1. When a child will not join in group activities
2. Raising a family
3. When I am criticized
4. A man's job
5. Being with other people
6. The thing I like about myself is
7. My mother and I
8. What gets me into trouble is
9. Education
10. When people are helpless
11. Women are lucky because
12. A good father
13. A girl has a right to
14. When they talked about sex, I
15. A wife should
16. I feel sorry
17. A man feels good when
18. Rules are

Prosocial Attitudes Questionnaire (PAQ-Y)- Youth fills out.

Instructions: Rate the following sentences about how often they are true about you:

ALL the time

MOST of the time

SOME of the time

A LITTLE of the time

NONE of the time or NOT true at all

Check the one choice that applies best to you.

- 1 I am ok with parents, teacher, or other adults telling me what to do.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 2 I'd rather do things my way instead of following rules.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 3 I'd rather get in trouble rather than be embarrassed in front of my friends.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 4 If a problem comes up, I just don't worry about it.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 5 If I can't get what I want, I just get mad.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 6 If someone is annoying or bothering I just ignore them.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 7 If someone is mean to me, I am mean right back to them.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 8 Rules are usually just stupid.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 9 I plan ahead to avoid problems.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 10 What parents or teachers think is more important than what my friends think.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 11 When others get mad at me, I try to let things cool off, and don't get mad back.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 12 When things don't go your way, sometimes it is best to just let it go.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not

Part 2 Pre-Test- Counselor fills out.

IOWA Connors

To be completed by **counselor**. Please circle the number (0-3) that best fits this teen using the categories below.

	<u>Not at all</u>	<u>Just a little</u>	<u>Pretty much</u>	<u>Very much</u>	
1.Fidgeting	0	1	2	3	
2.Hums and makes other odd noises	0	1	2	3	
3.Excitable, impulsive	0	1	2	3	
4.Inattentive, easily distracted	0	1	2	3	
5.Fails to finish things he starts (short attention span)	0	1	2	3	I/O Tot__
1.Quarrelsome	0	1	2	3	
2.Acts "smart"	0	1	2	3	
3.Temper outbursts (explosive and unpredictable behavior)	0	1	2	3	
4.Defiant	0	1	2	3	
5.Uncooperative	0	1	2	3	Ag Tot__

Prosocial Attitudes Questionnaire/Counselor (PAQ-C)- Counselor fills out

Instructions: **Counselor:** Rate the teen on the following items according to how much of the time they show these attitudes.

ALL the time

MOST of the time

SOME of the time

A LITTLE of the time

NONE of the time or NOT true at all

- 1 Being ok with parents, teacher, or other adults telling them what to do.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 2 Do things their own way instead of following rules
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 3 They would rather get in trouble rather than be embarrassed in front of my friends.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 4 If a problem comes up, they just don't worry about it.
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- 7 Acting aggressive when someone is aggressive to them.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 8 Thinking rules are usually stupid.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 9 Plans ahead to avoid problems.
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POST-TEST

Important!

Please complete **Part 1** and **Part 2** of the Post-Tests on the following pages **AFTER** finishing the Workbook.

The Post-Tests will have two parts.

Part 1 is for the **teen** to fill out and has three tests: 1. Juan's problem, 2. Sentence Completion Test (Form 81), and 3. The Prosocial Attitudes Questionnaire (LAQ). **Part 1** follows this page.

Part 2 is for the **counselor** to fill out and has three tests, 1. The IOWA Conners, 2. The Prosocial Attitudes Questionnaire/Counselor (PAQ-C), and, 3. The Workbook Checklist

Part 1 Post-Test- Teen fills out.

Instructions for Juan's Problem

Date: ____/____/____

Male ____ Female ____ Age: ____ years ____ months

Ethnic Group: (check all that apply)

____ Black ____ White ____ Asian/Pacific Islander ____ Hispanic/Latino

____ Other

Instructions for counselor:

Before doing this **Part 1 Pre-Test**, the counselor should review the test, and read it over a few times.

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- 6 If someone is annoying or bothering I just ignore them.
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- 9 I plan ahead to avoid problems.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 10 What parents or teachers think is more important than what my friends think.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 11 When others get mad at me, I try to let things cool off, and don't get mad back.
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Part 2 Post-Test- Counselor fills out.

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___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not
- 12 When things don't go their way, they can just let it go.
___1. All ___2. Most ___3. Some ___4. A Little ___5. None/Not

Part 3 Posttest

Workbook Checklist

The counselor fills this part out.

The following items refer to evaluation of the whole Workbook. Please review prior checklists for chapters 1-5, and the five parts of Chapter 6 to fill out the two questions below.

1. What percentage of the material of the Workbooks was discussed and exercises done?

Put percentage below: _____%

2. What percentage of the time was cooperation satisfactory doing the Workbooks?

Put percentage below: _____%

3. Overall, did the workbook materials help improve prosocial reasoning skills for the youth?

Please check one: ___Very ___Somewhat ___Not helpful

_____ Date: _____

Counselor signature