



Continuing Excellence LLC

## **Effective Use of Motivational Interviewing to Engage and Help People with Intimate Partner Violence**

**Presenter:** Stephen R. Andrew LCSW, LADC, CCS, CGP

**Date:** October 7, 2021

**Time:** 11:00am – 3:30pm ET *(All times East Coast USA Local Time)*

### **I. 11:00am – 11:15am**

- Definition and Spirit of Motivational Interviewing and intimate partner violence
- Listening – Presence, Interest, and Curiosity

### **II. 11:15am – 11:45am**

- Exercise: Hopes and Dreams Conversation
- Conversation skills practice

### **III. 11:45am – 12:00 pm**

- Exercise de-brief

### **IV. 12:00pm – 12:30pm**

- What we say – What Motivates People?
- Motivators – characteristics/values – The spirit of Motivational Interviewing

### **V. 12:30pm – 12:45pm**

- Break

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**VI. 12:45pm – 1:30 pm**

- Exercise: Learning complex empathic listening skills
- Debrief

**VII. 1:30pm – 2:00pm**

- The four processes of Motivational Interviewing
- Two-Way Conversations breakouts

**VIII. 2:00pm – 2:15pm**

- Break

**IX. 2:15pm – 3:30pm**

- Four key skills of Motivational Interviewing
- Key Learning... What some take away from today...
- What's Next? How will you keep the practice going?

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