



The Good Lives Model with Justice-Involved Women

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Length: 4 hours

- 1 hour and 30 minutes**
- Introduction
 - Historical overview and implications for practice
 - Principles of effective intervention
 - A gendered approach
 - Treatment provider characteristics
- 1 hour and 15 minutes**
- Good Lives Model foundation and core principles
 - Narrative understanding of risk factors
 - Primary Human Goods/Good Life Goals and their implication in harmful behaviors
 - Obstacles to a Good Life Plan
- 1 hour and 15 minutes**
- Identifying strengths and Good Life Goals
 - Assessment and case examples
 - Role of trauma
 - Implementation

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