



Continuing Excellence LLC

Sex Offense-Specific Treatment: Learning (And Re-Learning) the Basics

Presenter: Bud Ballinger, Ph.D.

Date: March 7, 2023

Time: 11:00 a.m. – 3:30 p.m. ET

I. 11:00 a.m. – 12:30 p.m.

- Evolution of Treatment
- Cognitive-Behavioral Interventions
- Thinking Distortions
- Principles of Risk, Need, and Responsivity (RNR)
- Static Risk Assessment
- Dynamic Risk Assessment

II. 12:30 p.m. – 12:45 p.m.

- Break

III. 12:45 p.m. – 2:00 p.m.

- Applying RNR
- Treatment Planning
- Treatment Intensity
- Consideration and Treatment of Deniers
- Therapist Factors
- Group Therapy Skills
- Group Processes

IV. 2:00 p.m. – 2:15 p.m.

- Break

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V. 2:15 p.m. – 3:30 p.m.

- Sex Offense Specific Treatment
- Dialectical Behavior Therapy
- Cognitive Reprocessing Therapy
- Case Examples
- Wrap-Up



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