



Continuing Excellence LLC

Awakening the Healing Soul

Presenter: GERAL BLANCHARD

Date: February 17, 2022

Time: 11:00am – 3:30pm ET

I. 11:00am – 11:30am

- Overview of anthropological and psychological examination of indigenous healing: What it is and what it is not.
- Discussion of a central theme: Out with romanticism; in with objectivity.

II. 11:30pm – 11:45pm

- Defining evidence-based methods and best practice: Contrasting Bushman healing to the Mayo Clinic.

III. 11:45pm – 12:00pm

- Define relational, sacred healing in old and new terms. Modern perspectives on Shamanism

IV. 12:00pm – 1:00pm (with a 15-minute break between 12:30 and 12:45)

- Placebo, nocebo, and psychosomatics: Mind over matter.
- The power of belief, expectation, suggestion, ritual participation, altered states, and storytelling.
- Old and new conceptualizations of magic. The art, science, and ethics of how mystery, spirit, and ancestors are employed to heal.

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- Examples of dramatic healings: An Ojibwa tribe of Canada and the Achuar of the Amazon. When neuroscience meets placebo.

V. 1:00pm – 2:00pm

- The emerging psychedelic, entheogen, and empathogen movements: Current scientific research and application.
- Legal and ethical issues of safety and proper administration.
- Comparative analysis of the efficacy of various plant medicines and pharmaceuticals in treating trauma, crime, and addictions.
- Defining set and settings.
- The role of rituals within ceremonies, moving beyond cold and impersonal treatment settings.
- What is approbation?

VI. 2:00pm – 2:15pm

- Break

VII. 2:15pm – 3:30pm

- Blending pragmatic indigenous influenced methodologies with western psychology and medicine to enhance treatment outcomes.
- Moving beyond symptom suppression.
- Addressing core issues including intergenerational abuse. Personal illnesses vs. cultural illnesses.
- Solo treatment vs. community treatment.
- Preparing professionals for the advent of empathogens and psychedelics in tomorrow's professional office.
- Q&A
- Closing Words

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