

*The Safer Society Handbook of
Assessment and Treatment of Adolescents
Who Have Sexually Offended*

Edited by Sue Righthand, PhD
and William D. Murphy, PhD

A GIFR PROFESSIONAL BOOK



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About the Authors

THE EDITORS

Sue Righthand, PhD, is an associate research professor at the University of Maine. She has a BA in sociology, a MS in criminal justice and a doctorate in clinical psychology. Early in her career she worked primarily with adults who had offended sexually. Recognizing the importance of early intervention she began focusing on children and adolescents. Dr. Righthand is a consultant to the National Center for Sexual Behavior in Youth, the Maine Department of Health and Human Services and other agencies and projects. She provides presentations and training and assists with program development and evaluation. She was a member of the recently concluded ATSA Adolescent Guidelines Committee. She is the co-author of the *Juvenile Sex Offender Assessment Protocol II* and related research publications, as well as *Effective Intervention with Adolescents Who Have Offended Sexually: Translating Research into Practice* and other publications. She currently is involved in a multistate collaborative project to develop and implement an evidence-based treatment needs and progress scale.

William D. Murphy, PhD, is a professor in the Department of Psychiatry at the University of Tennessee Health Sciences Center where he was the past director of the APA accredited professional psychology internship program. Dr. Murphy has provided evaluation and treatment for adolescent and adult sex offenders. He has served on international accreditation panels for the United Kingdom and Canada and on treatment advisory boards for a number of program in the United States. He has published a number of articles and chapters related to these populations. Dr. Murphy is past president of the Association for the Treatment of Sexual Abusers, is on the editorial board of *Sexual Abuse: A Journal of Research and Treatment*, and a recipient of ATSA's Significant Achievement Award in 1999.

CHAPTER 1

Kathryn L. Modecki, PhD, is a developmental psychologist and faculty member in the School of Applied Psychology at Griffith University, Queensland, Australia. Before earning a PhD in psychology and taking up a NIMH post-doctoral fellowship at Arizona State University's Prevention Research Center, she worked with adjudicated teenagers for Outward Bound. Her work with adjudicated delinquent youth, leading month-long wilderness rehabilitation programs, helped shape her programmatic research on adolescents' risk pathways. Dr. Modecki works to chart adolescents' development of risky, delinquent, and aggressive behaviors, and better pin-point factors that serve to escalate or dampen their involvement. She aims to especially unpack how the developmental period of adolescence serves to shape antisocial decision making as well as the implications for prevention, intervention, and juvenile justice policy. In this vein, her work is cited in a number of Amicus Briefs to the US Supreme Court regarding juveniles' reduced criminal culpability for their crimes and she continues to consult for organizations such as Outward Bound at-risk programs, Florida Alliance of Boys & Girls Clubs, and the World Bank.

CHAPTER 2

Michael H. Miner, PhD, LP, is professor of Family Medicine and Community Health and Research Director for the Program in Human Sexuality (PHS) at the University of Minnesota. He began his work in sex offender research as the research psychologist for California's Sex Offender Treatment and Evaluation Project and since joining the Program in Human Sexuality his research has focused on the etiology of sexual abuse perpetration in adolescence, risk assessment, and sexual compulsivity. Dr. Miner coordinated sex offender treatment at PHS until 2008 and currently coordinates forensic assessment services. He is president of the Association for the Treatment of Sexual Abusers and past vice president of the International Association for the Treatment of Sexual Offenders. Dr. Miner is on the editorial board of *Archives of Sexual Behavior* and past associate editor of *Sexual Abuse: A Journal of Research and Treatment*.

Rosemary A. Munns, PsyD, LP, is an assistant professor in the Department of Family Medicine and Community Health at the University of Minnesota. She is a licensed psychologist specializing in sex therapy at the Program in Human Sexuality. She is the coordinator of Sexual Offender Treatment. She has 20 years of experience in assessment and treatment of sex offenders in an outpatient setting. In addition to sex offender treatment, she provides individual and group therapy to adults with sexual dysfunc-

tions, compulsive sexual behavior, gender variant expression, and relationship and sex therapy with couples. She is a member of the Association for Treatment of Sex Abusers (ATSA). She has served on the Minnesota chapter (MnATSA) conference planning committee for 7 years and is the current co-chair of the committee. She is an American Association of Sexuality Educators, Counselors, and Therapists (AASECT) certified sex therapist and supervisor.

CHAPTER 3

Anton van Wijk, PhD, is criminologist and psychologist, and director of Bureau Beke, a private company that conducts research for the government. Before that he was a researcher at the Police Academy of the Netherlands. In 2005 he got his PhD on *Juvenile Sex Offenders and Non-Sex Offenders—A Comparative Study*. He has also taken part in the prestigious Violent Crime Behavior training presented by the Academy Group Inc., a forensic behavioral science firm in the United States. He publishes about juvenile sex offenders, criminal careers of sex offenders, downloaders of child pornography, and serial offenders.

Cyril Boonmann, PhD, is a research psychologist at the Child and Adolescent Psychiatric Research Department and the Department of Forensic Child and Adolescent Psychiatry of the University of Basel Psychiatric Hospital in Switzerland. He conducted his PhD on mental health problems and juvenile sexual behavior at the Department of Child and Adolescent Psychiatry of the VU University Medical Center Amsterdam.

CHAPTER 4

Patrick Lussier, PhD, is a full professor of criminology at the Université Laval, Quebec, Canada. Previously, he was an associate professor at the School of Criminology at Simon Fraser University, in British Columbia, Canada. Dr. Lussier is also a researcher at the Centre Jeunesse de Québec—Institut Universitaire and currently conducting research on the child welfare and youth justice response to inappropriate sexual behaviors in youth. He has published extensively in the area of sexual offending and developmental life course criminology. Dr. Lussier is the co-principal investigator of the Vancouver Longitudinal Study on the psychosocial development of children, which examines the development of non-normative and normative sexual behaviors during childhood. His work has been published in journals such as *Criminology*, *Criminal Justice and Behavior*, *Psychology*, *Public Policy and*

Law, Sexual Abuse: A Journal of Research and Treatment. He is an associate editor for the *Canadian Journal of Criminology and Criminal Justice* and an editorial board member of the *Journal of Criminal Justice*.

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CHAPTER 5

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Alexandra Brereton, MA, completed her master's degree in forensic psychology at Fairleigh Dickinson University. She is currently a first year student in the university's Clinical Psychology PhD program forensic track. Miss Brereton's current research interests include campus sexual misconduct, suicidal, and self-injurious behaviors, and children and adolescents who engage in delinquent or sexually harmful behaviors.

Robert Prentky, PhD, is professor of psychology at Fairleigh Dickinson University. His research on sexual offenders, spanning 36 years, has been published more than 80 papers and chapters, as well as six books. His most recent book, *Sexual Predators: Society, Risk, and the Law*, was published in 2015. He has served as an *ad hoc* reviewer for 18 professional journals, and has chaired two conferences on sexual offenders for the New York Academy of Sciences (1988 & 2002). He was elected a fellow of the American Psychological Association in 2003 and the Association for Psychological Science in 2006.

CHAPTER 6

Judith V. Becker, PhD, is a professor in the Psychology Department at the University of Arizona. She has been conducting research and evaluations and treatment of adult sexual offenders and youth with sexual behavior problems for over 35 years. She is a past president of ATSA and past president of the International Academy of Sex Research. She has co-authored two books on sex offenders and has published over 150 articles and chapters, in which she has been the author or co-author.

Cassandra Valerio, MA, is a fourth year doctoral student in the Clinical Psychology program at the University of Arizona. Her research and clinical interests include evaluation and treatment of justice involved children and adolescents and youth with problem sexual behaviors. She has also conducted research in the area of sex-offender risk assessment and restoration of competency to stand trial

CHAPTER 7

Sue Righthand, PhD (See The Editors.)

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Rachael M. Huff, MA, is a doctoral candidate in the Clinical Psychology program at the University of Maine. She was awarded a Bachelor of Science degree in psychology from Michigan Technological University. Through her doctoral training program, she served as a consultant for the Department of Corrections, conducting forensic evaluations with adolescents, including violence and sexual risk assessments. Ms. Huff has

also received training in a recently-developed treatment protocol for college students who engage in sexual misconduct, Science-based Treatment, Accountability, and Risk Reduction for Sexual Assault (STARRSA). She has reviewed extensively the established literature base for juvenile sexual offenses and recidivism, including studies investigating the psychometric properties for related assessment protocols.

CHAPTER 8

Kevin M. Powell, PhD, is the clinical director and a licensed psychologist for a 103-bed youth correctional facility in Colorado. He is also an adjunct assistant professor at Colorado State University in the Department of Psychology. He has been working with children, adolescents, and their families in a variety of settings (schools, community-based youth service agencies, hospital, and correctional/residential facilities) for the past three decades. Dr. Powell has authored several book chapters on the topic of working effectively with youth and families, and recently published a book, *A Strengths-Based Approach for Intervention with At-Risk Youth* (2015). He also has a children's book, *Our Very Special Bodies* (2014), which helps facilitate open communication between parents/loving caregivers and their young children in order to reduce the risk of childhood sexual abuse. Dr. Powell presents nationally and internationally on a variety of strengths-based topics to help youth service providers and caregivers promote healthy child and adolescent development.

CHAPTER 9

James R. Worling, PhD, is a clinical and forensic psychologist who has worked extensively since 1988 with adolescents who sexually offend and their families. During this time, he has presented many workshops internationally, and he has written a number of articles and book chapters regarding the etiology, assessment, and treatment of adolescent sexual aggression. In addition to his full-time consulting and clinical practice, he serves as an associate editor for *Sexual Abuse: A Journal of Research & Treatment*.

Calvin M. Langton, PhD, is a clinical and forensic psychologist who has been involved in assessment, treatment, and research with adolescents and adults who sexually offend, since 1997. As well as maintaining his clinical practice, Dr. Langton is on faculty at the University of Windsor. He is also an associate faculty member at the University of Toronto and a senior fellow at the University of Nottingham, United Kingdom. He serves on the editorial boards for *Sexual Abuse: A Journal of Research and Treatment* and *Criminal Justice and Behavior*.

CHAPTER 10

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William D. Murphy, PhD (See The Editors.)

CHAPTER 11

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CHAPTER 12

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Teresa Grimbos, PhD, CPsych (Supervised Practice), received her doctorate in developmental psychology and education at Ontario Institute for Studies in Education. She is a registered clinical and forensic psychologist (in supervised practice) and is currently providing court-ordered assessments for justice-involved youth at the Centre for Addiction and Mental Health (CAMH) in Toronto, Ontario, Canada. She sees a diverse range of young clients in this service, including females, young persons charged with sexual offences and those with trauma histories. Dr. Grimbos previously worked as a researcher in the Complex Mental Illness-Forensic Division at CAMH, and she has published several peer-reviewed articles and given a number of presentations in the areas of child and youth development, risk assessment, and human sexuality. Dr. Grimbos also works as a psychologist in private practice on a part-time basis, providing therapeutic services to children and adolescents with a wide-variety of referral concerns.

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CHAPTER 13

Lisa L. Frey, PhD, is an associate professor at the University of Oklahoma (OU) and the director of the university's Counseling Psychology Clinic. Dr. Frey operated a private clinical and consulting practice for many years, where she specialized in working with female and male juvenile sexual offenders and victims of violence and abuse. Her research and teaching emphases have been shaped by her extensive practice background and by her feminist orientation. Dr. Frey's research interests are in the areas of delinquent youth, particularly delinquent and aggressive behavior in girls; diversity issues; relational-cultural theory; and sociocultural influences on relational development and gender-role development.

CHAPTER 14

Abigail M. Judge, PhD, is a clinical and forensic child psychologist who works as a therapist, consultant, author, and expert witness. She maintains a private practice in Cambridge, Massachusetts where she specializes in the treatment of adolescents and young adults, as well as family intervention following high conflict divorce and other trauma. In addition, Dr. Judge is on the faculty at the Harvard Medical School and the staff at the Freedom Clinic at the Massachusetts General Hospital, a clinic for survivors of human trafficking. Dr. Judge has co-edited two books, *Adolescent Sexual Behavior in the Digital Age: Considerations for Clinicians, Legal Professionals and Educators* (Oxford University Press, 2014) and *Overcoming Parent-Child Contact Problems: Family-Based Interventions for Resistance, Rejection, and Alienation* (Oxford University Press, 2017).

CHAPTER 15

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